

InP Nanowire Biosensor with Tailored Biofunctionalization: Ultrasensitive and Highly Selective Disease Biomarker Detection

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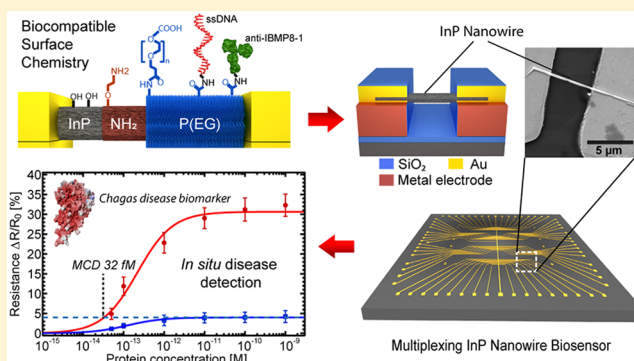
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S Supporting Information

ABSTRACT: Electrically active field-effect transistors (FET) based biosensors are of paramount importance in life science applications, as they offer direct, fast, and highly sensitive label-free detection capabilities of several biomolecules of specific interest. In this work, we report a detailed investigation on surface functionalization and covalent immobilization of biomarkers using biocompatible ethanolamine and poly(ethylene glycol) derivate coatings, as compared to the conventional approaches using silica monoliths, in order to substantially increase both the sensitivity and molecular selectivity of nanowire-based FET biosensor platforms. Quantitative fluorescence, atomic and Kelvin probe force microscopy allowed detailed investigation of the homogeneity and density of immobilized biomarkers on different biofunctionalized surfaces. Significantly enhanced binding specificity, biomarker density, and target biomolecule capture efficiency were thus achieved for DNA as well as for proteins from pathogens. This optimized functionalization methodology was applied to InP nanowires that due to their low surface recombination rates were used as new active transducers for biosensors. The developed devices provide ultrahigh label-free detection sensitivities ~ 1 fM for specific DNA sequences, measured via the net change in device electrical resistance. Similar levels of ultrasensitive detection of ~ 6 fM were achieved for a Chagas Disease protein marker (IBMP8-1). The developed InP nanowire biosensor provides thus a qualified tool for detection of the chronic infection stage of this disease, leading to improved diagnosis and control of spread. These methodological developments are expected to substantially enhance the chemical robustness, diagnostic reliability, detection sensitivity, and biomarker selectivity for current and future biosensing devices.

KEYWORDS: Biosensor, nanowire, indium phosphide, Chagas Disease, field effect transistor, surface chemistry



The efficient detection of exiguous fractions of specific biomolecules is a challenge in medical diagnostics and life science due to important applications in disease diagnosis, environmental monitoring, and drug discovery, among others.^{1,2} The majority of the current detection methods rely on specific labeling techniques or on the binding of enzymatic ligands to a specific target molecule.^{3–5} Both processes, however, require a large amount of target biomolecules for reliable detection, increasing diagnosis time and screening test expenses. These shortcomings have drawn the attention of the community to label-free, real-time monitoring electronic

biochemical sensors during the past decade, based on one- and two-dimensional nanostructures. In particular, nanoscale biosensors based on field effect transistors (nano-FET) garnered substantial research effort owing to the capability of detecting extremely small amounts of biomolecules in physiological solution, thus providing an important tool for early disease detection and improved treatment. The majority

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of label-free nanoscale FET biosensors rely on changes in conductivity or impedance upon biomarker binding to its specific bioreceptor.^{6,7} Furthermore, such FET configurations provide rapid electrical detection, multiplexing, portability, and system-on-a-chip device integration of both the sensing component and read-out system.

The employment of nanowires (NWs) as detection-efficient biosensors rely on the fact that they are more effective bioelectrochemical transducers, compared to their thin film analogs. This is due to their large surface-to-volume ratio and unidirectional conduction channels, which are very sensitive to minute surface perturbations during binding events.^{6–9} Understanding signal transduction mechanisms and the impact of important device parameters is a necessary step to significantly improve the performance and reliability of such biosensor devices. Therefore, the effect of several parameters on FET sensitivity, such as dimensions,¹⁰ material composition,¹¹ electrode material,¹² type of receptor molecule,¹³ gate bias,^{9,14} ion concentration,¹⁵ and methods of analyte delivery,^{16,17} have been reported. However, no detailed studies have investigated the applied surface functionalization composition and quality, which are crucial factors for the overall biosensing sensitivity and measurement reliability.

In fact, the chemical composition of the applied surface functionalization correlates with biosensing sensitivity via the density of specific bioreceptors provided. The majority of silicon nanowire-based developments consider, nowadays, the covalent binding of receptor molecules via silica monolith linker to surface oxides to provide an increased bioreceptor density, enhancing on that account the chemical stability and bioreceptor linkage lifetime in physiological solutions.^{6,9,18–23} In an ideal design, the organochemical bioreceptor matrix should provide a well-organized monolayer surface coverage with high receptor density, stable chemical attachment, high biocompatibility, and suppression of nonspecific target biomolecule adhesion.^{24–26} These two latter features are significant because nonspecific adhesion of biomarkers decrease subsequently the biosensor sensitivity and specificity for real-world applications. For bioreceptor attachment, alkoxysilanes have been the main choice as surface anchor despite nonhomogeneous coatings using wet chemistry.^{27–30} As a result, the receptor density decreases, hampering the detection sensitivity. In contrast, the alternative approach using ethanolamine (EA) as surface linker provides highly reproducible homogeneous and dense monolayer-coatings that may be applicable for nanostructures.^{31,32} Moreover, biocompatibility and nonspecific adhesion-suppressing capacity of biosensor coatings could be obtained using additionally physically and chemically inert poly(ethylene glycol) (PEG) cross-linkers.^{32–35} The flexibility of PEG cross-linker and the increased distance to the surface they provide for the bioreceptor may further facilitate protein biomarker capture binding due to decreased steric hindering, rendering current complex processes for controlled antibody orientation attachment redundant.^{36–38}

In addition to high quality functionalization processes, the performance of nanowire-based FET biosensors also depends on the choice of the conduction channel material. Silicon nanowires are prevalent among single crystalline materials, partly due to the facile synthesis capabilities.³⁹ On the III–V semiconductor material category, InAs nanowires exhibited high sensitivity⁸ when incorporated as active materials in FET biosensors. However, large area biosensors based on InP thin films have achieved DNA detection limits as low as 1 pM,

representing a substantial increase in sensitivity when compared to other similar, microscale FET-based semiconductor biosensors.⁴⁰ Despite the similar electronic structure, compared to their III–V material counterparts⁴¹ InP exhibits lower surface recombination rates and consequently longer carrier lifetimes which certainly impact the biosensor performance. This behavior has also been observed for wurtzite InP nanowires,⁴² providing a strong argument for applying them as biosensor conduction channels.

