

One-Dimensional Synergistic Core–Shell Nanozymes with Superior Peroxidase-like Activity for Ultrasensitive Colorimetric Detection of Blood Cholesterol

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ABSTRACT: In this paper, a simple and green strategy was proposed to fabricate one-dimensional core–shell $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites. The rationally designed hybrid nanostructures notably exhibited an extremely excellent peroxidase-mimicking property, arising from the synergetic effects of Fe_3O_4 , carbon, and Ni nanoparticles, along with the hollow and hierarchically porous nanostructures. Based upon the outstanding peroxidase-like activity and cholesterol oxidase cascade reaction, a label-free, ultrasensitive, and highly selective colorimetric assay for cholesterol determination has been developed. Under the optimized conditions, the colorimetric biosensor demonstrated a linear response to cholesterol ranging from 5 to 200 μM , with a relatively low detection limit of 0.17 μM . More importantly, cholesterol determination as low as 5 μM could be directly distinguished with the naked eye. In addition, we successfully determined the total cholesterol content in human serum samples with satisfactory accuracy and good precision. The $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocatalyst-based colorimetric biosensor provides great potential in point-of-care testing in disease diagnosis.

KEYWORDS: one-dimensional, nanozyme, peroxidase-like, ultrasensitive, colorimetric detection, cholesterol

INTRODUCTION

Blood cholesterol is a waxy, fat-like substance existing in blood, fat, and cells, which plays an important role in making hormones, digesting fatty foods, and formatting cell membranes. However, a normal level of blood cholesterol from 2.9 to 6.0 mM is essential in maintaining good health. Suggested evidence indicates that high cholesterol put us at risk for heart disease and stroke but has no signs or symptoms. Until now, various techniques, such as chromatography,¹ enzyme-linked immunosorbent assay (ELISA),² electrochemiluminescence,³ fluorescence,^{4–6} and electrochemistry,^{7–9} have been used for cholesterol detection. However, to our knowledge, they are still challenging because of laborious experimental procedures, complicated pretreatment, and expensive instrumentation. Therefore, it is of great significance to develop a simple, cost-effective, and reliable method of monitoring cholesterol levels to prevent cardiovascular disease.

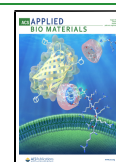
Rapid advances in nanoscience and nanotechnology^{10–18} enable the creation of nanomaterials with unique properties and superior features, which have been widely applied in many research areas, including biosensing,^{19–21} biomedicine,^{22–24} catalysis,^{25–28} and energy storage.^{29–32} A typical example among them is the nanozyme, which possesses intrinsic enzyme-mimicking characteristics as a new generation of artificial enzymes. Significant research efforts have been made to explore nanozymes because of the unparalleled features of

easy preparation, low cost, and high stability. Until now, nanozymes with different enzyme-like activities have been reported, for example, peroxidase mimics, oxidase mimics, catalase mimics, multienzyme mimics, and so forth. In particular, nanozymes with peroxidase-like activity, such as ferromagnetic nanoparticles (NPs),^{33,34} gold NPs,³⁵ carbon-based nanomaterials,³⁶ and nanocomposites,^{37,38} have been extensively explored for their broad applications in the detection of glucose,³⁹ nucleic acids,⁴⁰ proteins,^{41,42} and even microorganisms.⁴³ Despite the progress, the intrinsic structural constraints from zero- or two-dimensional nanomaterials, such as NP aggregation caused by noncovalent interactions⁴⁴ and nonspecific absorptions,⁴⁵ still limit their applications. Given the remarkable benefits of high surface area, efficient electron transfer, and good biocompatibility, one-dimensional (1D) nanomaterials have emerged as a promising candidate to construct biosensors, which have been utilized in the detection of DNA, cancer markers, viruses, cells, and even tissues.^{46–50}

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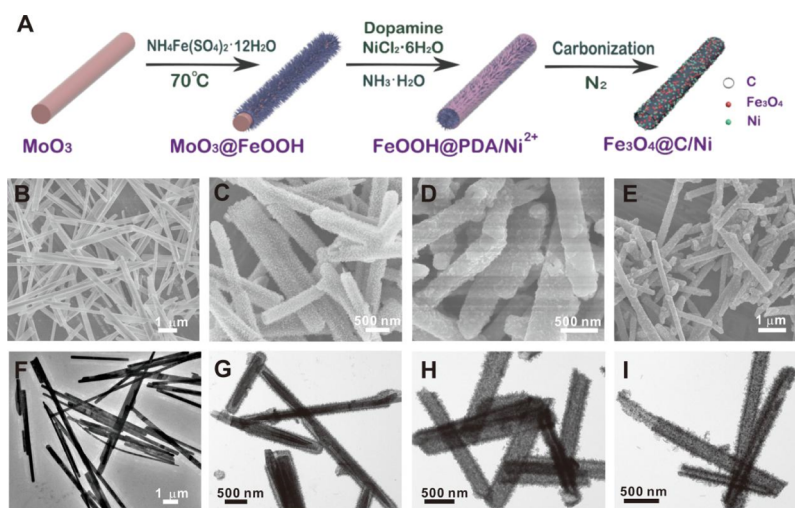


