

Biosensors

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Reversible Ratiometric NADH Sensing Using Semiconducting Polymer Dots

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Abstract: Reduced nicotinamide adenine dinucleotide (NADH) is a key coenzyme in living cells due to its role as an electron carrier in redox reactions, and its concentration is an important indicator of cell metabolic state. Abnormal NADH levels are associated with age-related metabolic diseases and neurodegenerative disorders, creating a demand for a simple, rapid analytical method for point-of-care NADH sensing. Here we develop a series of NADH-sensitive semiconducting polymer dots (Pdots) as nanoprobes for NADH measurement, and test their performance in vitro and in vivo. NADH sensing is based on electron transfer from semiconducting polymer chains in the Pdot to NADH upon UV excitation, quenching Pdot fluorescence emission. In polyfluorene-based Pdots, this mechanism resulted in an on-off NADH sensor; in DPA-CNPPV Pdots, UV excitation resulted in NADH-sensitive emission at two wavelengths, enabling ratiometric detection. Ratiometric NADH detection using DPA-CNPPV Pdots exhibits high sensitivity (3.1 μM limit of detection), excellent selectivity versus other analytes, reversibility, and a fast response (less than 5 s). We demonstrate applications of the ratiometric NADH-sensing Pdots including smartphone-based NADH imaging for point-of-care use.

Introduction

The NAD^+/NADH redox couple is essential in cell metabolism, acting as a coenzyme for over 500 NAD-dependent enzymes.^[1,2] The ratio of NAD^+ to NADH concentration is an important indicator of cell metabolic state,^[3,4] and changes in NAD^+ and NADH concentrations are associated with embryonic development, calcium homeostasis, cell death, and aging, and with diseases such as cancer, epilepsy, and Parkinson's disease.^[5–9] Probes that can rapidly and accurately measure NAD^+ and NADH concentration at the point of care are desirable to improve disease diagnosis and management. Current methods to quantify NAD^+ and NADH such as chromatography, colorimetry, mass spectrom-

etry, fluorescence lifetime, and assays involving fluorescent proteins and enzymatic cycling^[3,10–13] are unsuitable for in situ point-of-care measurements due to their complexity and high equipment costs, or are limited by low sensitivity and selectivity. New methods that can accurately quantify NAD^+ and NADH in a point-of-care setting are needed.

Semiconducting polymer dots (Pdots) are fluorescent nanoparticles^[14–17] that exhibit superior photophysical properties relative to small fluorophores, inorganic semiconducting quantum dots, and fluorescent proteins. Pdots exhibit high brightness, fast emission, large absorption cross-section, and high photostability, as well as low toxicity and versatile surface modification,^[18–21] making them well-suited for applications in cell labeling,^[22] in vivo imaging,^[23,24] single-particle tracking,^[25] drug/gene delivery,^[26] and tumor therapy.^[27] Pdots also have been used as biosensors^[28,29] to detect pH,^[30,31] temperature,^[32] metal ions,^[33] oxygen,^[34] glucose,^[35,36] and exosomes.^[37]

Here we design a series of NADH-responsive Pdots for use as an NADH sensor, and characterize the Pdots in vitro and in vivo. NADH sensing is achieved by electron transfer from a Pdot to NADH, resulting in quenching of Pdot fluorescence emission. In polyfluorene-based Pdots this mechanism results in on-off NADH sensing; in DPA-CNPPV Pdots, UV excitation causes NADH-sensitive emission at two wavelengths, enabling ratiometric detection with high sensitivity, excellent selectivity versus other analytes, and a fast, reversible response. We demonstrate the feasibility of point-of-care measurements by performing in vivo ratiometric NADH imaging with a smartphone.

Results and Discussion

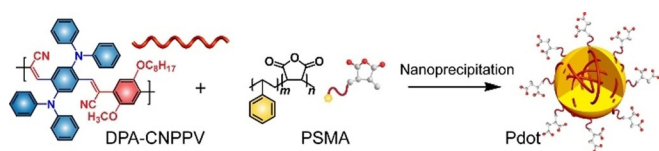
Synthesis and characterization of NADH-sensitive Pdots

We created a series of NADH-sensitive Pdots with fluorescence emissions spanning the visible spectrum by using the semiconducting polymers PFO, PDHF, PFBT, PFBTTBT, PFTBT (structures in Figure S1), and DPA-CNPPV (poly[[2-methoxy-5-(2-ethylhexyloxy)-1,4-(1-cyanovinyl)phenylene]]-co-[[2,5-bis(N,N'-diphenylamino)-1,4-phenylene]]]; structure in Scheme 1a). The Pdots were prepared by nanoprecipitation methods we developed previously^[14,22] in which Pdot formation is driven by hydrophobic interactions between a fluorescent semiconducting polymer and the amphiphilic polymer poly(styrene-co-maleic anhydride) (PSMA).