Here, we report the fabrication of highly sensitive InP nanowire biosensor devices as well as a quantitative evaluation of EA and PEG functionalization quality to further understand key parameters controlling biosensor sensitivity and selectivity. Using quantitative fluorescence microscopy, atomic force, and Kelvin probe force microscopy, we show that the surface functionalization strategy using EA and PEG enhances drastically the surface coating quality and biomolecule detection efficiency for DNA and protein complexes, providing thus a biocompatible surface with a highly suppressing character of nonspecific biomolecule adhesion. The performance of EA and PEG-functionalized InP NW biosensors was evaluated using 40 and 80 base pair single strand (ss) DNA oligomers to assess the potential of the present methodology for rapid and reliable detection. Our devices have reached DNA detection levels as low as ~1 fM as lower detection limit (LOD) and ~7 fM for the detection of specific sequences within time frames lower than 30 min. Challenging biosensor tests were then performed for biomarker detection of Chagas Disease (CD),⁴³ or American trypanosomiasis, a deadly infection caused by the protozoan parasite *Trypanosoma cruzi*. Although mild in acute stages, a chronic CD infection can persist unnoticed for decades in about 30% of the infected individuals, eventually leading to devastating complications to human health.⁴⁴ Furthermore, the increasing CD spread to nonendemic countries poses a worldwide challenge⁴⁵ due to the low effectiveness of existing treatments for chronic patients and lack of sensitive and accurate diagnostic tools.^{44,43} Hence, highly sensitive biodection techniques, particularly those portable to allow access to remote regions, would vastly improve CD diagnosis and its spread control. For those reasons, we have tested our developed InP-based NW biosensors with a specific antigen for CD. Our results show specific detection limits to *T. cruzi* recombinant protein concentrations down to ~30 fM with an LOD of ~6 fM within the same time frame of <30 min observed for specific DNA detection. Our device performance thus exceeds those based on two-dimensional (2D) materials like graphene and reduced graphene oxide,^{46–49} MoS₂,^{50,51} and even surpasses the performance of InAs and Si nanowire-based FET biosensors.^{6,21–23}

Prior to the nanowire functionalization process, we first optimized and compared the surface coating efficiency and quality of both commonly used aminosilane (APTES)^{18–20,27–30} and ethanolamine (EA) alternatives^{31–34} as surface linkers to broad area borosilicate substrates (amorphous SiO₂), using the wet chemistry approach. We can, thus, compare directly the quality of coatings obtained without assessing the influence of curing temperatures and low pressures during the functionalization process to the nanostructures.³⁰ The coating quality evaluation was performed using quantitative widefield fluorescence microscopy (WFM) by coupling covalently carboxyl-modified Atto647N fluorophores to the accessible amino groups of both surface linkers (Figure 1A,B).³²

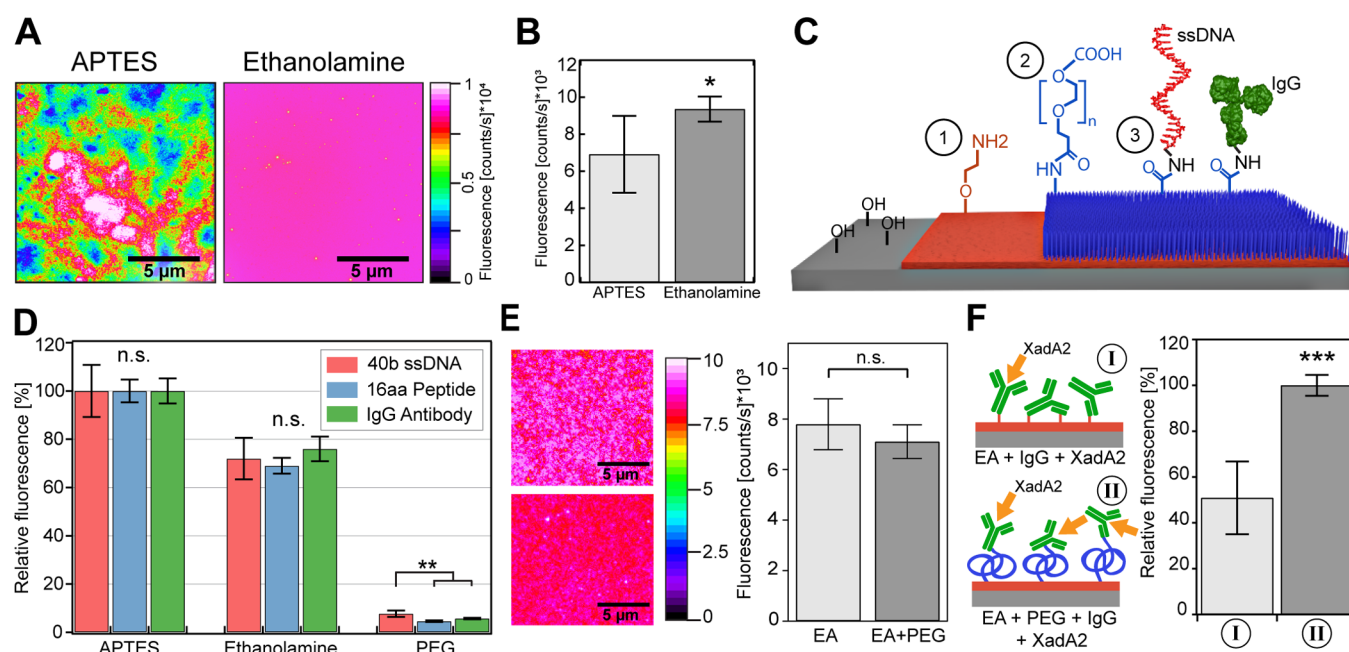


Figure 1. Surface functionalization with APTES, ethanolamine, and passivation using poly(ethylene glycol). False-colored widefield fluorescence images (A) depict the coating quality of APTES ($n = 13$) and EA ($n = 14$), visualized via covalently attached Atto647N fluorophores. Bar plot (B) exhibits the compared quantitative fluorescence mean density ($\bar{x} \pm \delta$) of both surface coatings. (C) Schematic representation of the functionalization procedure includes EA-coupling to surface hydroxyl-groups (1), the attachment of heterobifunctional PEG cross-linker (2), and subsequent covalent binding of biomolecules via peptide-binding (3). Comparison histogram illustrates average nonspecific adhesion ($\bar{x} \pm \delta$) of different fluorophore-labeled biomolecules (D) on different surface coatings, normalized to the quantities measured on APTES. (E) False-colored widefield images (left panel) of Alexa647-labeled antibodies covalently bound to EA and PEGylated surfaces, together with the bar plot (right panel, $n = 10$ each) presenting the corresponding quantitative fluorescence mean densities ($\bar{x} \pm \delta$). (F) Schematic illustration (left panel) of randomly oriented covalent antibody coupling to EA (I) and PEGylated (II) surfaces. The addition of a PEG cross-linker ($n = 7$ for each condition) increases strongly anti-Xf.XadA2/Xf.XadA2 antibody:protein binding efficiency ($\bar{x} \pm \delta$). The data shown in (B,D,E,F) were subject to statistical analysis using unpaired, two-tailed t -test with significance levels of $\alpha = 0.05$ (*), $\alpha = 0.001$ (**), and $\alpha = 0.00001$ (***); n.s. = nonsignificant.

