

Core–Shell Palladium Telluride Quantum Dot-Hemethiolate Cytochrome Based Biosensor for Detecting Indinavir Drug

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Indinavir is a first-generation HIV protease inhibitor anti-retroviral (ARV) drug. Due to interindividual differences in the rate of indinavir metabolism, clinicians and pharmacologists have expressed urgent need for sensor devices that will enable real time determination of appropriate dosage. In this study, an indinavir biosensor was developed by the functionalization of a cysteamine-modified gold (CystlAu) electrode with biocompatible core–shell 3-mercaptopropionic acid (3-MPA)-capped palladium telluride quantum dot (PdTeQD) and the heme-thiolate cytochrome P450-3A4 (CYP3A4) enzyme. The PdTeQD was capped with 3-mercaptopropionic acid (3-MPA) to improve its reactivity, biocompatibility and thermal stability. Small angle X-ray scattering (SAXS) studies revealed that the 3-MPA-PdTeQD particles formed core–shells with diameters of 4.7 nm. Fourier transformed infrared spectroscopy (FTIR) experiments confirmed the formation of 3-MPA-PdTeQD by the presence of specific COOH and CH₂ FTIR signature bands. Ultraviolet-visible (UV-Vis) spectrophotometric analysis of the quantum dot, exhibited a broad characteristic band at ~320 nm, corresponding to a band gap energy (E_g) value of 3.87 eV, indicating that the QD is a semiconducting material. Cyclic voltammetry (CV) responses of the biosensor (i.e., CYP3A4/3-MPA-PdTeQD/CystlAu) indicated that 0.26 V was the suitable potential for measuring indinavir metabolism. The biosensor has a sensitivity, dynamic linear range (DLR) and limit of detection (LOD) values of 0.0218 $\mu\text{A/nM}$, 0.0004–0.01 nM (i.e., 3×10^{-7} – 7×10^{-6} mg L⁻¹) and 0.023×10^{-7} mg L⁻¹, respectively, for indinavir. The LOD value was lower than the maximum plasma concentration (C_{max}) value (0.13–8.6 mg L⁻¹) of indinavir which is normally measure 8 h after intake. The low DLR value makes the biosensor suitable for application at point-of-care, where indinavir concentration is expected to be in ng L⁻¹ level in physiological samples within a few minutes of the drug administration.

Keywords: Anti-Retroviral Drug, Cytochrome P450-3A4 Enzyme, Drug Metabolism, Electrochemical Biosensors, Indinavir, Palladium Telluride Quantum Dot.

1. INTRODUCTION

The synthesis and application of high quality thiol-capped QD have generated great interest in various fields of biology; in-bio-labelling¹ and biosensing.² In comparison with traditional materials for the development of sensors such as fluorescent organic labels, carbon materials and graphene, QD are known to be superior in performance due to numerous advantages such as brightness, extraordinary photostability, broad excitation wavelength

range, and size-tunable narrow, symmetric emission spectra ranging from 400 to 2000 nm and multicolor light emission.^{3–5} The QD fascinating and outstanding optical features make them more suitable for biological labeling and have inspired scientists and provided an incredible platform for researchers to investigate their applications in different fields.^{6,7} Aqueous solubility and functionalization of QD materials are regarded as the most common problem for application in biological studies.⁸ Therefore, the introduction of stabilizing agents would play an important role in controlling the particle size and distribution

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and, hence, the catalytic activity of quantum dots. The surface functionalization of QD materials with amphiphilic bi-functional molecules such as mercapto carboxylic acids like 3-mercaptopropionic acid (3-MPA) which is reported in this paper leads into the formation of small sized nano-materials which would promote the transfer of electrons during analysis.^{9,10} During the construction of the biosensor system, the issue of the biocompatibility should be considered because the biological recognition molecules such as enzymes may lose their activity at biologically incompatible environments.^{11,12}

Therefore, the combination of semiconductor QD materials and CYP450 enzymes bring more opportunities in electroanalysis such as the improvement of bioelectrode performance in terms of sensitivity and specificity.^{13,14} Thus, in this work we focused on the optical and electronic properties as well as the biocompatibility of high quality 3-MPA-PdTeQD, which was applied as an alternative functional bio-material to accelerate electron transfer in the development of electrochemical biosensor system. Herein, an electrochemical biosensor system was produced by incorporating 3-MPA-PdTeQD and cytochrome P450-3A4 (CYP3A4) enzyme on a self-assembled monolayer cysteamine (Cyst) modified gold electrode surface for the determination of protease inhibitor-indinavir drug administered for HIV/AIDS-related infections.