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Scheme 1. Pdot preparation. Pdots were synthesized by nanoprecipitation of a fluorescent semiconducting polymer (DPA-CNPPV is shown here) and the amphiphilic polymer PSMA.

The six Pdots were approximately spherical based on transmission electron microscopy (TEM), with average hydrodynamic diameters in the range of 17.5–22.1 nm (Figure 1 a,b; Table 1). All Pdots had a negatively charged surface at neutral pH, with an initial ζ -potential ranging from -38.5

to -36.2 mV (Figure 1 c). The Pdots remained stable for four weeks in phosphate-buffered saline (PBS) at room temperature with no apparent aggregation or decomposition (Figure S2). Pdot absorption and emission properties vary depending on the semiconducting polymer structure. Under UV illumination, the emissions of the Pdot suspensions were intense and spanned the visible spectrum (Figure 1 d). Pdot absorption and emission are shown in Figure 1 e,f.

Fluorescence response of Pdots to NADH in solution

We first examined the fluorescence response of the polyfluorene-based Pdots (PFO, PDHF, PFBT, PFBTTBT, and PFTBT) to NADH in water. The fluorescence emission spectra of the polyfluorene Pdots changed significantly over the range of 0–10 mM NADH with excitation of fluorene groups (Figure 2 a–e). Fluorescence emission was quenched at higher NADH. In living cells, some NAD^+ is phosphorylated to NADP^+ and converted to NADPH, an electron acceptor similar to NADH. We observed similar Pdot responses to NADPH as to NADH (Figure S3).

Stern–Volmer plots of the ratio of Pdot fluorescence emission intensity at the peak emission wavelength in the absence (F_0) and presence (F) of NADH showed a linear response over the physiological range of NADH (0–2 mM) (Figure 2 f, Figure S4). The limit of detection (LOD) ranged from 14 μM for PFBT Pdots to 36 μM for PDHF Pdots. Quenching constants (K_{SV}) ranged from $0.94 \times 10^3 \text{ M}^{-1}$ for PDHF to $4.89 \times 10^3 \text{ M}^{-1}$ for PFBT (Table 1). PFBT Pdots exhibited the smallest LOD and largest K_{SV} , indicating the highest sensitivity, and were selected for use in subsequent experiments. Table 1 lists the photophysical properties of the polyfluorene-based and DPA-CNPPV Pdots.

We hypothesize that UV absorption by fluorene or triphenylamino group results in formation of electrons in the polymer chains that are transfer to NADH (Figure S5), a reduced form of the coenzyme and which can serve as a high-energy electron transporter.^[38,39] This process involves electron diffusion along the polymer chain and results in formation of hole polarons that quench Pdot emission.^[40,41] These results demonstrate that Pdots can function as on/off probes for NADH detection.

Ratiometric probes can provide greater accuracy and sensitivity than on/off probes because ratiometric sensing involves an internally calibrated signal.^[42–44] To create a ratiometric probe, we prepared Pdots with DPA-CNPPV