The APTES coating leads to undesirable inhomogeneous coverage (Figure 1A), in agreement with previous observations.^{27–30} In contrast, the EA surface layer provides a homogeneous coverage. The quantitative analysis (Figure 1B) reveals a significantly higher average linker density ($\sim 37\%$) for EA compared to the APTES coating. Moreover, the surface linker density varies significantly more for APTES ($\sigma \sim 40\%$) than for EA-coated surfaces ($\sigma \leq 7\%$). Furthermore, the influence of added NHS-PEG-COOH_{MW3400} cross-linker (Figure 1C) on the suppression character of nonspecific adhesion was examined via surface-adhesion experiments with different types of fluorophore-labeled biomolecules. In comparison to the standard approach using APTES, EA coating leads to equivalent adhesion reduction of $\sim 30\%$ in average (Figure 1D) for single-stranded 40b ssDNA (DNA sequences listed in Supporting Information Table S1), a 16 amino acid containing random peptide sequence, and the polyclonal Xf.XadA2 IgG antibody, an afimbrial adhesin of the bacteria *Xylella fastidiosa*.^{40,52} The decrease in adhesion can be explained by the more homogeneous and dense surface coverage of the EA linker whereas the defective APTES coverage can expose bare SiO₂ areas where strong electrostatic biomolecule interaction can readily occur. The further addition of chemically and physically inert PEG-biomolecules significantly suppresses nonspecific adhesion, reducing the fraction of nonspecifically adhered biomolecules to $\leq 8\%$ for all types of biomolecules tested. This observed surface passivation efficiency should provide a substantial improvement in the

signal-to-noise ratio during biosensing and consequently increase the detection specificity.

We further questioned the degree of steric hindrance of large target biomolecules upon binding to their specific surface-attached bioreceptors depending on the distance to the substrate surface and their mobility in three dimensions. To evaluate the effect, we first assessed the covalent antibody binding density on EA-coated and PEGylated surfaces (Figure 1E). While the EA-coating shows higher variance in coating homogeneity and density compared to PEGylated surfaces, both coatings show statistically similar antibody densities. On the basis of previous observations describing that the spatial orientation of surface-immobilized antibodies impacts the antigen-binding performance, we investigated the effect of increased surface distance and spatial mobility on antigen binding via added PEG cross-linker.^{36–38} To quantitatively evaluate the impact of PEG, we used the antigen/antibody complex from the afimbrial adhesin Xf.XadA2^{40,52} for comparison. In our experiment, we covalently coupled polyclonal anti-Xf.XadA2 antibodies directly to both EA surface and PEG-coating (Figure 1F, left panel). The amount of specifically bound Xf.XadA2 ligand protein surprisingly increases 2-fold (Figure 1F, right panel) with the addition of a PEG cross-linker. The flexible PEG cross-linker provides a larger distance to the substrate surface, increased spatial mobility in three dimensions, increased distance between individual antibodies, and decreased amount of multiple chemical bonding. These circumstances allow a higher degree of freedom in the orientation of the antibodies, and steric

hindrance of antigen binding is thus reduced. Antibody orientation and steric hindrance of antigen binding were previously identified as parameters of highest impact, leading to antibody immobilization strategies that require a more complex functionalization methodology, involving localized antibody labeling or proteins and aptamers that bind specifically to the Fc region of the antibody for orientation-controlled immobilization.^{36–38} On the basis of our observations, the use of PEG cross-linker renders such specific binding methodology redundant with the additional benefits of exploiting the biocompatibility and unspecific-adhesion suppressing character of PEG.

The Xf.XadA2-functionalized surface and PEG monolayers were measured using atomic force microscopy (AFM) and WFM (Figure 2). To verify the presence of surface-

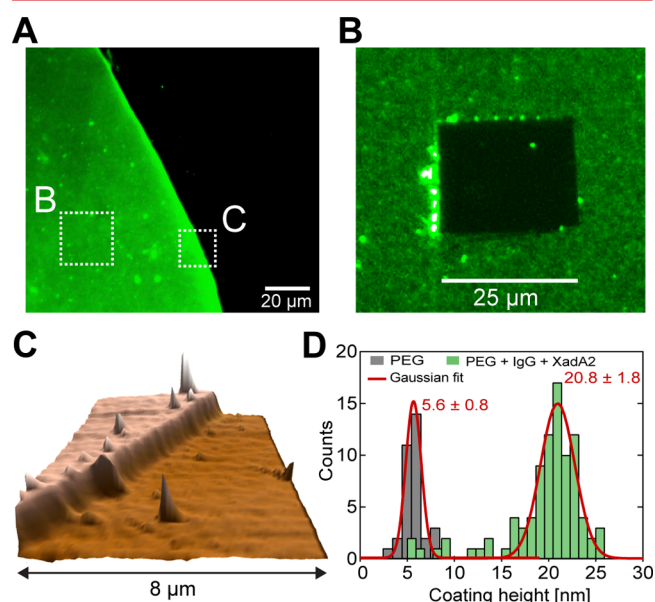


Figure 2. Fluorescence images and AFM topography of protein-functionalized surfaces. Simultaneous AFM and widefield fluorescence microscopy (A) was applied to covalently bound Xf.XadA2 proteins on PEGylated substrates, visualized via Alexa488-labeled secondary antibody. The Xf.XadA2-coated surface was scratched (B) using high forces ≥ 2 nN in rectangular shape (region B). At the edge of the Xf.XadA2 functionalized area (region C), AFM topography measurements (C,D) demonstrate the successful functionalization by the elevated plateau of the coating. The histogram (D) exhibits the coating heights measured for the PEG coating (gray) and Xf.XadA2-functionalized surface, including Alexa488-labeled secondary antibodies.

immobilized Xf.XadA2, the coated surface was scratched at high forces (≥ 2 nN, Figure 2B) with the AFM cantilever, while the WFM signal of Alexa488-labeled antibody was used to track visually the scratching of the functionalized surface. The coating heights of both the PEG-layer and the Xf.XadA2-coated surface were investigated via AFM topography measurements (Figure 2C,D) at the coating edges. The PEG coating (Figure 2D, gray bars) shows an average height of 5.6 ± 0.8 nm, in close agreement with the Flory radius estimation of PEG polymers with a molecular weight of 3.4 kDa.⁵³ The Xf.XadA2-coated surface (Figure 2C, green bars) exhibits in average a height of 20.8 ± 1.8 nm, adding as such $\sim 15 \pm 3.5$ nm to the PEG-layer. Depending on the spatial orientation of the IgG antibodies to the surface, and the linker stiffness, the encountered height can

cover a range between 5 to 15 nm.⁵⁴ Because of the flexible PEG cross-linker used for protein anchorage, the Xf.XadA2 proteins and their antibodies form a layer with random orientation. In this scenario, we would expect an average height of ~ 10 nm for the antibodies, similar to IgG monolayer thicknesses reported previously.^{54–56} The mass of Xf.XadA2 protein is with ~ 20 kDa comparable to the size of the antibody's single chain variable fragment, adding ~ 3 – 4 nm to the total height.⁵⁷ Taken together, the measured total height of the antibody/antigen layer with $\sim 15 \pm 3.5$ nm is compatible with the expected protein dimensions.