2. EXPERIMENTAL DETAILS

2.1. Chemicals and Solutions

All reagents were of analytical grade and used without any further purification. The reagents include palladium chloride (PdCl_2 , 99.9%), tellurium powder (Te, 99.997%) 3-mercaptopropionic acid [$\text{HSCH}_2\text{CH}_2\text{CO}_2\text{H}$] (3-MPA, $\geq 99\%$), sodium hydroxide (NaOH , $\geq 99\%$), sodium borohydride (NaBH_4 , 98%), hydrogen chloride (HCl , 37%) 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide hydrochloride (EDC, 98%), N-hydroxysuccinimide (NHS, 98%), sodium phosphate monobasic dehydrate ($\text{H}_2\text{NaPO}_4 \cdot 2\text{H}_2\text{O}$, $>99\%$), disodium hydrogen phosphate dibasic ($\text{Na}_2\text{PO}_4 \cdot 2\text{H}_2\text{O}$, $>98\%$), cysteamine ($\text{C}_2\text{H}_7\text{NS}$, $\geq 98\%$; Cyst) and human cytochrome P450-3A4 enzyme (≥ 50 units/mg protein based on reductase activity) expressed in *Saccharomyces cerevisiae* were all purchased from Sigma Aldrich, and stored in the freezer at -70°C when not in use. Electrolyte solution of 0.1 M phosphate buffer solution, pH 7.4 was prepared by mixing stock standard solution of 0.1 M disodium hydrogen phosphate dibasic and sodium dihydrogen phosphate monobasic using Milli Q water purification and was used as a supporting electrolyte in all the experiments. All experiments were conducted at room temperature (23°C) unless otherwise stated. Stock and working standard solutions of indinavir were freshly prepared from Indinavir sulphate, obtained through extraction from the capsules Crixivan 400 mg (M.W. 711.88) and purchased from Merck & Co., Inc., NJ,

USA, in 0.1 M PBS, pH 7.4. The prepared solutions were kept at 4°C until used. Alumina micro polish and polishing pads were obtained from Buehler, IL, USA and were used for cleaning the gold electrode prior any modification. For the preparation of water-soluble and biocompatible PdTeQD, all glassware used was cleaned in a freshly prepared strong acid solution of 3:1 HCl/HNO_3 followed by thoroughly rinsing the glassware with deionized water to ensure that it was properly cleaned.

2.2. Instrumentation

Electrochemical responses of the biosensor system were investigated by cyclic voltammetry under aerobic conditions. The voltammograms were acquired using a 273A Potentiostat/Galvanostat (Princeton Applied Research), wherein gold electrode (3 mm in diameter), platinum wire and Ag/AgCl (3 M NaCl type) acted as the working electrode, the counter electrode and the reference electrode, respectively. Cyclic voltammetry (CV) experiments were performed in 0.1 M PBS over a potential range of $+1.5\text{ V}$ to -1.5 V to cover all reactions of interest in the investigated system. The employed potential range was scanned in both positive and negative sweeps with various scan rates ($5\text{--}50\text{ mV/s}$) for the sensor platform and ($50\text{--}500\text{ mV/s}$) for electrochemical biosensor responses to indinavir. For detailed analysis, CV scans were registered at a scan rate of 500 mV/s . Ultraviolet-visible (UV-Vis) absorption measurements for the prepared 3-MPA-PdTeQD were obtained using 1 cm quartz cuvette on a Nicolet Evolution 100 UV-visible spectrophotometer (Thermo Electron, UK) over a wavelength range of 200 to 800 nm. Fluorescence emission spectra were measured using a Nanolog spectrofluorometer (Horiba Jobin Yvon, USA) with a slit width of 5 nm. Fourier transformed infrared (FTIR) spectra were recorded on a Perkin Elmer FTIR model 100 spectrometer in the region of 400 to 4000 cm^{-1} wavenumber range to determine the characteristic features of 3-MPA-PdTeQD. The morphology, size and shape, composition, and microstructures of the obtained QD were characterized by scanning electron microscopy (SEM, Zeiss Auriga S40) operating at 50 kV, high-resolution transmission electron microscopy (HRTEM, FEI Tecnai G220) equipped with an energy-dispersive spectroscopy (EDS) detector. A drop of 3-MPA-PdTeQD material was deposited on a 300 mesh formvar-carbon coated grid and dried at room temperature. Small-Angle X-ray Scattering (SAXS) (Anton Paar, GmbH, Australia) measurements were obtained using a 1 mm diameter quartz capillary positioned at a distance of 317 mm from the SDD camera and temperature-controlled at 20°C . For each measurement, six frames were obtained at 100 s exposure time and averaged. The deionized water which acted as a reference was measured under the same conditions as the QD material. Data evaluation/analysis was performed with the GIFT software (generalized indirect Fourier transformation (GIFT)).