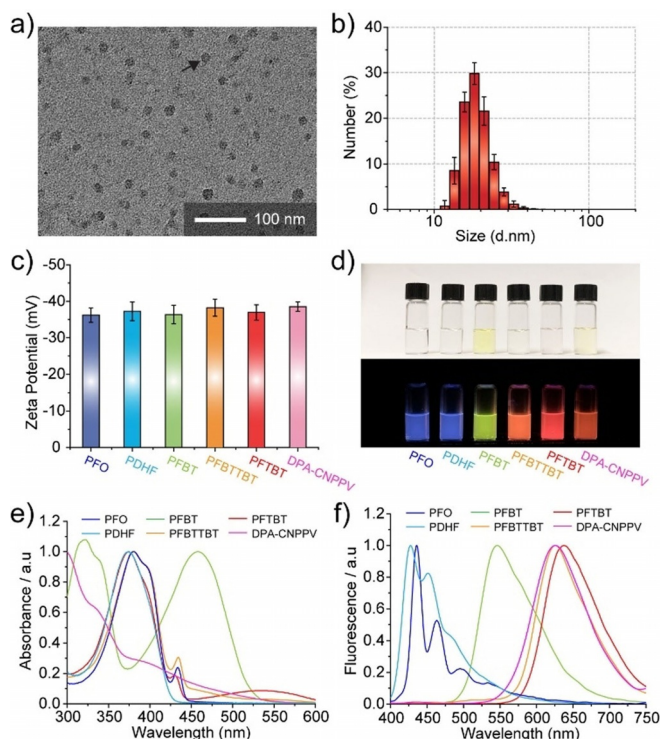


Figure 1. Characterization of Pdots. (a) TEM image of PFBT Pdots. (b) Size distribution of PFBT Pdots based on DLS measurements. (c) Zeta potentials of six Pdots. (d) Photographs of Pdot suspensions illuminated by ambient indoor light (upper) and UV light (365 nm; lower). Pdot emissions are intense and span the visible spectrum. (e) Absorption spectra. (f) Emission spectra ($\lambda_{\text{ex}} = 365$ nm).

Table 1: Pdot photophysical properties.

Pdot	$\lambda_{\text{max}}^{\text{abs}}$ (nm) ^[a]	$\lambda_{\text{max}}^{\text{em}}$ (nm) ^[b]	Size (nm) ^[c]	ζ (mV) ^[d]	LOD (μM) ^[e]	K_{SV} (M^{-1}) ^[f]
PFO	380	436	20.2 ± 1.5	-36.2	25	1.04×10^3
PDHF	374	428	22.1 ± 1.8	-37.2	36	0.94×10^3
PFBT	322, 458	546	19.3 ± 1.9	-36.4	14	4.89×10^3
PFBTTBT	380	626	19.7 ± 1.4	-38.2	27	1.17×10^3
PFTBT	374, 528	638	17.5 ± 2.2	-36.9	28	0.97×10^3
DPA-CNPPV	294	627	18.8 ± 1.8	-38.5	3.1	N.A.

[a] Absorption maximum. [b] Emission maximum. [c] Average hydrodynamic diameter based on DLS measurements ($n = 5$). [d] Zeta potential.

[e] Limit of detection ([NADH]). [f] Quenching constant (0–2 mM NADH).

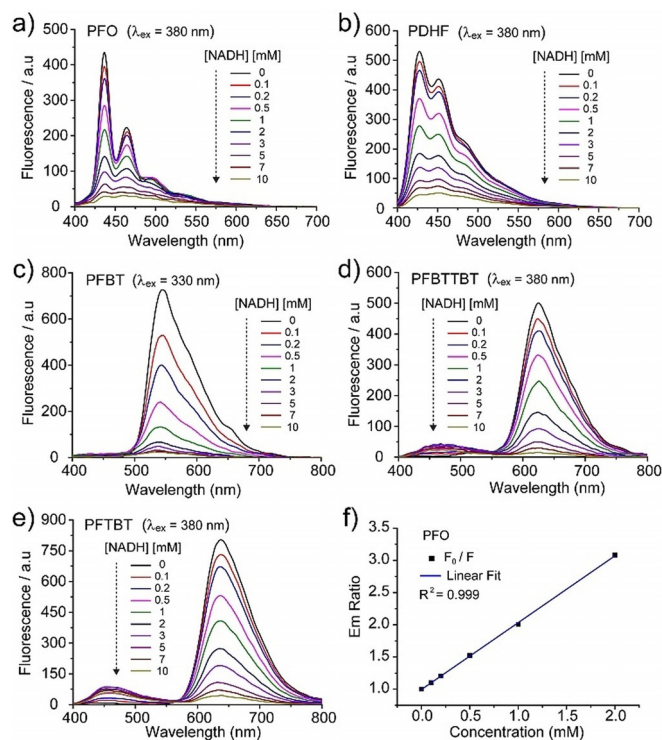


Figure 2. Fluorescence response of polyfluorene Pdots to NADH. (a–e) Emission spectra of polyfluorene Pdots at 0–10 mM NADH with excitation of the fluorene group ($\lambda_{\text{ex}} = 330$ or 380 nm). Pdot emission intensity decreases with increasing NADH. (f) Stern–Volmer plot for PFO Pdots showing the ratio of fluorescence emission intensity at 428 nm in the absence (F_0) and presence (F) of NADH at various NADH concentrations ($\lambda_{\text{em}} = 436$ nm). F_0/F showed a linear relationship with NADH concentration over the physiological range of 0–2 mM NADH.

