

Special Section: Cannabinoid Signaling in Human Health and Disease—Minireview

Analgesic Properties of Next-Generation Modulators of Endocannabinoid Signaling: Leveraging Modern Tools for the Development of Novel Therapeutics

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Received January 11, 2024; accepted June 3, 2024

ABSTRACT

Targeting the endocannabinoid (eCB) signaling system for pain relief is an important treatment option that is only now beginning to be mechanistically explored. In this review, we focus on two recently appreciated cannabinoid-based targeting strategies, treatments with cannabidiol (CBD) and α/β -hydrolase domain containing 6 (ABHD6) inhibitors, which have the exciting potential to produce pain relief through distinct mechanisms of action and without intoxication. We review evidence on plant-derived cannabinoids for pain, with an emphasis on CBD and its multiple molecular targets expressed in pain pathways. We also discuss the function of eCB signaling in regulating pain responses and the therapeutic promises of inhibitors targeting ABHD6, a 2-arachidonoylglycerol (2-AG)-hydrolyzing enzyme.

Finally, we discuss how the novel cannabinoid biosensor GRAB_{eCB2.0} may be leveraged to enable the discovery of targets modulated by cannabinoids at a circuit-specific level.

SIGNIFICANCE STATEMENT

Cannabis has been used by humans as an effective medicine for millennia, including for pain management. Recent evidence emphasizes the therapeutic potential of compounds that modulate endocannabinoid signaling. Specifically, cannabidiol and inhibitors of the enzyme ABHD6 represent promising strategies to achieve pain relief by modulating endocannabinoid signaling in pain pathways via distinct, nonintoxicating mechanisms of action.

Analgesic Properties of Cannabinoids

Chronic pain is a prevalent and debilitating condition that profoundly affects the quality of life for millions of individuals worldwide. Current treatment options, including opioids, nonsteroidal

anti-inflammatory drugs, and targeted neuropathic pain medications, such as tricyclic antidepressants, gabapentinoids, and serotonin and norepinephrine reuptake inhibitors, often exhibit limited efficacy and induce adverse effects (Szok et al., 2019). Therefore, there is an urgent need to explore novel therapeutic mechanisms and strategies for pain relief.

Cannabis is a plant genus that originated in central Asia, and its use results in a wide range of behavioral changes in humans, with reports of its medical use dating back to 2737 BC in China (Ben Amar, 2006). Behavioral changes induced by *Cannabis* use include 1) recreational effects, including altered perceptions of time, euphoria, hallucinations, and dissociation (altogether referred to as “feeling high”), 2) medicinal effects, in particular analgesic, antiemetic, anticonvulsant, and sedative effects, and

This work was supported by National Institutes of Health National Institute of Neurological Disorders and Stroke [Grant NS118130] (to N.S.); National Institute on Drug Abuse [Grant DA047626] (to N.S.), [Grant DA033396] (to M.R.B.), [Grant AT011524] (to B.B.L.), and [Grant 5T32DA007278-30] (to K.J.E.); and National Institute of General Medical Sciences [Grant T32GM007750] (to S.S.). This work was also supported by the University of Washington Center of Excellence in Opioid Addiction Research/Molecular Genetics Resource Core [Grant P30DA048736].

No author has an actual or perceived conflict of interest with the contents of this article.

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dx.doi.org/10.1124/jpet.124.002119.

ABBREVIATIONS: 2-AG, 2-arachidonoylglycerol; ABHD6, α/β -hydrolase domain containing 6; ACC, anterior cingulate cortex; AEA, N-arachidonylethanolamine; CB₁R, type 1 CBR; CB₂R, type 2 CBR; CBD, cannabidiol; CBR, cannabinoid receptor; cpGFP, circularly permuted green fluorescent protein; eCB, endocannabinoid; GlyR, glycine receptor; GRAB_{eCB2.0}, G protein-coupled receptor activation-based eCB2.0; MAGL, monoacylglycerol lipase; NAM, negative allosteric modulator; PAG, periaqueductal gray; Phyto-CB, phyto-cannabinoid; THC, Δ^9 -tetrahydrocannabinol; TRPV1, transient receptor potential cation channel subfamily V member 1.

3) select adverse effects, such as paranoia, anxiety, memory impairment, and other symptoms of intoxication (Alexander, 2016; LaFrance et al., 2020; Dos Reis Rosa Franco et al., 2021).

Original studies on the efficacy of *Cannabis* at inducing behavioral changes led to the identification of its bioactive compounds, or phyto-cannabinoids (phyto-CB) (Mechoulam and Gaoni, 1965). Phyto-CBs are a class of lipophilic, 21-carbon polyketides, the most abundant of which are Δ^9 -tetrahydrocannabinol (THC) and cannabidiol (CBD), depending on the strain (Bow and Rimoldi, 2016; Mudge et al., 2018; Dos Reis Rosa Franco et al., 2021; Smith et al., 2022). THC and CBD bind to and modulate the molecular machinery that forms the endocannabinoid (eCB) signaling system, which encompasses the cannabinoid receptors (CBRs) that bind select phyto-CBs at their orthosteric site, the endogenously produced eCBs that also act at the orthosteric site of CBRs, and finally the biosynthetic and degradative enzymes that regulate eCB levels (Di Marzo and Piscitelli, 2015). The best-characterized eCBs are N-arachidonylethanolamine (AEA) and 2-arachidonoylglycerol (2-AG), which differ from one another in several key characteristics, including their relative abundances in the brain, biosynthetic mechanisms, pharmacodynamic properties at their respective target proteins, and how they are inactivated (Lu and Mackie, 2016). The amount of eCBs that reach and activate CBRs is regulated by at least five mechanisms: 1) eCB production (Di Marzo et al., 1994; Stella et al., 1997), 2) the number and functional coupling of CBRs (McKinney et al., 2008), 3) fatty acid binding proteins that shuttle eCBs from their site of synthesis to CBRs (Fowler, 2013), 4) clearance of extracellular eCBs by uptake through plasma membranes (Nicolussi and Gertsch, 2015), and 5) eCB inactivation by enzymatic hydrolysis (Cao et al., 2019; Stella, 2023). Thus, CBR activation, either with phyto-CBs or by enhancing eCB levels via inhibition of their hydrolysis, modulates multiple physiological processes, inducing pain responses as shown in pre-clinical mouse models.

Phyto-CBs as Analgesics

It is thought that the original and oldest therapeutic use of THC was for its analgesic properties for the treatment of chronic pain (Buxbaum, 1972; Fisher et al., 2019). We now know that acute THC treatment is 1) analgesic in preclinical rodent models of both pathological and injury-related persistent pain and 2) results in greater analgesia compared with placebo in human patients suffering from chronic pain (Almog et al., 2020). It is important to emphasize that THC binds to the orthosteric binding site of type 1 and type 2 CBRs (CB₁Rs and CB₂Rs, respectively), where it acts as a partial agonist and can compete with the bioactivity of eCBs. Thus, free CB₁R and CB₂R are activated by THC with moderate efficacy, whereas CB₁R and CB₂R signaling stimulated by localized, activity-dependent increases in eCBs may be reduced by THC competing for the same binding site and therefore acting as an antagonist (Shen and Thayer, 1999; Kelley and Thayer, 2004; Straiker and Mackie, 2005; Roloff and Thayer, 2009).