2.3. Synthesis of Water-Soluble 3-MPA-PdTeQD

The experimental procedure was performed in accordance with previous studies,¹⁵ with some modifications. First, palladium precursor was prepared in a three necked-round bottomed flask by dissolving PdCl₂ (0.332 g, 1.875 mmol) and 3-MPA (490 μ L, 5.625 mmol) in 10 mL of deionized water, under nitrogen atmosphere and constant stirring. The pH of the solution was adjusted to 11.4 by adding 1 M sodium hydroxide (NaOH). In a second reaction flask, NaHTe solution was prepared by mixing tellurium powder (Te) (0.319 g, 1.25 mmol) and sodium borohydride (NaBH₄) (0.189 g, 2.5 mmol) in 10 mL deionized water and covered with aluminum foil at room temperature for 30 min until the solution attained a light purple color. Then, 5 mL of NaHTe solution was injected into the nitrogen saturated palladium precursor flask and a colour change was observed from reddish to dark orange indicating the initiation of nucleation of the QD. The resulting solution was stirred and heated up to (100 °C) and aliquots of the reaction solution were removed at regular intervals for the UV-Vis and PL analyses.

2.4. Preparation of CYP3A4 Biosensor System

The indinavir electrochemical biosensor system was prepared by first polishing the AuE with 1, 0.3 and 0.05 μ m alumina slurries and thoroughly rinsed with deionized water after each polishing step. After that, the cleaned Au electrode surface was dipped in 200 μ L of 0.02 M cysteamine aqueous solution and kept in the dark for 24 h to form a monolayer through Au-S covalent bonding. Then, the Cyst/Au modified electrode was carefully rinsed with water to remove any physically adsorbed Cyst. For the covalent coupling of highly monodispersed 3-MPA-PdTeQD, a 3 μ L drop of a solution consisting of 3-MPA-PdTeQD was mixed together with 1 μ L of 1-ethyl-3-[3-dimethylaminopropyl]carbodiimide/N-hydroxysuccinimide (EDC/NHS, ratio 1:1) and placed onto Cyst/Au modified electrode for 12 h. The film of material on the electrode surface was rinsed with 0.1 M PBS, to remove unbound PdTeQD material. Lastly, an aliquot of 3 μ L CYP450-3A4 thiolate enzyme solution was then drop-casted onto 3-MPA-PdTeQD/Cyst/Au modified electrode surface and allowed to dry for 3 h, at 4 °C. The resulting CYP3A4/3-MPA-PdTeQD/Cyst/Au was stored at 4 °C in 0.1 M PBS when not in use. For comparison, bare Au, 3-MPA-PdTeQD and CYP3A4/Au modified electrodes were also prepared.

3. RESULTS AND DISCUSSION

3.1. Crystal Structure of 3-MPA-PdTeQD

Stabilizing agents play an outstanding role in particle size reduction and distribution of quantum dots.¹⁶ Interestingly, a capping agent that binds strongly with quantum dots surface can effectively stabilize and form smaller sizes of as-prepared quantum dots.^{17–19} In this study, small angle

X-ray scattering (SAXS), high-resolution transmission and scanning electron microscopy techniques (TEM, SEM) were mainly aimed to determine the precise size distribution, shape, electron density contrast as well as the chemical composition of the synthesized QD material.²⁰ As can be seen in Figure 1(a) the free model pair-distance distribution function (PDDF) of 3-MPA-PdTeQD possess a characteristic profile, typically observed for core-shell particles with identical sizes (maximum diameter size of 4.7 nm). In addition, the size distribution by number (shown in the insert of Fig. 1(a)) was calculated with program GIFT where the 3-MPA-PdTeQD revealed highly monodispersed particles with an average radius of approximately 2 nm.²⁰ The 3-MPA-PdTeQD micrographs observed in Figure 1(b) and its insert revealed non-agglomerated, uniformly distributed spherical structures with well-resolved lattice fringes^{21–23} and are in diameter range of 2 nm.²⁴ The well resolved lattice fringes confirmed the good crystallinity of 3-MPA-PdTeQD.^{25,26} Moreover, non-agglomeration of nanoparticles resulted from electrostatic repulsion of negatively charged dehydrogenated carboxylic groups present in 3-MPA capping agent.^{27,28} In contrast with SAXS and HRTEM, HRSEM (Fig. 1(c)) of the 3-MPA-PdTeQD exhibited agglomerated spherical bubbles with collection of different sizes approximately 200 nm.²⁹ The observed agglomeration was attributed to a small volume of stabilizing agent used during the synthesis which caused an increase in the surface area to volume ratio and hence increased the attractive forces between the nanoparticles thereby causing them to agglomerate.³⁰ This observation was further confirmed by energy-dispersive X-ray spectroscopy EDX in (Fig. 1(d)), which revealed the presence of Pd, Te and S in PdTeQD sample which are the main components of the as-prepared material. The obtained results are similar to the previous reports performed in our lab by various authors using different QDs capped with 3-mercaptopropionic acid. For instance, Ndangili and co-workers² reported 3-MPA-ZnSeQD which revealed crystallinity and monodispersed QDs with average size 4 nm in diameter.