Prior to functionalizing InP nanowires, the transferability of the surface functionalization methodology to InP thin film substrates was examined by comparing the coating homogeneity and DNA immobilization density (Figure 3A). SiO₂ and InP thin film supports were functionalized with EA and PEG with the same protocol, and 40b probe ssDNA was covalently immobilized to the PEG layer. The hybridization of complementary, Atto647N-labeled 40b target ssDNA allowed the comparison of both the surface homogeneity (Figure 3A, left panel) and DNA density (Figure 3A, right panel) on both materials. Despite the observed average DNA density being $\sim 5\%$ lower for InP surfaces in comparison to SiO₂, the coating homogeneity and DNA densities are statistically comparable. This result attests the transferability of the surface functionalization methodology to InP, keeping characteristics previously observed for SiO₂.

In order to further evaluate the nature of the different surface coatings and their surface charge distribution, we performed Kelvin probe force microscopy (KPFM) measurements on broad area InP thin film surfaces where 80b ssDNA were immobilized covalently on PEGylated substrates (Figure 3B,C). This DNA sequence (Supporting Information Table S1) is also used for the *in situ* biosensor experiments.

In these measurements, the topography and surface potential (SP) of the functionalized surfaces were acquired simultaneously. Figure 3B,C shows the surface potential distribution for InP thin film surfaces functionalized with 80b probe DNA and 10 μ M of complementary 80b target DNA hybridized to it, respectively (associated topography data are shown in Supporting Information Figure S1). A more uniform coverage is observed for probe-DNA; the larger SP variation observed for target-DNA indicates that hybridization occurs nonhomogeneously with low coverage density as compared to probe DNA on the surface. A single strand of DNA chain is basically negatively charged owing to the presence of phosphate groups in the backbone. Upon hybridization, the negative net charge increases, and thus the observed increase in negative SP values and SP variation across the surface. These variations, however, are not correlated to the observed surface RMS (average, root mean squared) roughness (Figure 3D). No significant differences in the RMS roughness values of DNA-functionalized surfaces were observed, even for hybridized target-DNA at rather different concentrations (Supporting Information Figure S1). However, RMS roughness increased significantly for PEG-functionalized InP surfaces when compared to both the pristine InP thin film and DNA-covered surfaces, as expected for a porous polymer.³⁵

Ideally, complementary ssDNA should only attach to its specific probe-DNA, providing no net change in the surface topography. Hence, no change in RMS values are expected, as indeed observed. On the other hand, SP values show unique characteristics of the surface-tethered biomolecules (Figure

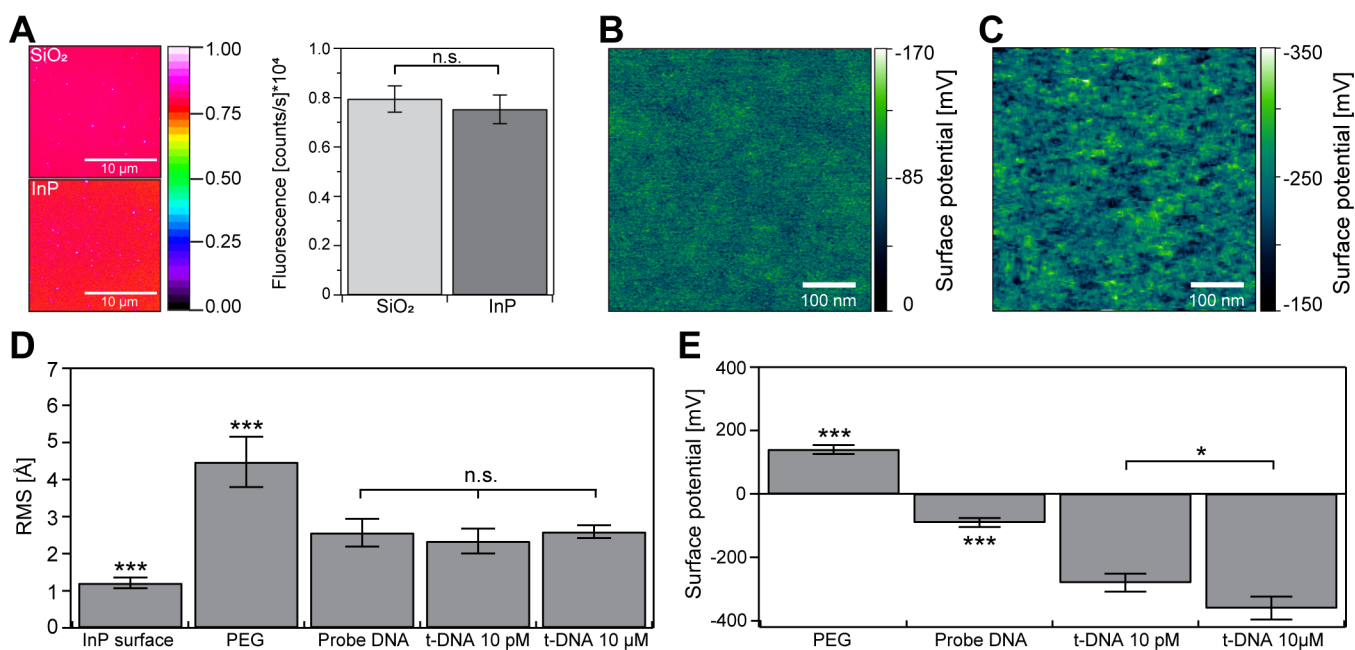


Figure 3. Surface functionalization, roughness, and surface potential of different surface coatings on InP thin film. (A) EA and PEG surface functionalization and covalent 40b DNA immobilization on SiO₂ and InP surfaces. The false-colored widefield fluorescence images (left panel) show the quality of DNA surface coating visualized via hybridized, Atto647N-labeled 40b target DNA. The bar plot (right panel) depicts the quantitative fluorescence mean density ($\bar{x} \pm \delta$; $n = 18$ each) for DNA coatings on both surface materials. (B,C) Kelvin probe force microscopy images show the surface potential of samples coated with 80b probe-DNA (B) and 10 μ M of hybridized complementary 80b target DNA (C). The bar plots show the surface roughness (D) and surface potential (E) of the different surface coatings in comparison. The error bars on the bar plots denote the mean standard deviation ($\pm \delta$) and the shown data in (A,D,E) were subject to statistical analyses using unpaired, two-tailed *t*-test with significance levels of $\alpha = 0.05$ (*), and $\alpha = 0.00001$ (***); n.s. = nonsignificant.