Relevant to the analgesic properties of THC, the CB₁R and CB₂R have distinct roles in pain processing due in part to differences in their expression profiles. The CB₁R is predominantly expressed by neurons, whereas the CB₂R is expressed at low levels in the healthy brain and mostly by endothelial

cells forming the blood brain barrier as well as by immune cells, such as microglia (Vendel and de Lange, 2014; Chung et al., 2016). CB₂R expression is greatly upregulated under select pathological states, including in rodent models of chronic pain (Zhang et al., 2003; Atwood and Mackie, 2010; Xu et al., 2023). Although both genetic and pharmacological evidence indicate that CB₂R directly regulates neuronal functions, its expression by neurons and astrocytes remains inconclusive because of the absence of reagents such as selective antibodies (Van Sickle et al., 2005; Eraso-Pichot et al., 2023). CB₂R signals through G_{i/o} and β -arrestin in microglia and oligodendrocytes, and evidence suggests that it can signal through G_q in endothelial cells (Zoratti et al., 2003; Stella, 2010). Thus, THC's bioactivity mediated by CB₂R includes glial cell activation and endothelial cell function, and we still do not know whether modulation of neuronal activity is direct or indirect through these cell types.

CBD also induces analgesia yet through different molecular mechanisms. For example, CBD modulates CB₁R signaling as a negative allosteric modulator (NAM), although its direct binding to CB₁R has still not been demonstrated (Laprairie et al., 2015; Shahbazi et al., 2020; Jakowiecki et al., 2021). In line with this premise, CBD reduces eCB-stimulated CB₁R activity without influencing basal/tonic CB₁R signaling (Thomas et al., 2007; Laprairie et al., 2015). The analgesic properties of CBD are dose dependent and require relatively high doses. For example, in humans, CBD (300 mg/day orally) prevents acute and transient chemotherapy-induced peripheral neuropathy, but CBD (30 mg/kg) does not affect pain linked to irritable bowel syndrome (Nielsen et al., 2022; van Orten-Luiten et al., 2022). Acute CBD in rodents yields mixed results that depend on both the type of pain model studied and the dosing regimen of CBD that was tested. In a meta-review of the literature for animal models, acute CBD significantly attenuates pain-associated behaviors in neuropathic pain models but yields mixed results in inflammatory pain models (Soliman et al., 2021). This is a significant result given that CBD has been showed to reduce inflammation (Burstein, 2015). Chronic or subchronic dosing of CBD also appears to be effective in alleviating pain. Specifically, we showed that 3-week treatment of CBD formulated in gelatin using a voluntary oral consumption paradigm attenuated chronic neuropathic pain-induced allodynia in mice, with a weaker effect measured for thermal hyperalgesia (Abraham et al., 2020). Thus, the pain modality and the dose and duration of CBD administration play important roles in establishing CBD's analgesic efficacy and should be validated in human placebo-controlled trials by measuring specific pain responses. Thus, THC and CBD modulate the eCB signaling system and induce pain relief through different MOAs, which emphasizes the need to better understand their effects in distinct cell types within pain pathways.

Pain Processing in the Central Nervous System

Pain has both sensory and affective components. When a noxious stimulus is presented, nociceptors expressed by multiple peripheral cells send this information to sensory neurons in the dorsal root ganglia, which then synapse onto laminae in the dorsal spinal cord (Fig. 1) (Kuner, 2010; Yam et al., 2018). Projection neurons in the ascending pain pathway then send this information to many brain areas, including the thalamus, amygdala, and anterior cingulate cortex (ACC), among

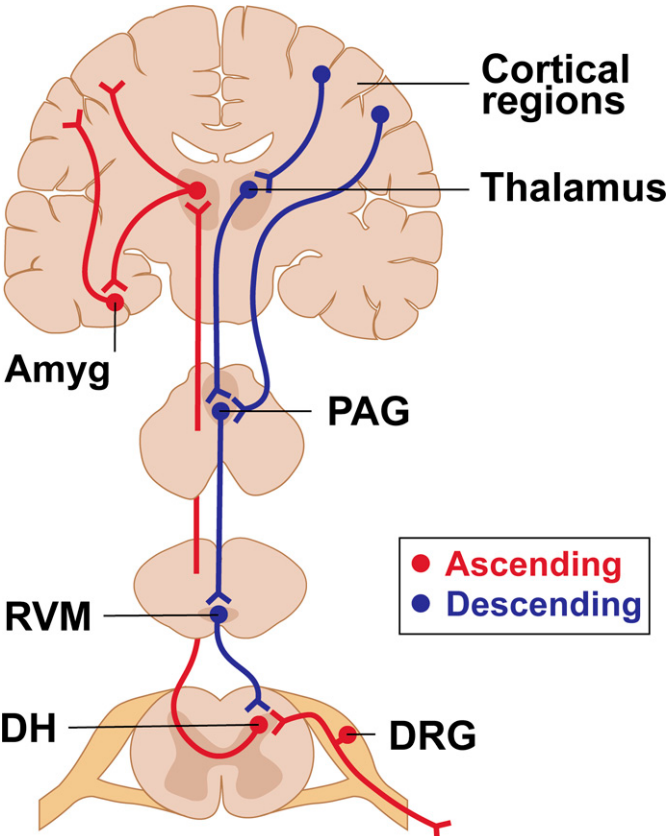


Fig. 1. Anatomical pain pathway. Ascending (red) and descending (blue) pathways involved in pain responses are depicted. Painful stimuli information enters the spinal cord dorsal horn through primary afferent fibers in the dorsal root ganglion (DRG) that synapse onto transmission neurons located in the dorsal horn (DH). Ascending information travels to the thalamus, where it is relayed to the amygdala (Amyg) and cortical regions. Information then travels through the descending pathway, which includes brain regions such as the thalamus, PAG, and rostral ventromedial medulla (RVM). The RVM sends projections back to the DH in the spinal cord. Projections throughout this pathway modulate pain inputs and can be targeted for pain relief.

others. Following higher-level processing within the cortex, neurons that make up the descending pain pathway send the information to the thalamus, periaqueductal gray (PAG), rostral ventromedial medulla, and, eventually, back to the dorsal horn. Under chronic pain conditions, both central and peripheral sensitization occurs as well as abnormalities in nociceptive modulation (Cui et al., 2023; Walters et al., 2023). The multiple CBD targets mentioned below are differentially expressed by various cell types throughout this pain pathway and are thought to mediate CBD’s ability to modulate and intercept pain signaling at both the spinal and supraspinal level.