(Scheme 1). The triphenylamino structure of bis(diphenylamino)benzene in DPA is a strong electron-donating group with good hole-transporting mobility and an absorption peak at 297 nm. In the presence of NADH, UV illumination of DPA-CNPPV Pdots results in the transfer of electrons in bis(diphenylamine)benzene to nearby NADH to quench the emission of CNPPV. NADH in solution has a blue emission with a peak at 458 nm. Unlike PFBT Pdots, DPA-CNPPV Pdots have little absorption in the blue region, so there is little energy transfer from NADH to DPA-CNPPV Pdots (Figure S6). The DPA-CNPPV Pdots exhibit an emission maximum at 627 nm when excited at 385 nm; addition of NADH caused a large decrease in emission at 627 nm and a concomitant increase at 458 nm with increasing NADH over its physiological range (0–2 mM) (Figure 3a) and at higher concentrations (2–50 mM) (Figure 3c). This Pdot thus functions as a ratiometric NADH sensor. The sensitivity of the ratiometric probe was as high as $2.89 \times 10^5 \text{ M}^{-1}$ within the physiological range of 0–2 mM NADH. The fluorescence quantum yield (QY) over the range of 500–800 nm was reduced from 10.8 % to 3.4 % by adding 100 μM NADH. The emission intensity ratio $R = I_{458\text{nm}}/I_{627\text{nm}}$ increased linearly with NADH concentration from 0–10 mM (Figure 3b,d). This dynamic range is larger than that of other NADH-sensitive fluorescent materials such as quantum dots, dye molecules,

metal complexes, and fluorescent proteins (Table S1). The LOD of NADH was 3.1 μM when using the DPA-CNPPV Pdots, a much lower LOD than when using the five polyfluorene Pdots (14–36 μM LOD).

The fluorescence intensity of the DPA-CNPPV Pdots remained constant under continuous illumination at 385 nm for 30 min, indicating excellent photostability (Figure 3e). The fluorescence response to addition of NADH was rapid (less than 5 s, limited by mass transfer) (Figure 3f), consistent with an electron transfer mechanism. Addition of NADH (1 mM) triggered a large change in emission, whereas no change in emission was observed upon addition of 10 other analytes—oxidizing and reducing species (H_2O_2 , NAD^+), carbohydrate derivatives (glucose, lactate, citrate), and abundant cellular cations (Na^+ , K^+ , Mg^{2+} , Ca^{2+} , Cl^-) at 1 mM (Figure 3g,h), indicating selectivity for NADH. We also tested the potential effect of flavin adenine dinucleotide (FAD) and its reduced form FADH_2 on the Pdot sensor. FAD is fluorescent with an emission maximum at 526 nm; FADH_2 is non-fluorescent. FAD had no significant effect on Pdot fluorescence in the concentration range of 0–10 μM FAD (Figure S7), a range that extends well above the physiological range of FAD (0.04–0.1 μM).^[45,46]

To test the reversibility of the response, the DPA-CNPPV Pdots were exposed repeatedly to 0 and 1 mM NADH by ultrafiltration and gel filtration. The Pdot fluorescence response remained unchanged over six measurement cycles (Figure 3i), demonstrating excellent reversibility, consistent with a mechanism involving electron transfer without a chemical reaction.

Detecting NADH in live cells

We next applied the Pdots to imaging NADH in live cells in vitro. Polyfluorene Pdots with ultrabright fluorescence have been applied previously to cell labeling.^[47] Of the polyfluorene Pdots tested, the PFBT Pdots exhibited the highest NADH sensitivity; therefore, we selected these Pdots for in vitro experiments. PFBT Pdots were functionalized with streptavidin to target biotinylated anti-EpCAM antibodies bound to EpCAM on the surface of MCF-7 breast-cancer cells (Figure S8).^[48] Pdot-labeled MCF-7 cells showed a large decrease in fluorescence intensity in the presence of 1 mM NADH in PBS versus without NADH (Figure S9), indicating NADH detection.