3E). A net increase (decrease) in SP value is detected upon PEG (DNA) functionalization. Moreover, a systematic decrease in the SP values correlates with increased concentrations of target DNA upon hybridization. However, SP values of dry functionalized samples, as those used for KPFM measurements, cannot be taken as an absolute reference of DNA surface concentration. A 2-fold increase in RMS values as well as a 50% increase in the average SP variation occur upon increasing the N₂ purge time in the AFM chamber from 30 to 60 min (Supporting Information Figure S2). This result indicates a highly hydrated coating layer,^{58,59} and the local reconfiguration of the tethered biomolecules upon water removal. Therefore, KPFM provides mainly a qualitative tool for surface coating evaluation; in a few cases when this layer shows larger height variations, corresponding to a more inhomogeneous topography, larger and discrete SP domains are observed. Large area biosensors fabricated from such surfaces show roughly no detection sensitivity to the specific biomolecule. Comparatively, the homogeneous SP image shown in Figure 3B,C indicates that any spatial domains for biomolecule immobilization are below the lateral resolution of the KPFM technique.

The characterization of the functionalization for broad area borosilicate glass and InP substrates discussed above provide concrete evidence of the successful covalent coupling of different bioreceptor (probe) molecules that allow the capture of specific target molecules. For the realization of an InP nanowire-based biosensor, we thus applied this same functionalization methodology to n-doped InP semiconductor nanowires that were grown using gold nanoparticles as catalysts, as described elsewhere.⁶⁰ The tapered InP nanowires can be grown up to 30 μ m in length and 50–100 nm in average diameter in wurtzite crystalline phase (Figure 4A). For device

purposes, these nanowires were mechanically removed from the as-grown GaAs substrates and dispersed in polar aprotic dimethyl sulfoxide (DMSO) solvent. InP nanowires were then initially functionalized with EA, afterward PEGylated and subsequently covalently functionalized with 40 b amino-labeled probe ssDNA (Figure 4C). The evaluation of DNA-nanowire functionalization was performed using Atto647N-labeled 40 b complementary target ssDNA (Supporting Information Table S1). The spectral analysis of the intrinsic photoluminescence (PL) of the InP material (Figure 4B, black line) exhibits PL-emission at 850 ± 50 nm, in agreement to previous reports.^{61,62} Using confocal laser scanning microscopy (CLSM) to improve spatial resolution, we observe inhomogeneous PL-intensities along the nanowires (Figure 4C, lower CLSM panel), which were only functionalized with nonfluorescent 40 b probe ssDNA. The observed inhomogeneity in PL intensity along InP nanowires is mainly attributed to variations in trap state density and its effect on local excitonic properties.^{61,62} However, upon binding of complementary Atto647N-labeled 40 b target ssDNA, the luminescence emission shows an overall 2-fold increase in intensity and remains fairly constant along the InP nanowire length (Figure 4D). This observation is consistent with the drop in the average SP values for complementary target DNA as compared to probe DNA (Figure 3B,C,E), both results indicating that hybridization actually occurs. The complementary spectral analysis of these DNA-functionalized InP nanowires (Figure 4B, red line) identifies both the characteristic emission spectra of the Atto647N fluorophore between 660–760 nm and the PL spectra of InP (Figure 4B, black line). Both results confirm the successful surface functionalization methodology and covalent ssDNA coupling to InP nanowires.

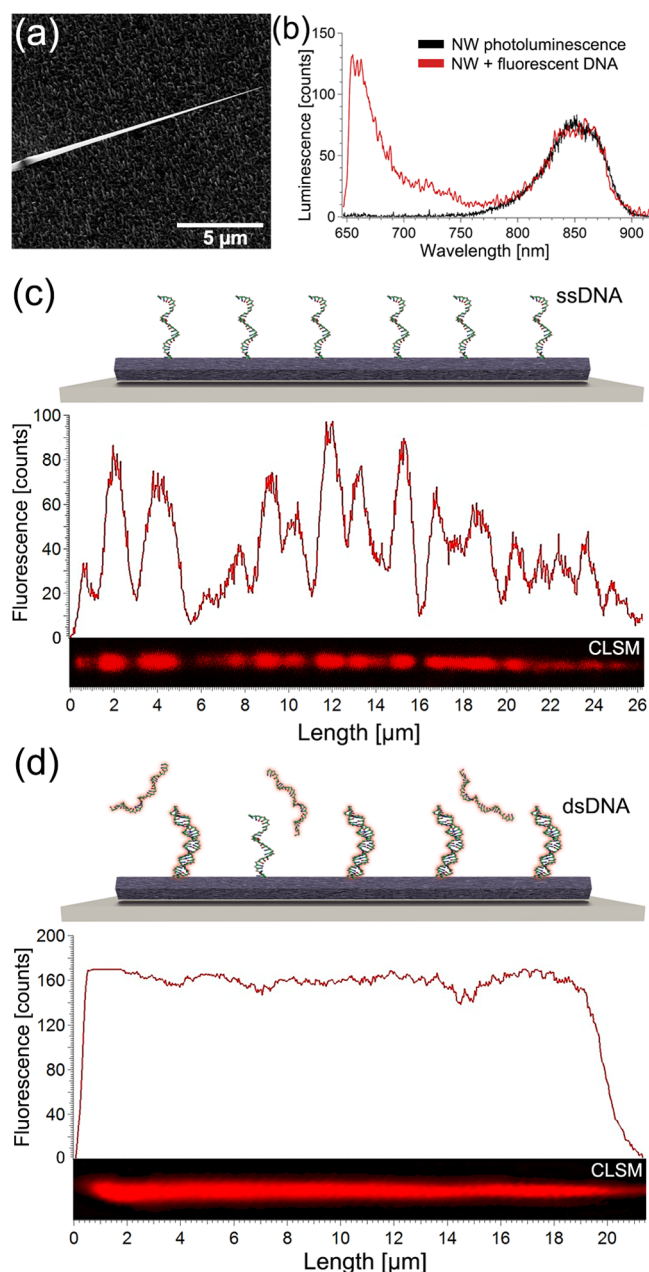


Figure 4. Functionalization of InP nanowires. Scanning electron microscopy image of as-grown InP NW sample (A). Spectral luminescence (B) shows PL signal of an InP NW (black line), superimposed with the emission of Atto647N-labeled 40b target ssDNA, and hybridized to a complementary ssDNA-functionalized NW (red line). CLSM images and fluorescence emission intensities along an individual InP NW (C) solely functionalized with 40b probe ssDNA and with hybridized Atto647N-labeled complementary 40b target ssDNA strand (D) verifying successful DNA functionalization.