Targets of CBD Involved in Pain Modulation

CBD exhibits a far broader poly-pharmacology profile compared with THC, with only a few overlapping molecular targets. In this section, we focus on those most relevant targets bound by CBD and relevant to pain (Fig. 2; Table 1). For example, CBD antagonizes GPR55, a G protein-coupled receptor involved in regulating multiple processes, including cell division, neuronal pathfinding during development, and neurotransmission

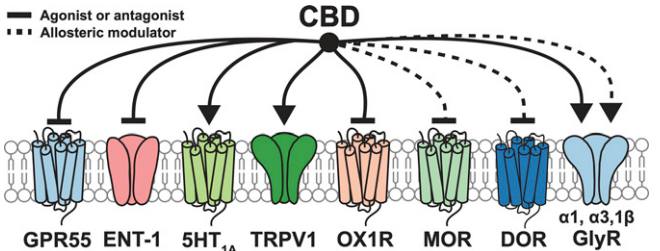


Fig. 2. Receptor targets of CBD that produce analgesia. CBD is an antagonist at G protein-coupled receptor 55 (GPR55) and orexin 1 receptors type 1 (OX1R); a negative allosteric modulator of μ -opioid receptors (MOR) and of δ -opioid receptors (DOR); a blocker of the equilibrative nucleoside transporter-1 (ENT-1) transporters; an agonist at transient receptor potential vanilloid type 1 (TRPV1), serotonin receptor 1 A (5-HT_{1A}), and α 1 and β GlyRs; and a positive allosteric modulator of α 3 GlyR.

in the adult brain (Ross, 2009; Hill et al., 2018). By antagonizing GPR55’s endogenous activation via lysophosphatidyl inositol, CBD increases GABAergic inhibitory transmission (Sylantsev et al., 2013; Devinsky et al., 2017; Kaplan et al., 2017; Chuang et al., 2021). GPR55 is highly expressed throughout the central nervous system (Ryberg et al., 2007; Henstridge et al., 2011; Wu et al., 2013), including areas important for pain response processing, such as the PAG (Deliu et al., 2015) and the ACC (Okine et al., 2020). Accordingly, blocking GPR55 action within the PAG activates the descending pain pathway to mitigate neuropathic pain in rats (Armin et al., 2021), whereas activating GPR55 within the PAG reduces the nociceptive threshold in the hot-plate test in rats (Deliu et al., 2015). Additionally, localized microinjections of the GPR55 antagonist CID16020046 into the ACC induces analgesia in a rat formalin test (Okine et al., 2020). GPR55-knockout mice have reduced mechanical pain hypersensitivity in a model of spinal cord compression (Ono et al., 2023), and antagonizing GPR55 in the spinal cord of mice in chronic neuropathic pain has an antiallodynic affect (Zúñiga-Romero et al., 2022). Together, this evidence suggests a predominant role for GPR55 in mediating supraspinal pain processing (Table 1) (Sylantsev et al., 2013; Okine et al., 2020).

CBD modulates the activity of multiple ion channels, including GABA_AR (Rudolph and Knoflach, 2011; Sigel et al., 2011; Golovko et al., 2014; Bakas et al., 2017; Anderson et al., 2019; Cao et al., 2019) and transient receptor potential cation channel subfamily V member 1 (TRPV1), both of which mediate

TABLE 1
Pharmacological profile of CBD at receptors related to analgesia

Receptor	Action	EC ₅₀ or IC ₅₀ (μM)	Reference
GPR55	Antagonist	0.445	Ryberg et al., 2007
α 1 GlyR	Agonist	12.3	Ahrens et al., 2009
α 3 GlyR	PAM	N.D.	Xiong et al., 2012
β GlyR	Agonist	18.1	Ahrens et al., 2009
ENT-1	Antagonist	0.122	Carrier et al., 2006
OX1R	Antagonist	4.2	Vitale et al., 2021
TRPV1	Agonist	1–3.5	Bisogno et al., 2001; De Petrocellis et al., 2011
5HT _{1A}	Agonist	N.D.	Russo et al., 2005
MOR	NAM	8–12	Kathmann et al., 2006
DOR	NAM	8–12	Kathmann et al., 2006

5-HT_{1A}, serotonin receptor 1 A; DOR, δ -opioid receptor; ENT-1, equilibrative nucleoside transporter-1; GlyR, glycine receptor; GPR55, G protein-coupled receptor 55; MOR, μ -opioid receptor; N.D., no data; OX1R, orexin 1 receptor type 1; PAM, positive allosteric modulator; TRPV1, transient receptor potential vanilloid type 1.

pain responses in rat models of acute inflammation (Costa et al., 2004; Campos and Guimarães, 2009). TRPV1 is primarily expressed in sensory neurons involved in the pain pathway and within supraspinal brain regions in the descending pain pathway (Mezey et al., 1999; Szabo et al., 2002; Tóth et al., 2005). Cell culture studies indicate that CBD activates and then desensitizes TRPV1, ultimately reducing nociceptive transmission mediated by these ligand-gated channels (Bisogno et al., 2001; Iannotti et al., 2014). In rodents, CBD exhibits several TRPV1-dependent effects, including reversal of mechanical and thermal allodynia, hyperalgesia, and anxiety behaviors in a neuropathic pain model (De Gregorio et al., 2019; Silva-Cardoso et al., 2021). Because of the bimodal role that TRPV1 channels have in regulating pain (i.e., activation of TRPV1 in the ascending pain pathway is nocifensive, whereas activation of TRPV1 in the descending pain pathway is antinociceptive), it stands to reason that CBD acts primarily on the descending pain pathway and, more likely, is working in concert with other receptors to produce its affects.

CBD is a competitive inhibitor of the equilibrative nucleoside transporter-1, which is responsible for terminating extracellular adenosine signaling (Carrier et al., 2006; Hinton et al., 2014; Pastor-Anglada and Pérez-Torras, 2018). Therefore, inhibition of this transporter by CBD decreases adenosine reuptake by neurons and glia, thereby increasing extracellular adenosine levels and A_{2A} receptor activation (Carrier et al., 2006). A_{2A} receptors are expressed throughout the body and play a significant role in mediating pain (Lee et al., 2003). For example, an A_{2A} receptor agonist delivered intrathecally into the lumbar region of the spinal cord alleviates chronic pain-induced allodynia and hyperalgesia in a rat model (Loram et al., 2013). CBD acts as an anti-inflammatory agent in an acute lung injury model, and this effect is also blocked by an A_{2A} receptor antagonist (here, ZM241385) (Ribeiro et al., 2012). Together, this evidence suggests that CBD's ability to modulate adenosine signaling may involve regulation of adenosine signaling.

Additional targets for CBD include serotonin and glycine receptors. The serotonergic system is involved in mediating pain responses, and serotonin-1a (5HT_{1a}) receptor activity is modulated by CBD (Russo et al., 2005). For example, CBD inhibits paclitaxel-induced neuropathic pain and has antiallodynic effects in streptozotocin-induced diabetic rats that are 5HT_{1a} dependent (Ward et al., 2015; Jesus et al., 2019). Glycine receptors (GlyRs) within the spinal cord are implicated in regulating chronic pain (Harvey et al., 2004; Ahrens et al., 2009; Chiu et al., 2016; Imlach et al., 2016; Aaltonen et al., 2020). CBD acts as a positive allosteric modulator at the $\alpha 3$ GlyR, enhancing glycine-mediated currents to decrease nociceptive excitability in the spinal cord (Xiong et al., 2012) and as an agonist at the $\alpha 1$ GlyR and β GlyR⁸⁹.

Additional targets localized at the plasma membrane are modulated by CBD. Computational and cell culture evidence suggests that CBD is an antagonist at orexin 1 receptors (Vitale et al., 2021). CBD acts as a NAM at μ - and δ -opioid receptors, although these effects only occur at high micromolar concentrations (Kathmann et al., 2006; Vitale et al., 2021). CBD inhibits currents mediated by the voltage-gated sodium channel Nav1.4, although these also occur at high concentrations and were only reported in cells in culture (Ghovanloo et al., 2018; Huang et al., 2021).