Figure 1. (A) Scheme of $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposite synthesis. (B–I) SEM and TEM images of (B,F) MoO_3 nanorods, (C,G) $\text{MoO}_3@\text{FeOOH}$ nanocomposites, (D,H) $\text{FeOOH}@\text{PDA}/\text{Ni}^{2+}$ nanocomposites, and (E,I) $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites.

However, few studies have been reported for cholesterol determination by using 1D nanomaterials as peroxidase mimics.

To fill up this gap, we proposed a simple, facile, and green synthetic procedure to fabricate 1D core–shell $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites, which exhibited superior peroxidase-mimicking activities because of the synergetic effects of Fe_3O_4 , carbon, and Ni NPs. Coupling the outstanding peroxidase-mimicking activity and cholesterol oxidase cascade reactions, a simple, label-free, ultrasensitive, and highly selective colorimetric assay for cholesterol detection has been developed. More importantly, cholesterol determination could be directly identified by the naked eye. Furthermore, the total cholesterol in the human serum sample was successfully determined.

MATERIALS AND METHODS

Materials. Ammonium molybdate tetrahydrate ($(\text{NH}_4)_6\text{Mo}_7\text{O}_{24} \cdot 4\text{H}_2\text{O}$), sodium borohydride (NaBH_4), nickel chloride hexahydrate ($\text{NiCl}_2 \cdot 6\text{H}_2\text{O}$), ammonium hydroxide (28–30%), ammonium ferric sulfate dodecahydrate ($\text{NH}_4\text{Fe}(\text{SO}_4)_2 \cdot 12\text{H}_2\text{O}$), 3,3',5,5'-tetramethylbenzidine (TMB), and 30% hydrogen peroxide (H_2O_2) were from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Dopamine hydrochloride was purchased from Thermo Fisher Scientific (China) Co., Ltd. Cholesterol oxidase was obtained from Sigma-Aldrich Co. (St. Louis, MO, USA). Cholesterol was obtained from Sangon Biotech Co., Ltd. (Shanghai, China). Double-distilled water (ddH_2O) was employed in all aqueous solutions.

Apparatus. Morphology measurements were performed using a JEOL-4800 scanning electron microscope (JEOL, Japan) and a JEM-1011 transmission electron microscope (JEOL, Japan) operating at 200 kV, respectively. UV–vis absorption measurements were recorded by using a UV-2450 spectrophotometer (Shimadzu, Japan).

Preparation of $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ Nanocomposites. Typically, the template of MoO_3 nanorods was first prepared through a hydrothermal method as previously reported.⁵¹ Then, 1 g of $(\text{NH}_4)_6\text{Mo}_7\text{O}_{24} \cdot 4\text{H}_2\text{O}$ was dissolved in a 10% HNO_3 solution. After complete dissolution, the mixture was fed into a Teflon-lined stainless steel autoclave and reacted for 20 h at 180 °C. Next, 0.091 M ammonium ferric sulfate solution was introduced dropwise into the dispersed MoO_3 nanorods (10% ethanol) with mechanical agitation. After reaction for 4 h at 70 °C, $\text{MoO}_3@\text{FeOOH}$ nanocomposites were obtained. Subsequently, 2 mL of the ammonia aqueous solution was mixed with the $\text{MoO}_3@\text{FeOOH}$ nanocomposites under stirring. Afterward, 30 mg of dopamine and 75.2 mg of $\text{NiCl}_2 \cdot 6\text{H}_2\text{O}$ were introduced to the above solution for reaction for 16 h to produce

$\text{FeOOH}@\text{PDA}/\text{Ni}^{2+}$. Finally, the final product $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites were obtained by carbonization of $\text{FeOOH}@\text{PDA}/\text{Ni}^{2+}$ at 500 °C for 5 h.

Peroxidase-like Activity. The peroxidase-like activity of the as-prepared $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposite was determined as follows. Briefly, the dispersed $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocatalyst ($100 \mu\text{g mL}^{-1}$) was added into the 0.2 M acetate buffer at pH 4.0 with TMB (0.2 mM) and H_2O_2 (0.1 mM), and then, the mixed solution reacted for 10 min at 50 °C. After magnetic separation, the reacted solution without $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ was measured using a UV–vis spectrophotometer.