The configuration used for our nanowire biosensor design consists of two terminals (representing source and drain), as shown in Figure 5A. A metal electrode based on Ni/Ge/Au alloy was used in order to keep the Schottky barrier with the n-doped InP nanowire as low as possible. The device fabrication process with nanowire alignment via microfluidic channels over arrays of electrodes is depicted in Figure 5B (see also Supporting Information Figure S3 and Materials and Methods). Polydimethylsiloxane (PDMS) based microfluidic channels with a width of 100 and 50 μm in height were used to flow

solution containing suspended InP nanowires in isopropanol over the Au electrodes, at low flow speeds. The density of nanowires on the electrode pair can be tuned (Figure 5C,D) by controlling the flow rate. Each chip contains 4 different channels and 16 individual electrodes per channel (Supporting Information Figure S3). The effective sensing region of each nanowire is dictated by the gap of ~ 5 μm between the electrode pair (Figure 5C). An additional UV-photolithography step was employed in order to passivate the remaining part of the chip by depositing 30 nm thick SiNx layer outside the active parts of the sensor chip and metal pads (Supporting Information Figure S3). The InP nanowire electrodes were unaffected by any possible contamination during the fabrication process which has been confirmed by the mapping of important elements by field emission scanning electron microscopy (FESEM) and energy dispersive X-ray spectroscopy (EDS) techniques. Figure 5D shows the EDS mapping of the distribution of In, Au, and Si elements at a particular region of a nanowire crossing the gap between electrodes. The chip containing arrays of electrodes was processed further via rapid thermal annealing at 430 °C for 3 min in N₂ ambient for ohmic contact formation. Typical *I*–*V* characteristics of pristine and annealed nanowire electrodes are shown in Figure 5E, which clearly indicates that rapid thermal annealing is necessary to reduce the ohmic resistance at the Au–InP interface. Typically, resistance values of a nonannealed, single InP NW are found in the range of few MΩ (Figure 5E).

The biosensing efficiency of the InP NW sensor was investigated by considering two different target biomolecules of interest: DNA and CD protein biomarker. In the former case, which serves as a standard for detection performance comparison for our biosensor, 80 b NH₂-labeled probe ssDNA molecules were used to selectively detect a complementary 80 b target DNA sequence with high degree of specificity (Supporting Information Table S1). The DNA was designed using a random sequence with a relative high G/C-content of 62.5%, lying still in the range encountered in exons of mammalian genomes.^{63,64} The chosen G/C content (Figure S4A) provides a high thermodynamic stability ($\Delta G = -141$ kcal/mol), minimizing the probability of breathing and secondary structure formation, such as hairpins and internal loops, which could intrinsically influence the biosensor response. The melting temperatures at the different concentrations (10 fM up to 1 nM) used during the *in situ* biosensor titration experiments do not fall below ~ 80 °C (Figure S4B,C), minimizing as such the DNA double-helix structure suffering from breathing at biosensor measurement temperatures of ~ 24 °C. The protein sensing capability was assessed using IBMP 8-1, a specific marker for positive CD immunodiagnostic in human serum.⁶⁵ In this latter case, anti-IBMP 8-1 IgG antibodies were tethered covalently to the PEG-functionalized nanowires in our device.

The typical *I*–*V* characteristics of the different concentrations (10 fM up to 1 nM) of complementary 80 b target DNA, evaluated after 60 min of hybridization, are shown in Figure 6A. The *I*–*V* characteristics curves show concentration-dependent linear behavior. On the other hand, nonspecific 80 b probe DNA does not show any significant variation in the *I*–*V* characteristics (Supporting Information Figure S4A). Initially, the time period for DNA hybridization was evaluated by measuring the relative change in the resistance of the probe DNA functionalized nanowire electrode in the presence of 1 pM and 10 fM of complementary target DNA, and 1 pM of

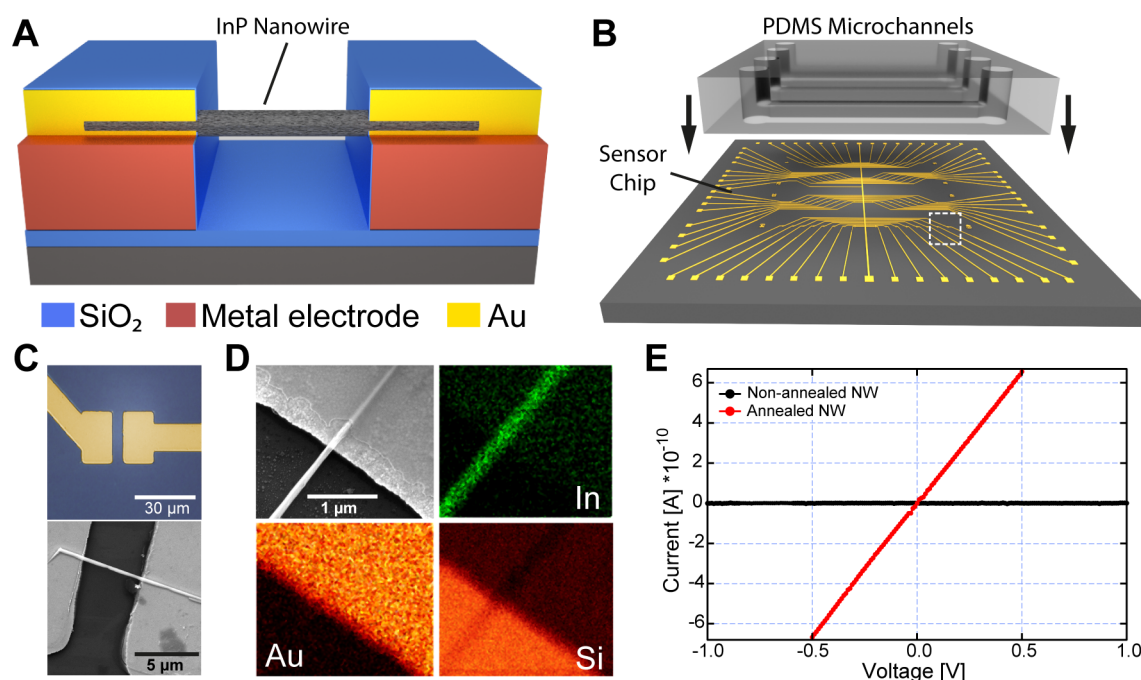


Figure 5. InP nanowire-based biosensor device. (A) Schematic representation of cross-sectional single InP NW configuration on SiO₂ substrate on metal alloys of Ti/Ni/Ge/Au and covered with an Au layer. (B) Schematic illustration of PDMS microfluidic device coupled to a sensor chip constituting of four individual channels, each channel covers 16 electrodes of the sensor chip. (C) Optical microscope image (top) of a single electrode pair with $\sim 5 \mu\text{m}$ spacing in between, and FESEM image (bottom) of an electrode pair with an aligned single InP nanowire. (D) EDS elemental mapping images of different components after metallization process and RIE etching of a region of interest with attached nanowire. (E) Sensor device I - V characteristics before and after the nanowire annealing process demonstrating the ohmic character of nanowire-electrode (InP-Au) contact.