Imaging NADH in vivo

We next tested whether the effect of NADH on the emission of DPN-CNPPV Pdots could be exploited to allow ratiometric imaging of NADH in vivo using a smartphone with RGB image analysis. DPA-CNPPV Pdots exhibit a fluorescence color shift from red to blue when exposed to physiological concentrations of NADH (Figure 4a). True-color images collected with a smartphone can be split into red (R), green (G), and blue (B) channels and digitized using an image-processing algorithm, and the ratio of blue- and red-

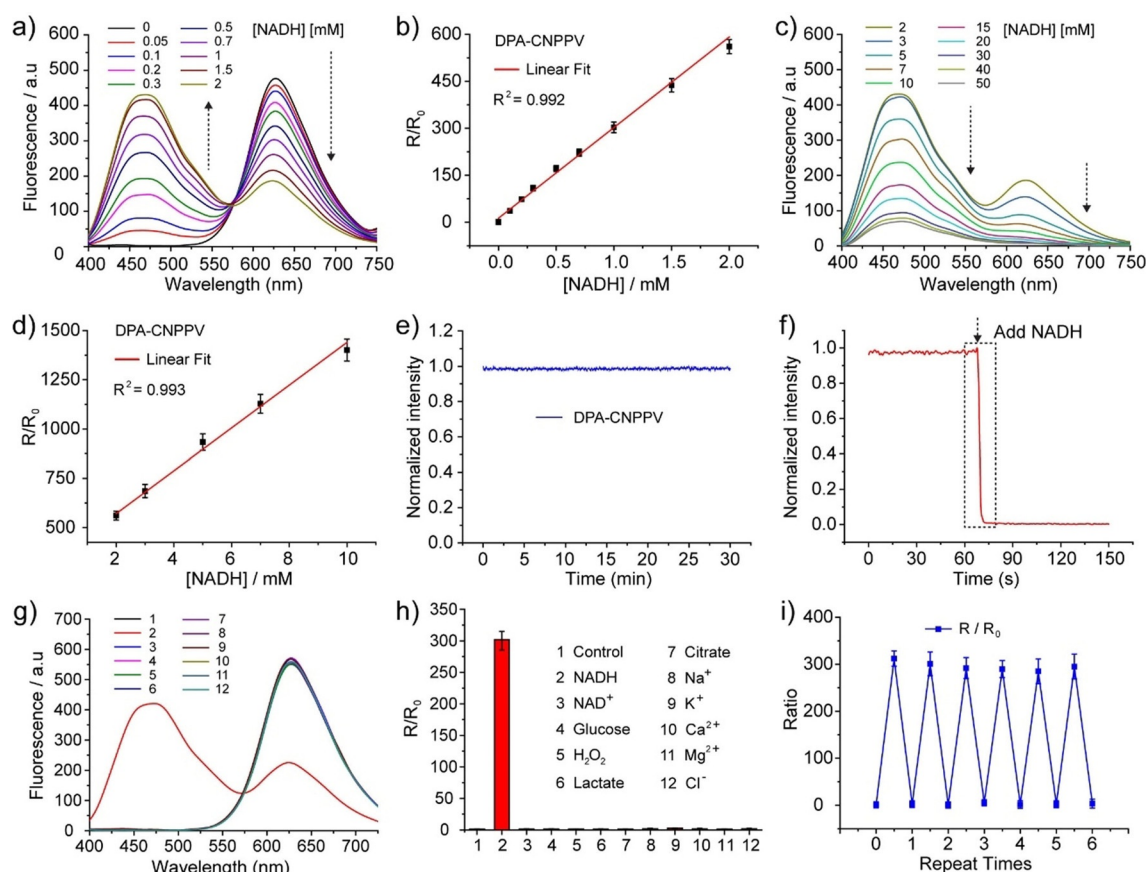


Figure 3. Reversible ratiometric NADH sensing using DPA-CNPPV Pdts. (a) Emission spectra of DPA-CNPPV Pdts (0.02 mg mL^{-1}) at 0–2 mM NADH with excitation at 385 nm. (b) Ratiometric calibration curve, calculated using data shown in panel a. $R = I_{458\text{nm}}/I_{627\text{nm}}$; $R_0 = R$ in the absence of NADH. (c) Emission spectra of DPA-CNPPV Pdts at 2–50 mM NADH, and (d) corresponding ratiometric calibration curve. (e) Photostability of DPA-CNPPV Pdts indicated by consistent emission at 627 nm for 30 min with excitation at 385 nm. (f) Rapid response ($< 5 \text{ s}$) of DPA-CNPPV Pdts to addition of 1 mM NADH. (g) Emission spectra of DPA-CNPPV Pdts in the presence of NADH (red curve), 10 other analytes, and a PBS control, demonstrating the specificity of the response to NADH. Numbers 1–12 are defined in panel h. (h) Selectivity of DPA-CNPPV Pdot response to NADH versus 10 other biological analytes at 1 mM. R/R_0 values were calculated based on the spectra shown in panel g. Only NADH (red bar) produced a significant fluorescence response. (i) Reversibility of response of DPA-CNPPV Pdts to repeated exposure to 0 and 1 mM NADH DPA by using ultrafiltration and gel filtration.