Most recently, several intracellular targets modulated by CBD were identified. Through elegant molecular and behavioral studies, Wang et al. (2023) demonstrate that CBD blocks FKBP5 and reduces neuroinflammation involved in pain. Furthermore, the voltage-dependent anion channel 1 expressed by mitochondria is inhibited by CBD (Rimmerman et al., 2013).

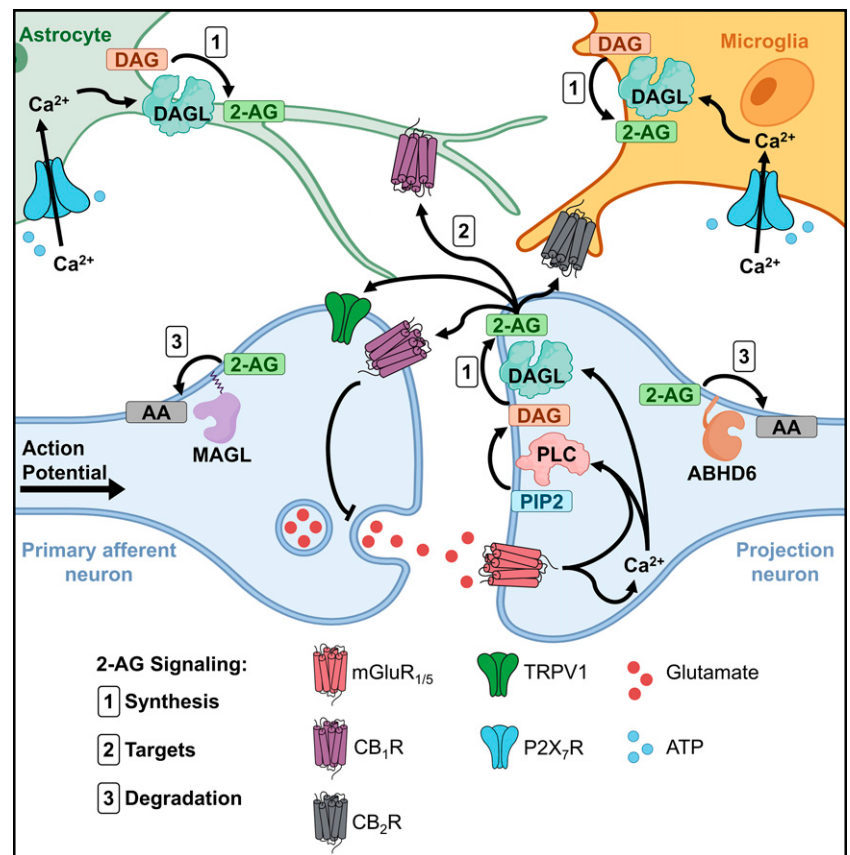
The large number of molecular targets modulated by CBD that are implicated in analgesia highlight the complexity and diversity of CBD's MOAs and suggest that CBD likely exerts its analgesic effect by simultaneously interacting with multiple targets expressed by distinct cell types. For example, microinjection of CBD into the PAG reduced firing rates of ON and OFF cells in the rostroventromedial medulla as well as the downstream descending pain circuit, and these responses are blocked by antagonists of CB₁R (AM251), adenosine A1 (DPCPX), and TRPA1 (AP18) but not TRPV1 receptors (5'-iodo-resiniferatoxin) (Maione et al., 2011). This complexity represents an exciting challenge in CBD research, and future studies will need to consider the expression profile and involvement of these potential CBD targets in pain management. Further characterization of the mechanisms underlying CBD-induced pain relief will then guide medicinal chemistry efforts to either foster this poly-pharmacology or improve selectivity and potency of CBD at select targets.

eCB Signaling: Focus on 2-AG

Although CBD represents the potential of phyto-CBs in achieving pain relief, there is increasing evidence that enhancing signaling of 2-AG and AEA can also modulate pain responses. In fact, some of CBD's analgesic effects may result from enhanced eCB signaling in a receptor-independent manner, including via CBD's binding to fatty acid binding proteins and impairing the shuttling of eCBs to their targets or by CBD's direct inhibition of AEA hydrolysis by the enzyme fatty acid amide hydrolase (Bisogno et al., 2001; Elmes et al., 2015).

To date, the best-characterized eCBs are 2-AG and AEA. The levels of 2-AG in the brain are approximately 100–1000-fold greater than AEA levels in select brain areas (as determined by mass spectrometry in bulk brain tissue) (Buczynski and Parsons, 2010; Zou and Kumar, 2018). Due to 2-AG's abundance and activity at the CB₁R and CB₂R's, 2-AG is often referred to as the predominant eCB in the brain. 2-AG is a monoacylglycerol derivative of the ω -6 polyunsaturated fatty acid arachidonic acid. It is synthesized by neurons and glial cells in an activity-dependent manner, which refers to its on-demand production stimulated by increases in intracellular calcium (Fig. 3) (Hashimoto et al., 2013; Shonesy et al., 2015). For example, increasing intracellular calcium using the calcium ionophore ionomycin, which bypasses receptor activation, is sufficient for increasing 2-AG levels in neurons (Stella et al., 1997; Jung et al., 2005). A more physiologically relevant mechanism involves the activation of the group 1 metabotropic glutamate receptors, which increases calcium-dependent phospholipase C and diacylglycerol lipase activities to produce diacylglycerol, which is a precursor for 2-AG synthesis (Shonesy et al., 2015; Baggelaar et al., 2018). Accordingly, decreasing intracellular calcium with BAPTA-AM or by depletion of intracellular calcium stores using the sarco/endoplasmic reticulum Ca^{2+} -ATPase inhibitor thapsigargin decreases receptor-dependent 2-AG synthesis (Robbe et al., 2002; Jung et al., 2005; Kellogg et al., 2009).

Fig. 3. Mechanisms regulating 2-AG signaling between neurons and glia. 2-AG signaling in regions associated with pain processing, such as the dorsal horn, can be divided into three processes: 1) 2-AG is synthesized by neurons and glia in an activity dependent manner, which relies on increases in cytosolic calcium either by opening of ionotropic receptors, such as P2X₇ receptors (P2X₇R) in astrocytes and microglia, or through activation of metabotropic receptors, such as group I metabotropic glutamate receptors (mGluR_{1/5}). 2) 2-AG activates multiple targets (i.e., CB₁R, CB₂R, and TRPV1) expressed by both neurons and glia to modulate neurotransmission and neuroinflammation. 3) 2-AG signaling is terminated by hydrolases (i.e., ABHD6 and MAGL), which hydrolyze 2-AG to produce arachidonic acid (AA) and glycerol (not shown). ABHD6 and MAGL have distinct subcellular localizations, with ABHD6 predominantly expressed in postsynaptic neurons and MAGL predominantly expressed in presynaptic terminals.