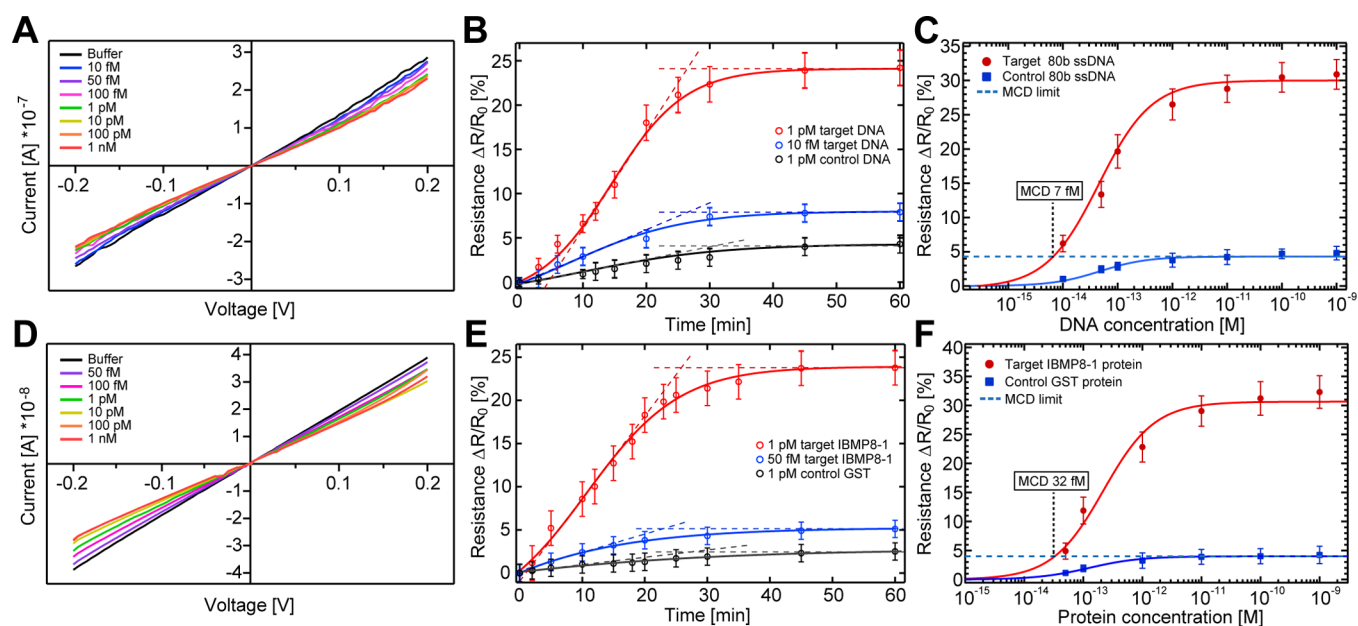


Figure 6. Electrical biosensor measurement with titration of 80 b ssDNA and *T. cruzi* IBMP8-1 antigen. Electrical biosensor I - V response curves upon titration of (A) complementary target DNA and (D) specific *T. cruzi* target protein IBMP8-1. Resistance changes of the biosensor obtained upon titration of (B) complementary target DNA (red) and noncomplementary probe DNA (blue) ($n = 4$ each), and (E) specific *T. cruzi* recombinant antigen IBMP8-1 (red) or nonspecific Glutathione S-transferase (GST; $n = 4$ each) target (blue). (C,F) The resulting titration data are fitted to a Langmuir adsorption isotherm (lines) to characterize the biosensor performance. The MCD limits are shown for both biomolecular systems tested. For high and low concentrations of (C) DNA and (F) protein molecules, the biosensor saturation response is shown (B,E) over time until signal stabilization to estimate the signal equilibration times. The data are represented with the mean standard deviation error $\pm \sigma$. The biosensor performance results for each tested biomolecular system are summarized in Table 1.

nonspecific DNA (control), as shown in Figure 6B. The results indicate that a time period of <30 min ($x = 28 \pm 2$ min; $n = 4$)

is sufficient to measure the hybridization to full extent via the substantial change in the nanowire resistance values until signal

saturation for both target DNA and nonspecific DNA. Comparable I – V characteristics (Figure 6D) and saturation curves (Figure 6E) were also obtained for the protein interaction assay, which was performed with the IBMP8-1 protein, which specifically binds to the immobilized polyclonal antibody, and with an unrelated protein (GST; glutathione S-transferase) as control (Supporting Information Figure S4B). The I – V behaviors for both DNA and IBMP8-1 protein show that there is a significant change in the electrical properties of the InP nanowire sensor electrode upon specific target biomolecule attachment, which forms the basis of the presented device. It is also important to notice that the calculated Debye length for the physiological buffer conditions used for device sensing is around 1 nm, thus reliable detection would hardly take place using the 5 nm thick PEG surface layer (Figure 2D).⁶⁶ A possible explanation relates to the presence of the PEG layer on the surface; previous works have shown that dielectric properties in aqueous solutions can be altered by polymers.⁶⁷ More recently, PEG-functionalization of Si nanowire FET biosensors has been shown to indeed increase the effective screening length in the region immediately adjacent to the device surface.⁶⁸

The relative resistance variation measurements of specific capture of target DNA and IBMP8-1 protein at different concentrations are shown in Figure 6C,F, respectively, representing the specific receptor/ligand interaction (Figure 6C,F; red lines) in comparison to the unspecific receptor:ligand controls (Figure 6C,F; blue line). Here, the combined change in electrical resistance ($\Delta R/R_0$) of all experimental repetitions showed no significant detection differences. The concentration titration for both specific receptor/ligand systems shows a clear increase of the biosensor resistance resulting in maximum variation values about 36% for probe DNA/target DNA and ~37% for anti-IBMP8-1/IBMP8-1, whereas the unspecific receptor/ligand measurements show nonspecific adsorbed DNA/protein and noncorrelated resistance variations with the concentration up to approximately 5% at highest concentration (1 nM) for both biomolecular systems. The specific interaction measurements follow a saturation behavior for both systems, which can be fitted by Langmuir adsorption isotherms (Figure 6C,F; Figure S6; Supporting Information methods) to gain information about the biosensor sensitivity.^{49,68–70} The values obtained for the nonspecific biomolecule titration measurements render the minimal specific detection concentration (MCD), resulting in 7 fM for complementary ssDNA and 32 fM for the IBMP8-1 protein. While such MCDs reflect the lower concentration limits that can be measured with acceptable precision, accuracy and biomarker selectivity, they do not describe the lowest possible concentration detection limit of the analytes. From the analytical noise of the NW biosensor we can calculate with a confidence interval of 99.7% the limit of detection (LOD; Supporting Information methods) for each biomolecule system.⁷¹ The LOD provides the possibility to compare the biosensor performance with previously reported developments, as the majority of the conducted studies lack adhesion-suppressing coatings or do not consider the fraction of nonspecifically adhered biomolecules. The titration results for each biomolecular system obtained in this study using the presented InP NW devices are summarized in Table 1. The reported MCD and LOD results are quite remarkable considering the simplicity of the InP nanowire device for biosensing tests, working with no field effect amplification and average nanowire diameters larger than

Table 1. Biosensor Titration Results for Each Biomolecular System^a

	LOD	MCD	LSR	SSR	EqT [min]
80 bp DNA	1.4 fM	7 fM	15–130 fM	>480 fM	28 ± 2
IBMP8-1 protein	5.7 fM	32 fM	90–500 fM	>950 fM	26 ± 3

^aConcentration limit of detection (LOD), minimal concentration detection (MCD), defined sensitivity regions (LSR, linear sensitivity region; SSR, sensor saturation region), and biosensor equilibrium time (EqT) for specific DNA and IBMP 8-1 detection. The values were obtained from $n = 4$ nanowires for each biomolecular system tested.

surface depleted regions.⁷² Moreover, despite the good receptor uniformity and capture binding performance exhibited by our functionalization protocol, no further receptor density optimization was performed prior to the biosensing tests.