Colorimetric Detection. For H_2O_2 detection, $20 \mu\text{g mL}^{-1}$ $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocatalyst, 0.05 mM TMB, and different concentrations of H_2O_2 (1, 5, 10, 20, 50, 100, 200, 500, 1000, and 2000 μM) were added into the 0.2 M acetate buffer solution at pH 4.0. After 10 min incubation at 50 °C, the absorbance spectra were recorded immediately.

For cholesterol detection, the experimental procedures were conducted as follows. Typically, 10 μL of cholesterol oxidase (1 mg mL^{-1}) and 10 μL of varying concentrations of cholesterol (5, 10, 20, 50, 100, 200, 500, and 1000 μM) were mixed with 80 μL of phosphate-buffered saline (PBS, pH 7.4). Then, the mixed solution was incubated at 37 °C for 30 min. Thereafter, the above solution was injected into 385 μL of 0.2 M acetate buffer at pH 4.0 containing 2 μL of the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocatalyst ($20 \mu\text{g mL}^{-1}$) and 12.5 μL of TMB (0.05 mM). After incubation for 10 min at 50 °C, the nanocatalyst was separated by applying an external magnetic field. Finally, the absorption spectrum measurement of the resulting reaction solution was performed.

RESULTS AND DISCUSSION

Fabrication of $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ Nanocomposites. Figure 1A illustrates the programmable synthetic process of the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites. Initially, MoO_3 nanorods were fabricated through green hydrothermal synthesis.⁵⁶ The scanning electron microscopy (SEM) image in Figure 1B showed a highly uniform 1D smooth tubular morphology, which was 170–300 nm in diameter with a length of several micrometers. From the transmission electron microscopy (TEM) image (Figure 1F), it was clearly seen that the MoO_3 nanorods exhibited a solid architecture without obvious porosity. Then, the FeOOH shell was loaded on the surface of MoO_3 templates to form coaxial $\text{MoO}_3@\text{FeOOH}$ nanostructures via hydrolysis of Fe^{3+} at 70 °C. After coating, a bristlelike morphology with an increased diameter of 230–380 nm was observed from the SEM image (Figure 1C). Furthermore, the

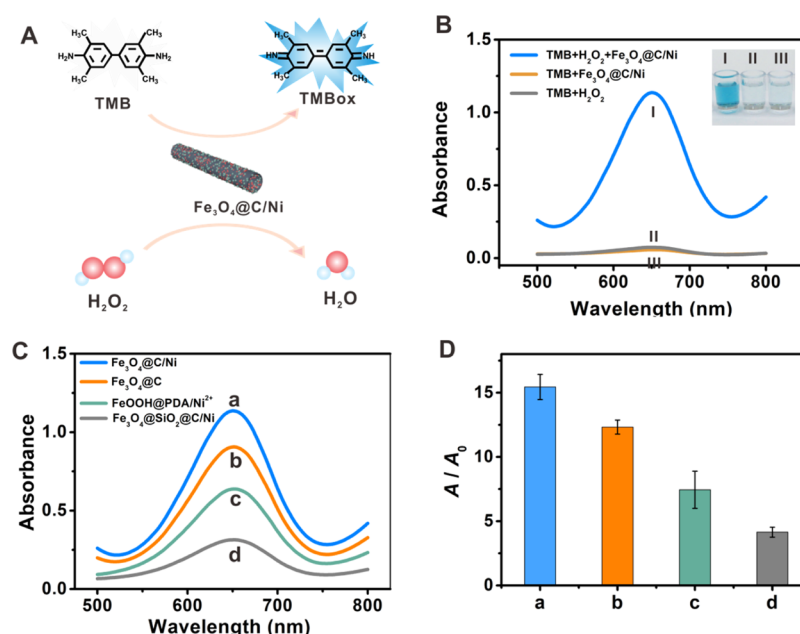


Figure 2. (A,B) Peroxidase-mimicking activity of Fe₃O₄@C/Ni nanocomposites. (A) Schematic representation of the Fe₃O₄@C/Ni nanocomposites showing peroxidase-like activity. (B) UV-vis spectra and photographs of different reaction systems, (I) TMB + H₂O₂ + Fe₃O₄@C/Ni nanocomposites, (II) TMB + Fe₃O₄@C/Ni nanocomposites, and (III) TMB + H₂O₂. (C,D) UV-vis spectra (C) and comparison (D) of the catalytic oxidation toward TMB by different nanocatalysts, (a) Fe₃O₄@C/Ni, (b) Fe₃O₄@C, (c) FeOOH@PDA/Ni²⁺, and (d) Fe₃O₄@SiO₂@C/Ni nanocomposites. The amount of nanocatalyst, TMB, and H₂O₂ was 100 μg mL⁻¹, 0.1 mM, and 0.2 mM, respectively. The reaction systems were performed in a 0.2 M HAc–NaAc buffer at pH 4.0 at 50 °C for 10 min of incubation.