Following its synthesis, 2-AG can act at multiple targets to modulate neurotransmission and inflammation. Both neurons and glial cells express 2-AG synthesis and inactivation enzymes as well as CBRs (Fig. 3). 2-AG acts as a low-affinity full agonist at both the CB₁R and CB₂R, whereas AEA is a high-affinity partial agonist at CB₁R with low activity at the CB₂R (Zou and Kumar, 2018). 2-AG can also act at non-CBR targets expressed throughout the pain pathway, including as an agonist at TRPV1 and GPR55 and as a positive allosteric modulator of GABA_A receptors (Baggelaar et al., 2018). Thus, 2-AG signaling in the pain pathway may involve multiple receptors expressed in neurons, astrocytes, and microglia that regulate neuronal activity and inflammation. Understanding the molecular mechanisms that regulate 2-AG signaling will further establish 2-AG's role in regulating pain responses and help develop novel therapeutic interventions that modulate 2-AG signaling, in particular inhibitors of 2-AG hydrolysis.

2-AG's hydrolysis represents a pivotal mechanism by which 2-AG's activation of CBR signaling is controlled and terminated. The major enzymes involved in 2-AG hydrolysis in the brain are monoacylglycerol lipase (MAGL) and α/β -hydrolase domain containing 6 (ABHD6), both of which hydrolyze 2-AG to produce arachidonic acid and glycerol (Fig. 3) (Blankman et al., 2007). Despite the shared mechanism of 2-AG hydrolysis, MAGL and ABHD6 differ in several key aspects: 1) their relative expression profile and contribution to 2-AG hydrolysis, 2) their subcellular expression that determines the pool of 2-AG that they regulate, and 3) the physiological consequences resulting from their respective inhibition (Cao et al., 2019).

Specifically, in neurons, MAGL is expressed in the presynaptic terminal, the same cellular compartment as the presynaptic CB₁Rs (Straiker et al., 2009). Considering that MAGL accounts for $\approx 85\%$ of 2-AG hydrolysis in brain homogenates, its genetic deletion and/or chronic inhibition strongly increases 2-AG levels in the brain and triggers cannabimimetic responses, including hypolocomotion and catalepsy as well as CB₁R desensitization (Long et al., 2009; Schlosburg et al., 2010; Viader et al., 2015). Thus, although MAGL inhibitors have been shown to induce analgesia (Jiang et al., 2023), widespread and profound CB₁R activation induced by MAGL inhibitors might limit their clinical use.

ABHD6 accounts for 5% of 2-AG hydrolysis in brain homogenate samples, and its subcellular and specific cell type expression results in more selective and restricted modulation of 2-AG signaling (Blankman et al., 2007). In neurons, it is expressed in postsynaptic terminals, the site of 2-AG synthesis (Straiker et al., 2009; Marrs et al., 2010). Significantly, neither inhibition nor genetic deletion of ABHD6 results in CB₁R-mediated cannabimimetic responses and CB₁R desensitization, and yet still induces, therapeutic benefit in several preclinical models associated with increased neuronal activity and neuroinflammation, including chronic pain (Naydenov et al., 2014; Woodhams et al., 2017; Liktov-Busa et al., 2023; Westenbroek et al., 2023). Thus, ABHD6 inhibition allows localized potentiation of 2-AG activation of CB₁R signaling while minimizing the risk of adverse effects and CB₁R desensitization.

Targeting eCB Signaling as an Analgesic Strategy

Mounting evidence supports the theoretical construct of clinical endocannabinoid deficiency, in which decreased AEA and 2-AG tone plays a role in functional pain disorders (Gouveia-Figueira et al., 2017; Leimuranta et al., 2018). In line with this premise, inhibition of MAGL or fatty acid amide hydrolase induces promising analgesic effects in preclinical rodent models of acute and chronic pain (Hohmann et al., 2005; Connell et al., 2006; Guindon et al., 2011; Ghosh et al., 2013; Greco et al., 2018; Finn et al., 2021; Soliman et al., 2021). Further, subcutaneous administration of exogenous 2-AG, or pharmacological inhibition of 2-AG hydrolysis, in mouse models of neuropathic and cancer-induced bone pain induces an antiallodynic effect and attenuates hyperalgesia (Wen et al., 2018; Thomas et al., 2020; Thomas et al., 2020). Both clinical and preclinical studies indicate that neuropathic pain scores correlate with elevated 2-AG levels (Pellkofer et al., 2013). Despite this evidence, the role of 2-AG signaling in pain states and the mechanism underlying the potential therapeutic effects of inhibiting 2-AG hydrolysis mediated by ABHD6 remain understudied.

ABHD6: A Therapeutic Target to Selectively Increase 2-AG Signaling

ABHD6 was first identified as a 2-AG-hydrolyzing enzyme in mouse brain membrane fraction (Blankman et al., 2007). This was confirmed in the BV-2 microglial cell line and in mouse neurons in primary culture, where ABHD6 was found to hydrolyze 2-AG in intact cells (Muccioli et al., 2007; Marrs et al., 2010). In the brain, the highest ABHD6 mRNA expression and activity is found in the hippocampus, cortex, striatum, and cerebellum (Baggelaar et al., 2017). ABHD6 protein is detected in principle glutamatergic cells, GABAergic interneurons, and astrocytes, with low expression in microglia in a healthy state (Marrs et al., 2010). ABHD6's role in regulating 2-AG-dependent neurotransmission was demonstrated by using ABHD6 inhibitors and showing that they enhance CB₁R-dependent long-term depression in mouse cortical slices (Marrs et al., 2010). In neurons, ABHD6 is expressed in the postsynaptic terminal, which is where synaptic 2-AG is produced (Straiker et al., 2009; Marrs et al., 2010). Thus, ABHD6 is a postsynaptic enzyme that regulates activity-dependent 2-AG levels at the site of 2-AG synthesis, whereas MAGL regulates 2-AG's activity at the CB₁R.

ABHD6 belongs to the serine hydrolase superfamily characterized by a conserved catalytic mechanism that relies on

three amino acid residues in the active site called the catalytic triad (Long et al., 2009). In the case of ABHD6, these residues are Ser148, Asp278, and His306, and mutating any of these residues abolishes hydrolysis activity of the enzyme (Navia-Paldanius et al., 2012). ABHD6 substrate specificity was established by using a combination of in vitro enzymatic assays and lipidomic analysis of ABHD6 knockout mice. Specifically, ABHD6 hydrolyzes monoacylglycerols with varying acyl chain lengths and levels of saturation, ranging from 8:0 to 20:4 (Navia-Paldanius et al., 2012). ABHD6's substrate selectivity extends beyond the monoacylglycerols as it also degrades lysophospholipids and glycerophospholipids (Thomas et al., 2013; Pribasniig et al., 2015). In part due to this broad substrate specificity, ABHD6 is likely to represent a molecular hub involved in regulating multiple signaling pathways and pathophysiological processes.

ABHD6 inhibitors show promising therapeutic efficacy for the treatment of multiple neurologic diseases associated with chronic increases in neuronal activity (Tchantchou and Zhang, 2013; Zhao et al., 2014; Manterola et al., 2018; Pusch et al., 2022), including epilepsy [see our discoveries (Naydenov et al., 2014; Westenbroek et al., 2023)] and initial evidence for chronic pain (Kiritoshi et al., 2016). Specifically, although the role of 2-AG acting at both CB₁R (to reduce neuronal transmission and regulate neuronal plasticity) and CB₂R (to reduce neuroinflammation) has been well described, only a few studies report the effects of ABHD6 inhibition on 2-AG levels and ensuing potentiation of CB₁R and CB₂R signaling in the context of preclinical pain models (Table 2).