channel intensities (B/R ratio) can be used to quantify NADH concentration (Figure 4b). Figure 4c shows the linear response of the B/R ratio to NADH concentration over the physiological range of 0–2 mM. The enhancement in B/R ratio is over 100-fold between 0 and 2 mM NADH (Figure 4d–f). The sensitivity is higher than when directly testing NADH fluorescence with a smartphone (Figure S10).

The feasibility of using DPA-CNPPV Pdts for ratiometric imaging of NADH *in vivo* was tested by subcutaneously injecting DPA-CNPPV Pdts in PBS together with different concentrations of NADH (at 0 mM, that is, no NADH, and at 0.25, 0.5, and 1.0 mM NADH) into the dorsal area of nude mice. UV lamp was used for illumination and a smartphone camera for imaging (Figure 4g). Figure 4h shows the concentration-dependent sensing at the various NADH concentrations (0.25, 0.5, and 1.0 mM). True-color images of regions of interest were split into blue- and red-channel images to calculate the B/R ratio (Figure 4i,j). The B/R ratio showed excellent linearity in the Pdot sensor's *in vivo* NADH detection response.

Conclusion

In this study we explored a series of fluorescent NADH-sensitive Pdts for use as NADH nanoprobe, and identified DPA-CNPPV Pdts as a promising reversible ratiometric NADH sensor. All Pdts characterized showed excellent brightness and photostability; the ratiometric DPA-CNPPV Pdot exhibited superior NADH sensitivity and selectivity, and a fast and reversible response. We demonstrate the feasibility of point-of-care use by performing ratiometric imaging of NADH *in vivo* using the DPA-CNPPV Pdts with a smartphone and simple RGB image processing.