TEM image in Figure 1G demonstrated that the MoO₃@FeOOH nanocomposite was an obvious core–shell nanostructure, in which burrlike FeOOH nanostructures were uniformly distributed onto the surface of the MoO₃ nanorod. Subsequently, FeOOH@PDA–Ni²⁺ nanocomposites were fabricated through a simple one-step procedure, in which polydopamine (PDA) and Ni²⁺ were coated together on the surface, and MoO₃ templates were removed by wet etching of ammonia in the meantime. From Figure 1D,H, it could be seen that the obtained FeOOH@PDA/Ni²⁺ nanocomposites showed a rough surface morphology with a thick coated layer and a hollow tubular structure, suggesting successful deposition of the amorphous PDA/Ni²⁺ layer and total removal of MoO₃ templates. Finally, the Fe₃O₄@C/Ni nanocomposites were produced by carbonizing FeOOH@PDA/Ni²⁺ under a nitrogen atmosphere. After carbonization, the prepared Fe₃O₄@C/Ni nanocomposites still retained geometrically 1D tubular morphologies with numerous uniform and well-dispersed Ni NPs (Figure 1E,I). In addition, X-ray diffraction (XRD) was employed to study the crystallographic properties of the Fe₃O₄@C/Ni nanocomposites (Figure S1). The six characteristic peaks at 2θ corresponded to the standard diffraction planes of Fe₃O₄,³⁹ confirming the successful change of FeOOH to Fe₃O₄.

To study the electronic state between elements of the Fe₃O₄@C/Ni nanocomposites, X-ray photoelectron spectroscopy (XPS) was performed. As anticipated, it clearly showed the prominent peaks corresponding to the main elements of C, N, O, Fe, and Ni (Figure S2A). In the high-resolution scan, two main peaks of Fe appeared at 711.2 and 725.0 eV (Figure S2B), which were assigned to Fe 2p_{3/2} and Fe 2p_{1/2}, respectively.⁵² The deconvoluted Fe 2p_{3/2} XPS spectrum has two peaks located at the binding energies of 710.0 and 711.4 eV, which could be ascribed to Fe³⁺ and Fe²⁺, respectively

(Figure S2C),⁵¹ indicating the existence of Fe₃O₄. Furthermore, two peaks of Ni 2p were in accordance with Ni at the zero-valence state (Figure S2D),⁵³ confirming the formation of Ni NPs. Additionally, the N 1s spectrum could be deconvoluted into two peaks, which corresponded to C=N and C–N-type bonds, respectively (Figure S2E).⁵⁴

In addition, the magnetic property of the Fe₃O₄@C/Ni nanocomposites was studied via a vibrating sample magnetometer. The magnetization hysteresis loop exhibited a sigmoid-shaped curve at room temperature, with little hysteresis and remanence (Figure S2F). Moreover, the magnetic curve showed a saturation value of 13.4 emu g⁻¹, indicating a quick separation of the nanocomposites from the solution within a few seconds under a magnetic field. Moreover, nitrogen adsorption and desorption isotherms revealed that the Brunauer–Emmett–Teller surface area of the Fe₃O₄@C/Ni nanocomposites was 77.1 m² g⁻¹, possessing a mean pore diameter of ~11 nm (Figure S3), indicating the mesoporous properties.

Enzyme-Mimicking Property of Fe₃O₄@C/Ni. To evaluate the enzyme-mimicking property of the Fe₃O₄@C/Ni nanocomposites, a representative catalytic reaction of oxidizing the chromogenic substrate TMB in the presence of H₂O₂ was used (Figure 2A). As shown in Figure 2B, the colorless TMB solution rapidly changed into dark blue with the introduction of the Fe₃O₄@C/Ni nanocomposites, where a characteristic absorbance at 652 nm appeared, similar to that of horseradish peroxidase (HRP). In contrast, in the presence of either Fe₃O₄@C/Ni or H₂O₂ alone, it showed almost no visible color change or characteristic absorption peak at 652 nm under the same conditions. These results successfully confirmed an intrinsic peroxidase-mimicking activity of the Fe₃O₄@C/Ni nanocomposites.