We recently reported the analgesic properties of ABHD6 and MAGL inhibitors in a rat model of headache/migraine induced by cortical administration of KCl to induce cortical spreading depression (Liktors-Busa et al., 2023). Specifically, ABHD6 and MAGL inhibitors both rescue and prevent allodynia in this model of migraine via differential activation of CB₁R and CB₂R, but ABHD6 inhibition induced more promising, CB₁R-dependent analgesic responses (Liktors-Busa et al., 2023). In all preclinical studies published thus far, a couple of common issues are present: 1) many of these results are reliant on ABHD6 inhibitors, which have limited selectivity and 2) the MOA of ABHD6 inhibition is not yet understood since there is little evidence that ABHD6 inhibition in these disease models affects local 2-AG levels. Addressing these questions requires a combination of novel classes of ABHD6 inhibitors with improved selectivity and new tools that allow for the measurement of rapid dynamic changes in 2-AG levels at the cellular, circuit, and systems levels.

TABLE 2

Effect of decreased ABHD6 activity in rodent models of pain or in pain-related behaviors

Model System	Drug; Dose	Effect	Targets	Reference
KCl-induced periorbital allodynia in rat	KT 182; 2 mg/kg i.p.	Prevented and reversed periorbital allodynia	CB ₁ R (major target), CB ₂ R (minor target)	Liktors-Busa et al., 2023
Chronic constriction injury of the sciatic nerve in mouse	WWL70; 5 and 10 mg/kg i.p.	Reduced mechanical allodynia and thermal hyperalgesia	N/A	Wen et al., 2018
ABHD6 ^{-/-} rat	N/A	Hyperalgesia	N/A	Noguchi et al., 2021
Kaolin- and carrageenan-induced monoarthritis in mouse	WWL70; 10 μM	Rescued impaired infralimbic pyramidal cell mGluR5 signaling in brain slices	CB ₁ R	Kiritoshi et al., 2016

N/A, not available.

Measuring Activity-Dependent Changes in eCBs Levels

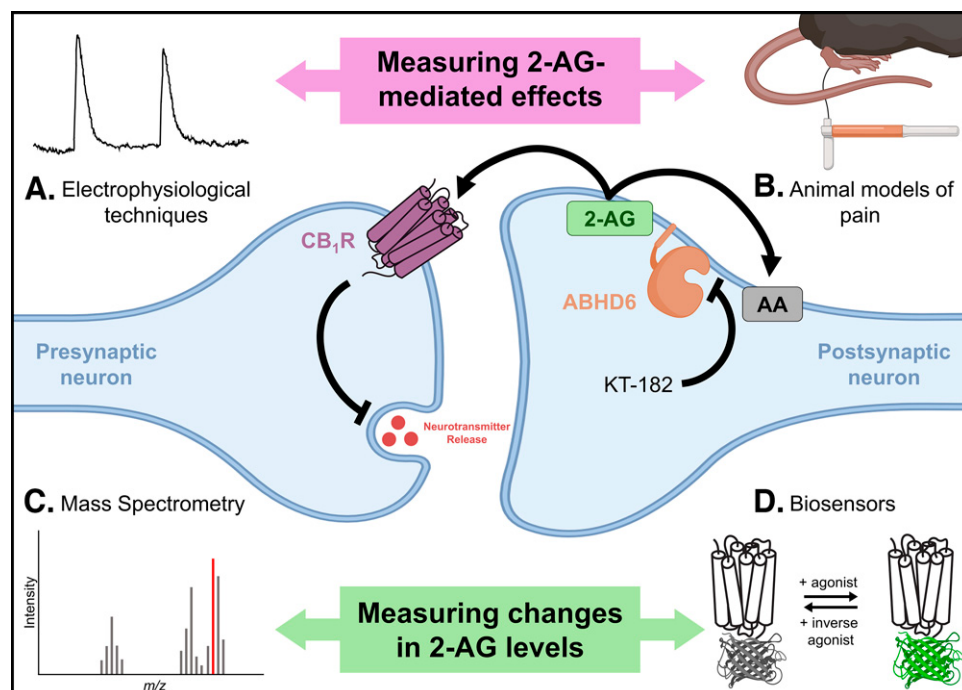
There are multiple ways to detect changes in eCB levels and correlate these changes to alterations in cellular function and behavior (Fig. 4). Directly analyzing tissue and cellular eCB levels is not a trivial task as these lipids are present in multiple subcellular compartments (Saini et al., 2021). The most common technique to quantify eCBs relies on mass spectrometry, which entails multiple steps: 1) lipid extraction along with optional enrichment/purification, 2) chromatographic separation, and 3) detection using specific mass spectrometric instruments and methods (Buczynski and Parsons, 2010). Major advantages of using mass spectrometry to quantify eCBs include sensitivity and identification of specific lipids using their mass-to-charge ratio and retention times. However, this multistep process has key drawbacks that limit the throughput, spatial resolution, and accuracy of the analysis. Another limitation is linked to quantifying eCBs in the brain following decapitation since the ischemic conditions can increase the levels of AEA and 2-AG (Buczynski and Parsons, 2010). These limitations can be somewhat overcome by using microdialysis, which combines the spatial specificity by sampling the interstitial fluid from a discrete brain region in an awake, freely behaving animal, with the sensitivity of mass spectrometry (Buczynski and Parsons, 2010). Furthermore, a common challenge is that 2-AG will isomerize into 1-arachidonoylglycerol during the extraction procedure and has identical molecular weights and must be accounted for during the analysis (Stella et al., 1997; Dócs et al., 2017). Thus, quantification of eCB amounts in complex biological matrices using mass spectrometry involves multiple processing steps to achieve highly sensitive detection of multiple lipids from single samples. However, it often cannot capture rapid and localized changes in eCBs.

Detecting Changes in 2-AG Levels with a Genetically Encoded Fluorescent eCB Sensor

Changes in 2-AG levels are rapid and transient as exemplified by the 2-AG-dependent short-term plasticity termed depolarization-induced suppression of inhibition/excitation, which occurs within seconds after depolarization and recovers within minutes (Diana and Marty, 2004). In fact, much of our understanding about cell-specific, time-resolved effects of 2-AG signaling on neuronal activity has come from electrophysiological studies (Fig. 4). However, when it comes to measuring actual levels of 2-AG, this indirect method has relied on pharmacological and genetic tools to identify which eCBs mediate changes in neuronal plasticity.