When compared to similar devices in literature, the obtained detection limits of our InP nanowire biosensor development (LOD: protein 5.7 fM/DNA 1.4 fM) surpass the detection sensitivity over several magnitudes of previous protein and DNA biosensor key studies using graphene,^{46,47} reduced graphene oxide^{48,49} and 2D transition metal chalcogenides (MoSe₂)^{50,51} in the FET configuration (see biosensor detection limit comparison in Supporting Information Table S2). When compared to InAs nanowire devices with a protein detection limit of 10 pM (Avidin),⁸ our InP nanowire sensor shows far superior sensing performance. Furthermore, when compared to silicon nanowire based biosensors (MCD protein, 200 pM/LOD DNA, 60 fM),^{6,23} the presented biosensor shows especially for protein biomarker detection a strong increase in sensitivity, most likely due to the applied cross-linker and improved linker coverage, as described in the previous sections. In this context, we note that the comparison to other nanowire biosensors is performed with respect to the same device configuration without the usage of an additional back-gate; nanowire device sensitivity can be enhanced by operation in the subthreshold regime where the gating effect of molecules bound on a surface can be increased due to the reduced screening of carriers in nanowires.^{9,14} This methodology allowed an additional increase of detection sensitivity (LODs: protein 2 fM/DNA 0.1 fM)^{9,21,22} which are closer to the performance we achieved in our device without gate-based capacitance attenuation. We thus expect that this methodology would further improve the sensitivity of the presented InP NW biosensor development.

With regard to CD diagnosis, commonly used methods, such as enzyme-linked immuno sorbent assay (ELISA) and polymerase chain reaction (PCR), achieve sensitivities in the nanomolar range (LODs: ELISA ~30 nM; PCR ~10 nM),^{73–75} close to two-dimensional electrochemical immunosensors with LODs ~1–2 nM.^{73,76} More recent electrochemical immunosensors with nanoscale gold particles as transducers are able to detect target CD proteins with an LOD ~20 pM.⁷⁷ In comparison, the presented InP NW biosensor surpasses the detection limit of the existing diagnosis methods ~1000-fold, which may allow the detection of chronic Chagas infection more reliably, overcoming the limitation of the antibody titer in the human blood serum, which is usually very low in such cases.^{44,45} Since IBMP8-1 is a chimeric *T. cruzi* protein developed for diagnostic purposes using ELISA assays, we have carried out surface plasmon resonance (SPR) measurements to compare biosensor antigen/antibody interaction sensing capabilities (Figure S6, Table S3).⁶⁵ A similar protocol

was followed to immobilize the antibodies on the SPR Au substrate; however, no PEG-linker was used in this case in order to enhance SPR sensitivity.⁷⁸ As expected, SPR measurements provided reliable detection only at much higher protein concentrations with an LOD of ~ 2 nM (Table S3) than the InP NW biosensor. Signal saturation is achieved within similar timeframes (≤ 30 min) for both biosensors. On the other hand, binding kinetics measurements with FET sensors are still subject of recent developments in literature.^{79,80} The kinetics data obtained from the InP NW biosensor shows a notable difference (Table S3) from the SPR technique, which is more widely accepted for this type of measurement. The discrepancy could arise, for example, if the functionalization protocol does not provide proper receptor densities,⁷⁹ despite the homogeneous antibody coverage indicated by our extensive functionalization characterization on SiO₂ and InP surfaces. However, the presence of the PEG-linker in the InP nanowire biosensor can account for improved ratios of protein capture and specific/nonspecific binding rates which provide a much lower background biological noise floor for enhanced detection sensitivity.⁸¹ Further studies are necessary to investigate this point, which could be targeted using an optimized FET version of our InP nanowire device.

Our study demonstrates the successful functionalization of inorganic InP nanostructures with ssDNA and protein biomolecules using a simple yet powerful functionalization methodology. Our in-depth characterization of the functionalization show significant improvement in bioreceptor density and coating homogeneity by applying EA in comparison to alkoxysilanes (APTES) using simple wet chemistry processes. Furthermore, by adding biocompatible PEG cross-linkers the methodology leads to (i) significantly higher ligand binding specificity due to its efficient nonspecific adhesion suppressing capacity; (ii) increased receptor/ligand binding based on spatial separation between the bioreceptors and to the surface; (iii) additional degrees of freedom and spatial mobility for immobilized antibodies, leading to decreased steric hindrance for antigen binding; and (iv) minimized Debye screening for biosensing applications. We also demonstrate that label-free biosensors based on InP nanowire transducers can achieve ultrahigh-sensitivity for ssDNA over a wide linear operation range (fM to pM) with high degree of selectivity. Furthermore, we show that the developed biosensor is also highly sensitive in detecting very low concentration of CD biomarker, IBMP8-1. The high sensitivity biomarker detection, using nonpurified antibodies from serum, creates a reliable alternative for diagnosing chronic infections which exhibit very low antibody levels in the host. In addition, this development provides the potential to significantly enhance the chemical robustness, detection reliability and, most importantly, the overall detection sensitivity and biomarker selectivity for current and future label-free nanoscale biosensors.

Materials and Methods. Materials and experimental details of material syntheses, surface functionalization, microscopy, surface plasmon resonance, and device fabrication techniques are described in detail in the accompanied Supporting Information.

■ ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.nanolett.7b01803.

Detailed methodological description of material syntheses, surface functionalization, microscopy, surface plasmon resonance measurements, biosensor device fabrication, and supporting figures and tables (PDF)

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Author Contributions

R.J. and P.K.S. contributed equally. P.K.S. carried out microfluidics fabrication and biosensor assembly, FESEM and EDS measurements and biomarker titration experiments. R.J. contributed with surface functionalization experiments, combined AFM fluorescence and WFM imaging, data analysis, and assembling the plots and figures. C.A.S. expressed and purified the Xf.XadA2 proteins, under A.P.d.S. supervision. A.M.d.S. contributed with DNA functionalization and Kelvin probe force microscopy measurements. R.J. and D.B.A. obtained the spectroscopic luminescence data. A.A.v.Z. developed metalization protocols and device processing. A.D.T.C., P.C., and N.I.T.Z. provided biological material and input on CD diagnostics. D.S.O. performed InP nanowire growth. D.E.P.S. and L.T.K. contributed with SPR measurements and biosensing discussions. C.L.C. discussed the setup for spectroscopy experiments. R.J., P.K.S., and M.A.C. designed the study and wrote the article. M.A.C. supervised and managed the whole study. The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

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Notes

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