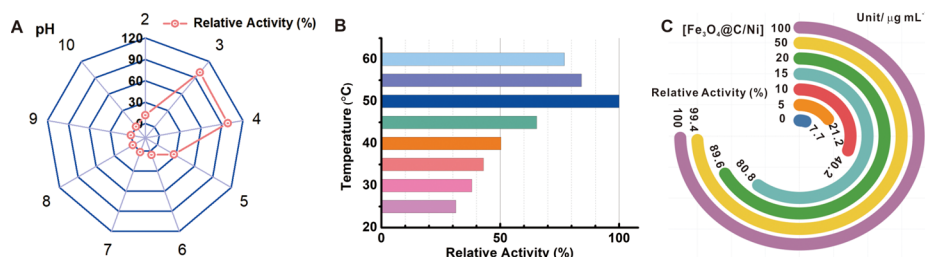


Figure 3. Dependence of the peroxidase-like activity of the $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites on pH (A), temperature (B), and nanocatalyst concentration (C).

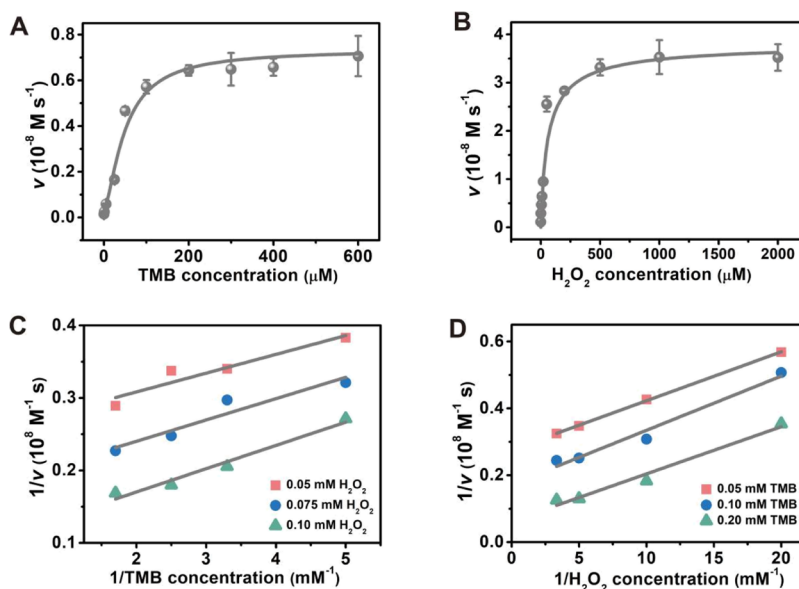


Figure 4. Steady-state kinetic assays of the $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites. (A) Velocity of the reaction changes by varying TMB concentrations while keeping the concentration of H_2O_2 at 0.05 mM. (B) Velocity of the reaction changes by varying H_2O_2 concentrations while keeping the concentration of TMB at 0.05 mM. (C) Lineweaver–Burk plots obtained against TMB when H_2O_2 was fixed at three levels (0.05, 0.075, and 0.10 mM). (D) Lineweaver–Burk plots obtained against H_2O_2 when TMB was fixed at three levels (0.05, 0.10, and 0.20 mM).

Moreover, the catalytic activity of $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites was compared with that of other iron oxide-based 1D nanomaterials. As shown in Figure 2C, the as-prepared $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites showed the highest peroxidase-like activity with a maximum absorbance at 652 nm. To better evaluate the catalytic effects, we defined the relative signal change A/A_0 , where A represents the absorbance at 652 nm in the presence of nanocatalysts and A_0 corresponds to the absorbance at 652 nm of the blank sample. Interestingly, it was found that the $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites produced a relative signal change as high as ~ 16 -fold, which was much larger than that of the $\text{Fe}_3\text{O}_4\text{@C}$ nanowire (NW) (~ 12 -fold) (Figure 2D), suggesting that anchored Ni NPs enhanced the catalytic efficiency of $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites.⁵⁵ Moreover, either the reaction intermediate FeOOH@PDA/Ni^{2+} or $\text{Fe}_3\text{O}_4\text{@SiO}_2\text{@C/Ni}$ nanocomposites gave an even smaller catalytic response. The results demonstrated that Fe_3O_4 and carbon play the crucial roles in the enzyme-mimicking activity, while the addition of the SiO_2 shell goes against the peroxidase-like activity. We speculated that the outstanding peroxidase-mimicking catalytic ability arose from the synergistic effects of Fe_3O_4 , carbon, and Ni NPs, along with the hollow, aligned, and hierarchically porous architectures, which could speed up the electron transfer and produce more active radical species on the surface of the nanomaterial.⁵⁶ Eventually,

it resulted in a significant enhancement of peroxidase-mimicking ability of the $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanozyme and acceleration of the electron transfer in the biosensing process.