The development of the novel, genetically encoded fluorescent sensor G protein-coupled receptor activation-based eCB2.0 (GRAB_{eCB2.0}) allows us to answer these questions more directly by measuring changes in eCBs levels within subcellular compartments and with subsecond resolution in cells in culture, brain slices, and select brain regions of behaving mice. GRAB_{eCB2.0} was developed by first incorporating a circularly permuted green fluorescent protein (cpGFP) into the third intracellular loop of the human CB₁R, then performing a randomized single-mutation screen to identify the construct with optimized changes in fluorescent signal induced by 2-AG (Dong et al., 2021). Like other genetically encoded sensors (Labouesse et al., 2020; Sabatini and Tian, 2020; Dong et al., 2022), GRAB_{eCB2.0} couples the active conformational change of CB₁R bound to an agonist to the active/fluorescent conformation of cpGFP. Thus, in the absence of a CB₁R agonist, the sensor has a conformation that elicits a low level of fluorescent signal. Upon binding to a CB₁R agonist, GRAB_{eCB2.0} adopts an active conformation that stabilizes the cpGFP structure to elicit a fluorescent signal (Fig. 4). Such increases in GRAB_{eCB2.0} fluorescent signal are elicited by multiple CB₁R agonists, including 2-AG, AEA, THC, and the synthetic cannabinoids CP55940 and

Fig. 4. Methods for measuring changes in 2-AG signaling. Diagram depicts an example of a therapeutic approach that increases 2-AG signaling, here the ABHD6 inhibitor KT-182. Increased 2-AG signaling induces multiple physiological effects, including (A) changes in synaptic transmission and plasticity that can be detected using electrophysiological techniques and (B) modulation of pain responses in animals that can be detected using behavioral assays, such as the von Frey test. Changes in 2-AG levels can also be directly measured by quantifying total 2-AG amounts in bulk tissue using (C) mass spectrometry or by measuring changes in 2-AG levels in specific cells and compartments using a (D) biosensor, such as the genetically encoded eCB sensor GRAB_{eCB2.0}. These approaches differ in their sensitivity, spatiotemporal resolution, experimental throughput, and the model systems they can be applied in. This combination of tools, when used in concert, represents an innovative platform that can help evaluate the efficacy and molecular mechanism of potential new analgesics that target the eCB system through alternative mechanisms of action.



WIN55212-2 (Dong et al., 2021; Singh et al., 2023). Importantly, GRAB_{eCB2.0} does not couple to intracellular signaling pathways, including G proteins and β -arrestin, and does not appear to affect the coupling of the native CB₁R when expressed in the same cell (Dong et al., 2021). Although this lack of coupling allows GRAB_{eCB2.0} to act as a sensor without participating in signal transduction, it may also affect agonist affinity for GRAB_{eCB2.0} (Weis and Kobilka, 2018). The increasing use of GRAB_{eCB2.0} and the validation of its function in different model systems can help address these concerns.

GRAB_{eCB2.0} was recently shown to detect changes in 2-AG levels in cells in culture, brain slices, and freely behaving animals and can detect both exogenous application of cannabinoid agonists and endogenous eCB production (Farrell et al., 2021; Liput et al., 2022; Singh et al., 2023). Of note, the in vivo application and interpretation of this sensor requires a thorough characterization of GRAB_{eCB2.0}'s selectivity since it can be activated by multiple ligands. Thus, we recently characterized the pharmacological properties of the GRAB_{eCB2.0} expressed in HEK293 cells in culture by testing its activation by 2-AG, AEA, eCB analogs, phyto-CBs, the synthetic cannabinoid agonist CP55940, and CB₁R antagonists (Singh et al., 2023). Our study revealed that in this expression system, the rank order of potency of the CB₁R agonists at the GRAB_{eCB2.0} was 2-AG $\approx$ CP55940 > AEA > THC $\approx$ 1-arachidonoylglycerol (Table 3) and that the GRAB_{eCB2.0} also responded to other endogenous monoacylglycerols, namely 2-linoleoylglycerol and 2-oleoylglycerol, with nanomolar potency.

How do the pharmacological profiles of CB₁R and GRAB_{eCB2.0} compare? We found that nanomolar concentrations of 2-AG and AEA increase GRAB_{eCB2.0} signal in Neuro2a neuronal cells in culture within seconds and with potencies quite comparable to their potencies at native CB₁R (Table 3). The cannabinoid ligands CP55940 and SR141617 increase and decrease GRAB_{eCB2.0} signal, respectively, although with lower potencies compared with the native CB₁R (An et al., 2020). We also noted several similarities and differences with the pharmacological profile of the GRAB_{eCB2.0} sensor expressed in Neuro2a cells compared with when it is expressed by HEK293 cells (Table 3) (Singh et al., 2023). Specifically, although 2-AG induced comparable increases in GRAB_{eCB2.0} signal in both Neuro2a and HEK293 cells, the potencies of AEA, CP55940, and SR141617 at the GRAB_{eCB2.0} revealed cell-specific differences, potentially due to differential endogenous expression of eCB system components, such as CB₁R- and eCB-inactivating enzymes (Graham et al., 2006; Biringer, 2021). Furthermore, CBD retains its NAM activity at the GRAB_{eCB2.0} sensor in HEK293 cells since it does not, by itself, affect the GRAB_{eCB2.0} sensor fluorescent signal but decreased the 2-AG-induced GRAB_{eCB2.0} sensor fluorescent signal in a concentration-dependent manner. Together, these results emphasize the need to characterize the pharmacological profile of GRAB_{eCB2.0} sensor activity in each model system as it may vary depending on sensor trafficking as well as the expression profile of eCB-hydrolyzing enzymes, fatty acid binding proteins, CBRs, and CBR-interacting proteins (Busquets-Garcia et al., 2018).

Furthermore, we detected the presence of intracellular GRAB_{eCB2.0} and showed that agonist treatment also increases its fluorescence signal, though to a lesser extent than GRAB_{eCB2.0} at the plasma membrane (Singh et al., 2023). The possibility that GRAB_{eCB2.0} undergoes internalization was indirectly tested by Dong et al. (2021) in their original publication by quantifying

TABLE 3

Relative potencies of eCBs (2-AG and AEA), the eCB analog 1-AG, the synthetic cannabinoid CP55940, the phytocannabinoid Δ^9 -THC, and the CB₁R-selective antagonist SR141716A at targeting the CB₁R, CB₂R, and the GRAB_{eCB2.0}

	CB ₁ R	CB ₂ R	GRAB _{eCB2.0}
Ligand	EC ₅₀ /IC ₅₀ (nM)	EC ₅₀ /IC ₅₀ (nM)	EC ₅₀ /IC ₅₀ (nM)
2-AG	12.59 ^a –96 ^b	1.3–8.9 ^{c,d,e}	81 ^f , 85 ^g , 2000 ^h , 3100–9000 ⁱ
1-AG	480–1900 ^{b,j}	N/A	1800 ^g
AEA	69–276 ^{a,k,l}	>30,000 ^e	58 ^f , 200–800 ⁱ , 815 ^g
CP55940	0.75–29.6 ^{k,l,m,n}	0.62–3.2 ^{c,m,o,p}	64 ^h , 82 ^g , 193 ^j
Δ^9 -THC	13–35 ^{m,q}	41.8 ^m	1600 ^g to 2000 ⁱ
SR141716A	0.33–46 ^{m,r,s}	N/A	3.3 ^g , 42 ^f , 449 ^j

1-AG, 1-arachidonoylglycerol; HEK, human embryonic kidney cell; N/A, not available; N18TG2, mouse neuroblastoma cell; Neuro2a, mouse neuroblastoma cell.

^aInhibition of forskolin-stimulated cAMP accumulation in rat neocortical synaptosomes (Steffens et al., 2005).

^bInhibition of forskolin-stimulated cAMP accumulation in rCB₁R-HEK293 cells (Farah et al., 2022).

^cInhibition of forskolin-stimulated cAMP accumulation in mCB₂R-HEK293 cells (Dhopeswarkar and Mackie, 2016).

^dGTP γ S binding in Sf9-hCB₂R membranes (Gonsiorek et al., 2000).

^eInhibition of forskolin-stimulated cAMP accumulation and in hCB₂R-CHO cells (Gonsiorek et al., 2000).