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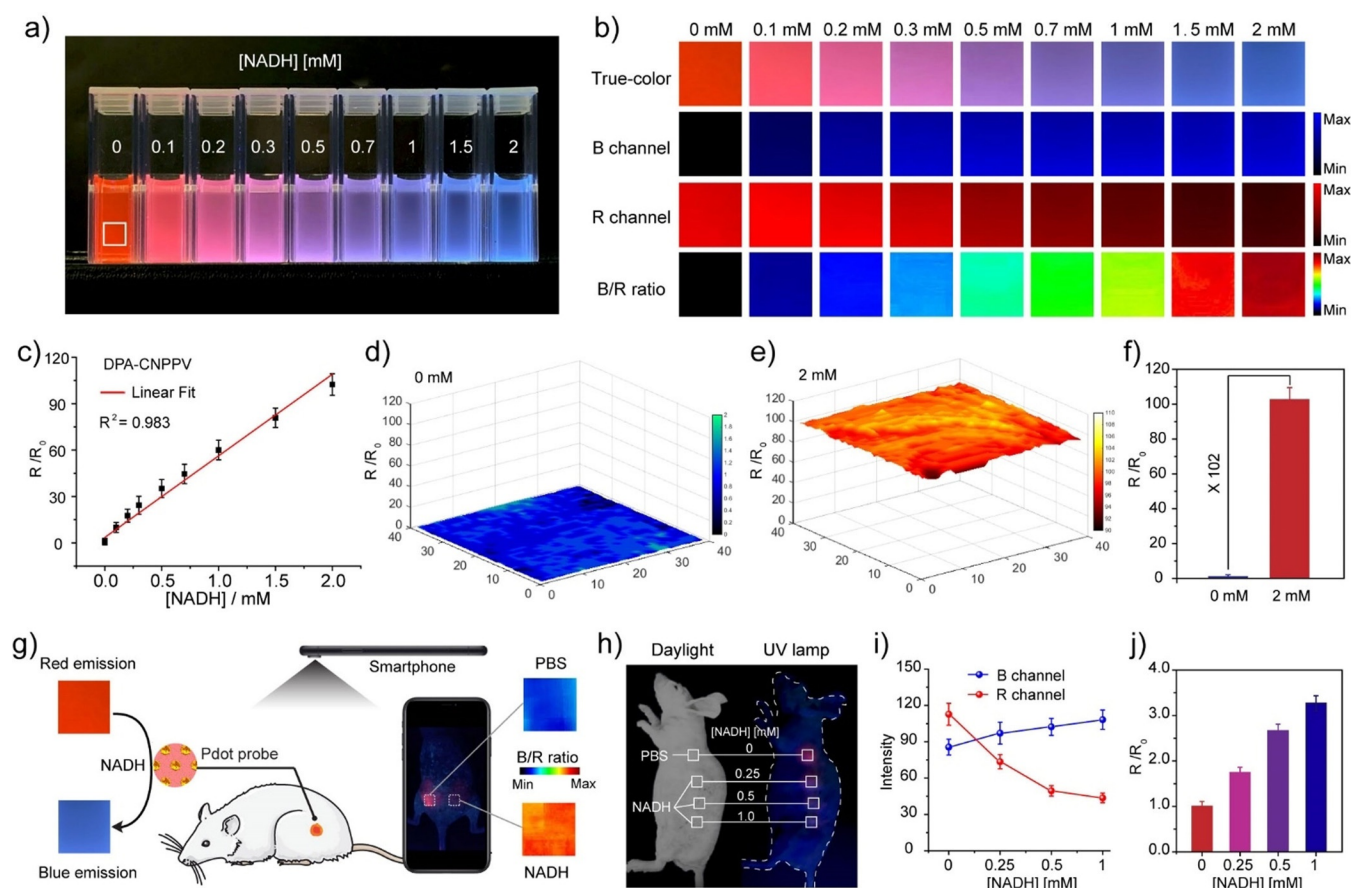


Figure 4. Image processing algorithm for ratiometric imaging of NADH in vivo. (a) DPA-CNPPV Pdts at different NADH concentrations from 0 to 2 mM with illumination at 365 nm. (b) True-color images are split into RGB channels, and the B/R ratio is calculated from pixearrays of the B and R channels. (c) Ratiometric calibration curve of DPA-CNPPV Pdts at 0–2 mM NADH. (d,e) 3D distribution and (f) mean R/R_0 at 0 and 2 mM NADH. (g) Ratiometric imaging of NADH in vivo with DPA-CNPPV Pdts and a smartphone. Emission shifts from red to blue as NADH concentration increases. Pdts were injected into mice at two locations, with and without NADH (0.1 μmol). Heatmap images of the ratio of blue- and red-channel intensities (B/R ratio) from the two injection regions are shown on the right. High B/R ratio (red) indicates high NADH concentration. (h) Concentration-dependent ratiometric imaging of NADH in live mice with a smartphone camera. The regions of interest (square-marked area) correspond to locations of subcutaneous injections of DPA-CNPPV Pdts either alone (0.1 mg mL^{-1} , 100 μL ; 0 mM NADH) or together with NADH (0.25, 0.5, and 1.0 mM). (i) Fluorescence intensities of the B and R channels. (j) Mean R/R_0 for the regions of interest.

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Conflict of interest

J.Y. and D.T.C. have a financial interest in Lamprogen, which has licensed the described technology from the University of Washington.

Keywords: ratiometric sensor · reduced nicotinamide adenine dinucleotide (NADH) · semiconducting polymer dots (Pdts) · smartphone biosensor

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