Similar to other nanomaterial-based enzyme mimics, the enzyme-mimicking property of the $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites was also dependent on pH, temperature, and concentration of the nanocatalyst. As shown in Figure 3A,B, the catalytic activity of the $\text{Fe}_3\text{O}_4\text{@C/Ni}$ nanocomposites was investigated in different pH buffers from 2.0 to 10.0 and at temperatures from 25 to 55 °C. Notably, either the absorbance (Figure 3A) or color change (Figure S4) showed a maximum change in the pH range from 3.0 to 4.0. In view of the leaching of the iron ions from Fe_3O_4 NPs at a low pH (≤ 3.0),⁵⁷ we selected pH 4.0 as the optimal reaction medium. In addition, the catalytic activity increased with the temperature and reached the maximum at 55 °C (Figure 3B). Figure 3C shows that the catalytic oxidation reaction toward TMB was also dependent on the concentration of the nanocatalyst. The absorbance gradually increased with the concentration, followed by a gentle trend above $50 \mu\text{g mL}^{-1}$. Thus, the 0.2 M acetate buffer at pH 4.0, a temperature of 55 °C, and $50 \mu\text{g mL}^{-1}$ nanocatalyst were selected as the optimal conditions.

Kinetic Analysis and the Catalytic Mechanism. To gain a deep understanding of the catalytic mechanism, enzyme kinetic models and methods were employed to investigate the

catalytic activity of the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites. Steady-state reaction assays were carried out by varying the concentration of one substrate while keeping the concentration of the other constant. As shown in Figure 4A,B, the reciprocal of the reaction rate versus the concentration of the substrate was plotted, with TMB and H_2O_2 as substrates within a certain range, which followed the typical Michaelis–Menten curve. Then, the Lineweaver–Burk double reciprocal plots were fitted against one substrate when the other was fixed at three different levels (Figure 4C,D). By comparing with the natural enzyme HRP and other nanocatalysts, apparent kinetic parameters such as Michaelis–Menten constant (K_m) and maximal initial velocity ($V_{\max}$) were determined according to the Lineweaver–Burk equation. As is well known, K_m is considered as an indicator of enzyme affinity toward the substrate. A low K_m indicates high affinity to the substrate and vice versa. As illustrated in Table 1, when H_2O_2 was used as a

Table 1. Comparison of the Kinetic Parameters with Natural Enzyme and Other Nanocatalysts

catalyst	substrate	K_m (mM)	$V_{\max}$ (10^{-8} M s^{-1})
$\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ NW	TMB	0.10	3.90
	H_2O_2	0.059	3.62
HRP ³³	TMB	0.434	10
	H_2O_2	3.7	8.71
Fe_3O_4 NP ³³	TMB	0.098	3.44
	H_2O_2	154	9.78
$\text{Fe}_3\text{O}_4@\text{C}$ NW ⁴²	TMB	0.20	1.34
	H_2O_2	0.23	2.41

substrate, the Michaelis–Menten constant value of the as-prepared $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ was 62 times lower than that of HRP. In comparison with Fe_3O_4 NP and $\text{Fe}_3\text{O}_4@\text{C}$ NW, $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ also exhibited an ~ 2610 -fold and 3-fold decrease in the K_m value, respectively. Moreover, $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ showed higher or comparable affinity toward TMB in comparison with HRP or other nanocatalysts. The results demonstrated strong affinity of $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ toward both H_2O_2 and TMB, demonstrating an ultrasensitive detection potential in biomedical applications. Furthermore, the slopes of the fitted lines in Figure 4C,D were parallel, revealing a ping-pong mechanism.

Colorimetric Detection of H_2O_2 and Cholesterol. H_2O_2 acts as an important signaling molecule in cells and is involved in many biological processes. On the basis of the excellent enzyme-mimicking properties of the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocatalyst, a simple and label-free colorimetric assay for H_2O_2 detection was developed. Figure 5A shows that the characteristic absorbance at 652 nm continuously increased with the

increasing concentration of H_2O_2 . Meanwhile, the color change from colorless to deep blue toward the oxidation of TMB was also observed, with a visual limit of detection (LOD) at 10 μM . Moreover, a linear response ranging from 1 to 50 μM ($R^2 = 0.993$) was observed, with a detection limit of 48 nM, considering the 4σ of a target-blank sample (Figure 5B).