^fGRAB_{eCB2.0}-Neuro2a cells with bovine serum albumin (Singh et al., 2024).

^gGRAB_{eCB2.0}-HEK293 cells with bovine serum albumin (Singh et al., 2023).

^hGRAB_{eCB2.0} expressed in HEKtsA201 cells (Shivshankar et al., 2024).

ⁱGRAB_{eCB2.0} expressing-HEK293 cells or primary cultured rat cortical neurons, in the absence of bovine serum albumin (Dong et al., 2021).

^jIntracellular Ca²⁺ transients in mCB₁R-COS7 cells (Dócs et al., 2017).

^kIntracellular Ca²⁺ transients in rat hippocampal neurons in culture (Shen et al., 1996).

^lGTP γ S binding in rat cerebellar membranes (Kearn et al., 1999).

^mInhibition of forskolin-stimulated cAMP accumulation in hCB₁R-CHO or hCB₂R-CHO cells (Rinaldi-Carmona et al., 1994; Felder et al., 1995).

ⁿGTP γ S binding in hCB₁R-HEK293 cells (Ankur et al., 2007).

^oArrestin recruitment in mCB₂R-HEK293 cells (Dhopeswarkar and Mackie, 2016).

^pInhibition of forskolin-stimulated cAMP accumulation in hCB₂R-CHO-K1 cells (Valenzano et al., 2005).

^qInhibition of forskolin-stimulated cAMP accumulation in rCB₁R-COS7 cells and N18TG2 cells (Bayewitch et al., 1996).

^rcAMP accumulation in hCB₁R-CHO cells (Bauer et al., 2012).

^sGTP γ S binding and arrestin recruitment in hCB₁R-CHO cells (Liu et al., 2021).

^tGRAB_{eCB2.0} expressed in HEKtsA201 cells with bovine serum albumin (Shivshankar et al., 2024).

β -arrestin2 binding. They found no increase in β -arrestin2 binding when activating GRAB_{eCB2.0} with cannabinoid agonists in contrast to agonist-induced CB₁R internalization in HEK293 cells that depends on β -arrestin2 (Ibsen et al., 2019; Dong et al., 2021). This suggests that extracellular agonists will slowly cross the plasma membrane and may increase intracellular GRAB_{eCB2.0} signal, although to a lesser extent and with slower kinetics than the increases in plasma membrane GRAB_{eCB2.0} signal (Ahn et al., 2013).

The development and characterization of the GRAB_{eCB2.0} gives us an opportunity to describe the role of eCB signaling in pain processing at the molecular level. For instance, we leveraged the GRAB_{eCB2.0} to interrogate the molecular mechanisms involved in 2-AG production by neuronal cells in culture stimulated with the inflammatory mediator ATP, which is already known to increase 2-AG production in microglia and astrocytes through a P2X₇ receptor-dependent mechanism (Walter et al., 2004; Witting et al., 2004; Singh et al., 2024). Significantly, we compared the response induced by ATP on 2-AG levels using liquid chromatography–tandem mass spectrometry and

GRAB_{eCB2.0} and found that ATP increases 2-AG production in Neuro2a cells within minutes through a mechanism mediated primarily by the P2X₇ receptor (Singh et al., 2024). This comparison also revealed that the two methods likely detect different pools of 2-AG (Singh et al., 2024), further establishing that the GRAB_{eCB2.0} has an increased spatiotemporal resolution compared with mass spectrometry and can detect changes in plasma membrane 2-AG levels that may not be as evident with a mass spectrometric detection method (Singh et al., 2024). These results should be considered in the context of studies performed in mouse dorsal root ganglia in culture reporting that ATP combined with bradykinin increased 2-AG levels, which can then act at CB1R and TRPV1 receptors to induce analgesia by potentially decreasing the sensitization and excitability of nociceptors (Zygmunt et al., 2013). Together, these studies describe a molecular mechanism by which mediators involved in pain sensation and sensitization, such as extracellular ATP (Masuda et al., 2016; Ren and Illes, 2022), engage eCB signaling.

Of note, despite several behavioral studies that have used GRAB_{eCB2.0} to describe eCB changes during foot shock, locomotion, seizures, and fear extinction, in vivo pain studies using this new sensor have not yet been published (Dong et al., 2021; Gunduz-Cinar et al., 2023). Importantly, there are several limitations to using the sensor, including the need to validate the pharmacological profile of the sensor in each relevant model system and the lack of selectivity for eCB agonists in its current form (although future versions of the sensor may be more selective for specific eCBs) as well as the difficulty in using the sensor for in vivo studies by expressing it in pain processing areas outside of the brain, such as the dorsal horn of the spinal cord and the dorsal root ganglia. Despite these limitations, the GRAB_{eCB2.0}, in combination with previously developed tools for studying eCB signaling and pain (Fig. 4), will help unravel the neurocircuitry and molecular mechanism underlying the analgesic effects of elevating 2-AG levels.

Conclusion and Future Directions

From a variety of historical and experimental lines of evidence, it is now well established that phyto-CBs and the eCB signaling system represent a robust venue to develop novel therapeutics for the treatment of pain. Because *Cannabis* induces multiple behavioral changes, the challenge remains to try and focus these responses on just pain relief without intoxicating effects and impairment associated with cannabinoids (Stella, 2023).

New studies on the use of CBD and ABHD6 inhibitors for pain treatment represent two distinct, but related, approaches for pain management. CBD has a broad array of potential pain-related therapeutic targets, so a major question remains as to whether to embrace its poly-pharmacology and the associated combinatorial challenges or to focus research on the optimization of more select targets for therapeutic refinement. ABHD6 has a very clearly defined MOA, and the challenge here remains in properly characterizing potential inhibitors for appropriate effects on 2-AG in pain-relevant circuitry. To accomplish this, accurate detection of eCB dynamics is required. Multiple model systems have been used to describe eCB signaling, yet capturing localized and rapid changes in eCB levels in these models has been technically challenging (Fig. 4). To this end, the GRAB_{eCB2.0} sensor represents a

powerful chemogenetic tool to measure changes in eCB levels with high spatial (cellular and subcellular) and temporal (seconds) resolution in vivo and in intact cells in culture. Such related approaches will help the field at large determine how eCB signaling modulates neurotransmission and neuroinflammation. Whether 2-AG levels stimulated by inflammatory mediators play a negative feedback role in the peripheral sensitization of sensory neurons, and if this signaling can be enhanced with ABHD6 inhibitors, also remains to be determined.

Cannabinoid research over the past five decades has resulted in a better understanding of the poly-pharmacology of CBD and its therapeutic potential as a novel analgesic. We also discovered several therapeutic targets within the eCB signaling system, such as ABHD6, that can be inhibited to modulate pain. The current thriving field of *Cannabis* and cannabinoid research has recently been given a long-needed tool, the GRAB_{eCB2.0} biosensor, that has propelled the field's understanding of the dynamics and spatial specificity of activity-dependent changes in eCB levels. This greatly increased momentum will accelerate our optimization of cannabinoids to develop multiple lines of transformative medications devoid of known cannabinoid-induced side effects.

Data Availability

No datasets were generated or analyzed during the present study.

Authorship Contributions

Wrote or contributed to the writing of the manuscript: Singh, Elloff, Bruchas, Land, Stella.

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