The simple, rapid, and accurate monitoring of the cholesterol level is very pivotal for disease control and prevention. Therefore, a label-free, ultrasensitive, and highly selective strategy to determine cholesterol is desirable for point-of-care diagnosis. Herein, inspired by the peroxidase-like activity of the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposite, we developed a facile colorimetric cholesterol assay by incorporating cholesterol oxidase and the TMB chromogenic reaction (Figure 6A). In a typical procedure, cholesterol oxidase catalyzes the oxidation of cholesterol into cholest-en-3-one in a PBS buffer (pH 7.4). Meanwhile, oxygen is converted to H_2O_2 . Subsequently, the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocatalyst catalyzes the substrate TMB by in situ produced H_2O_2 . As illustrated in Figure 6B, varying concentrations of cholesterol were quantitatively determined through the absorbance changes at 652 nm. The absorbance increased with the increasing concentration of cholesterol, which generated a color variation by visual identification as low as 5 μM . The inset in Figure 6B shows that the absorbance exhibited a linear correction to the concentration of cholesterol ($R^2 = 0.997$) from 5 to 200 μM with a relatively low detection limit of 0.17 μM . By comparison with the nanomaterial-based biosensors for H_2O_2 and cholesterol, our proposed biosensor demonstrated excellent analytical performance, which was more sensitive than or comparable to that of previously reported nanomaterial-based bioassays (Table 2).

To examine the selectivity of the proposed assay, common small molecules, such as glucose, ascorbic acid, glycine, and histidine, were selected as possible interferents. It was found that the absorbance was maintained as low as the background level even if the concentration of the interferent was 20 times as high as that of cholesterol (Figure 6C). Meanwhile, from the inset in Figure 6C, the color difference could be easily visualized with the naked eye.

To explore the practical applications of our proposed biosensor, the determination of the total cholesterol content was performed in 50-fold diluted human serum samples. After pretreating the serum samples as per previous reports, the samples were determined, and recovery experiments were analyzed in Table 3. This revealed that the average recoveries of three spiked human serum samples for cholesterol ranged from 93 to 104% as well as a good precision of the relative

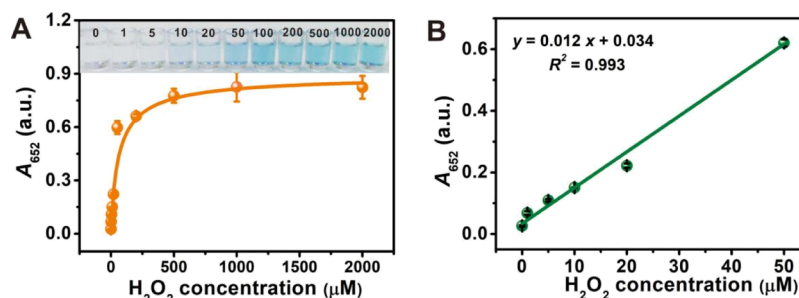


Figure 5. (A) Plot of the absorbance change at 652 nm vs the concentration of H_2O_2 from 1 to 2000 μM . The inset photograph shows the colored TMB solution with varying concentrations of H_2O_2 . (B) Linear calibration curve for H_2O_2 determination.

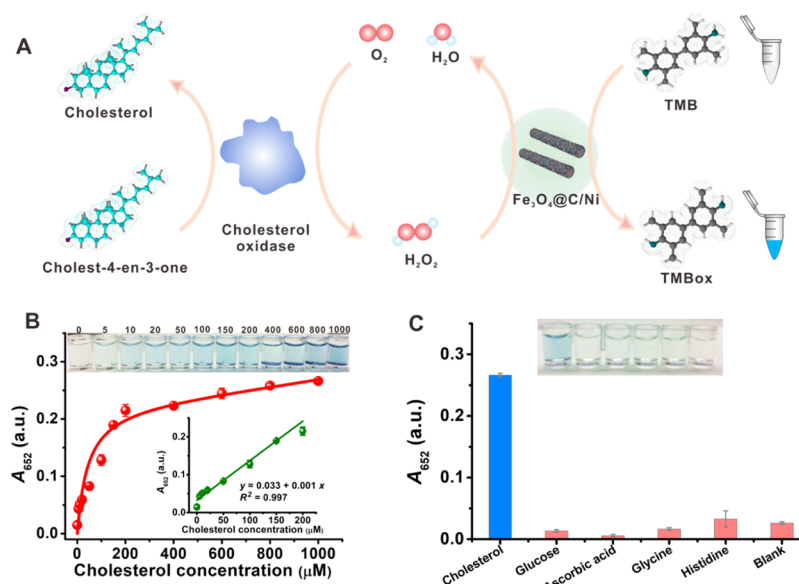


Figure 6. (A) Schematic representation of the colorimetric assay for cholesterol determination based upon Fe₃O₄@C/Ni catalysis. (B) Plot of the absorbance change at 652 nm vs the concentration of cholesterol from 5 to 1000 μM. The inset photograph shows the colored TMB solution with varying concentrations of cholesterol. The inset shows the linear calibration curve of cholesterol concentration. (C) Selectivity analysis for cholesterol detection. The inset photograph shows the corresponding visual color change. The concentrations were as follows: 1 mM cholesterol, 20 mM glucose, 20 mM ascorbic acid, 20 mM glycine, 20 mM histidine, and the blank sample. The error bars represent the standard deviations of three measurements.

Table 2. Comparison of Various Nanomaterial-Based Biosensors for H₂O₂ and Cholesterol^a

target	detection techniques	nanomaterial	linear range	LOD	refs
H ₂ O ₂	EC	Fe ₃ O ₄ @Ag nanocomposites	0.5–20 μM	0.16 μM	58
H ₂ O ₂	colorimetry	FePt–Au hybrid NPs	20–700 μM	12.33 μM	59
H ₂ O ₂	FL	MnO ₂ nanosheets–FAM complex	1–200 μM	0.33 μM	5
H ₂ O ₂	SPR	bio@AgNP nanohybrids	30–1000 μM	73.50 μM	6
	FL		30–1000 μM	93.50 μM	
H ₂ O ₂	EC	AuPt/ZIF-8-rGO	100 nM–18 mM	19 nM	7
H ₂ O ₂	EC	Fe–Nx-doped graphitic nanocages	1–5000 μM	0.53 μM	60
H ₂ O ₂	colorimetry	Fe ₃ O ₄ @C/Ni nanotubes	1–50 μM	48 nM	this work
cholesterol	CL	Cu nanoclusters	0.05–10 mM	1.5 μM	61
cholesterol	colorimetry	boron nitride nanosheet@CuS nanohybrids	10–100 μM	2.9 μM	62
cholesterol	FL	MnO ₂ nanosheets–FAM complex	1–300 μM	0.33 μM	5
cholesterol	SPR	bio@AgNP nanohybrids	1–40 μM	8.16 μM	6
	FL		1–40 μM	5.50 μM	
cholesterol	colorimetry	MXene–Ti ₃ C ₂ /CuS nanocomposites	10–100 μM	1.9 μM	63
cholesterol	colorimetry	Mo, S codoped carbon quantum dots	10–600 μM	7 μM	64
cholesterol	colorimetry	Fe ₃ O ₄ @C/Ni nanotubes	5–200 μM	0.17 μM	this work

^aEC: electrochemistry. FL: fluorescence. CL: chemiluminescence.

Table 3. Determination Results of Cholesterol in Human Serum Samples via Our Proposed Method

sample	original amount (μM)	added (μM)	found (μM)	recovery (%)	RSD (%)
1	106	0	102	96	3.16
		4	108	98	3.56
		10	112	94	2.91
		20	130	103	1.41
2	98	0	94	95	4.16
		4	98	93	4.22
		10	112	104	3.37
		20	114	96	1.98

standard deviation (RSD) of less than 5%. It suggested that the Fe₃O₄@C/Ni-based colorimetric assay demonstrated wide potential applications in cholesterol determination in real serum samples.

By comparison with other reported cholesterol biosensors, our bioassay possesses several significant advantages. First of all, the proposed cholesterol biosensor is a label-free colorimetric assay, not requiring any complicated biomolecular labeling or sophisticated instrumentation. Second, the as-prepared Fe₃O₄@C/Ni nanocatalyst shows high affinity toward the substrate and an enhanced catalytic activity, thus enabling an ultrasensitive detection of blood cholesterol. In addition, for the bioassay, the cholesterol level could be directly determined with the naked eye, which was very easy and helpful for daily uses. Therefore, this simple, cost-effective,

and easy-to-operate method for cholesterol determination is attractive for point-of-care testing.

CONCLUSIONS

In summary, we fabricated 1D core-shell $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites with low cost, good water dispersion, magnetic nature, and good biocompatibility via a simple and green solvothermal synthesis. The rationally designed $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites showed a superior peroxidase-like activity and high affinity toward two substrates, TMB and H_2O_2 , benefiting from the synergetic effect of Fe_3O_4 , carbon, and Ni nanozymes as well as the hierarchically porous and hollow nanostructures. On the basis of the catalytic activity, coupling with the cholesterol oxidase reaction, we developed a label-free, cost-effective, and reliable colorimetric assay for cholesterol determination. The proposed biosensor presented ultrahigh sensitivity as well as good selectivity toward cholesterol determination. Moreover, the cholesterol level could be monitored by the naked eye, without any special instrumentation, which was appropriate for point-of-care service. Moreover, the total cholesterol content in human serum samples has been determined by our proposed sensor with satisfactory results. We envision that this colorimetric strategy holds promising potential in medical diagnostics and biocatalysis.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsabm.0c00588>.

XRD spectrum, XPS spectra, magnetization curve, and nitrogen adsorption-desorption isotherms of the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites and photograph of TMB solutions in varying pH in the presence of the $\text{Fe}_3\text{O}_4@\text{C}/\text{Ni}$ nanocomposites (PDF)

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Notes

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