3.2. Optical Properties of 3-MPA-PdTeQD

Palladium telluride quantum dots (PdTeQD) have unique optical, electrical and thermal properties and are being incorporated into various electrochemical biosensors.^{25,31} The UV-vis and PL analysis were carried out to investigate the absorption, emission and excitation wavelength of 3-MPA-PdTeQD. The UV-vis spectrum showing remarkable optical properties of PdTeQD is illustrated in Figure 2(a). Three absorbance bands are observed at 240 nm, 275 nm and 320 nm, respectively. The first absorbance band appearing at higher energy (240 nm) was attributed to the metal-to-ligand charge transfer (i.e., palladium ions and thioglycolic acid capping agent) while the absorbance band at 275 nm was ascribed to $n \rightarrow \sigma^*$ transitions of thiol groups on the 3-MPA.³² Notably, PdTeQD

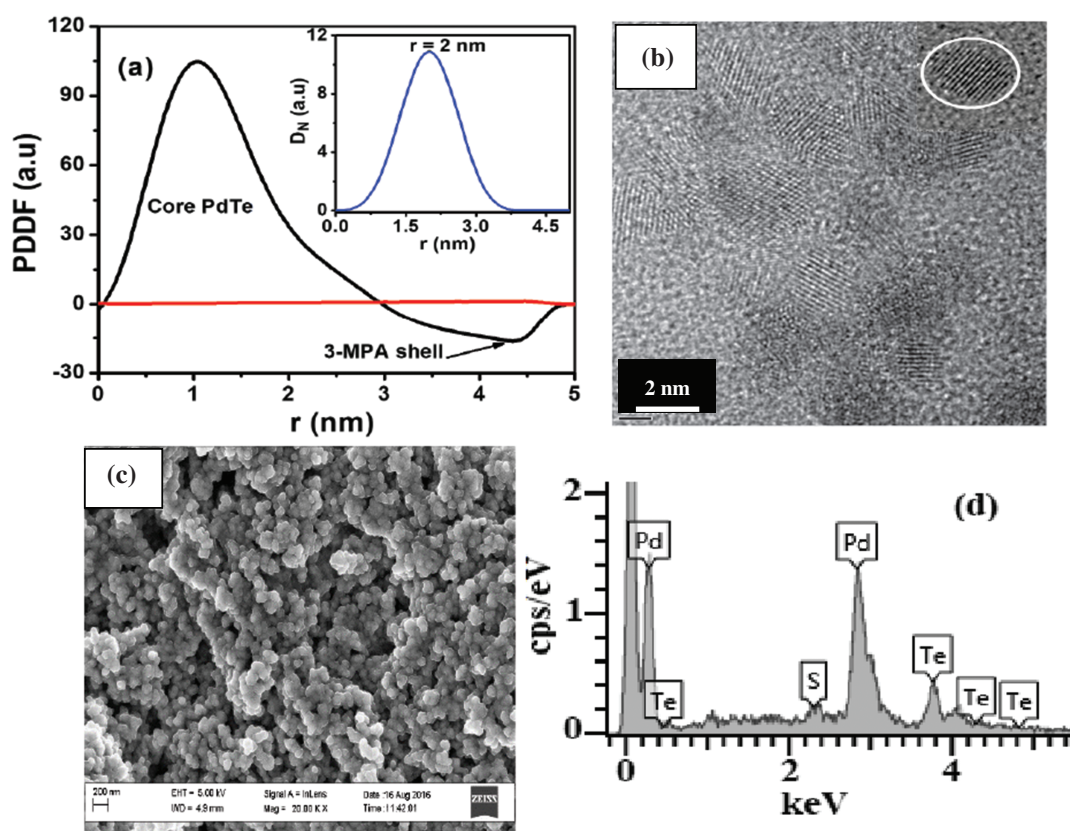


Figure 1. (a) SAXS pair-distance distribution function (PDDF); (Insert: SAXS size distribution by number). (b) HR-TEM micrograph of 3-MPA-PdTeQD at 2 nm scale view. (c) HR-SEM micrograph of 3-MPA-PdTeQD. (d) EDX spectrum revealing elemental composition of a selected region.

exhibited a broad absorbance band at 320 corresponding to the band gap energy (E_g) value of 3.87 eV (which is within the range of E_g values for QD particles), that confirmed the successful synthesis of the QDs. Due to the broad absorbance band of PdTeQD, the band gap difference between different sizes of the QD would be wider and hence result in an improvement of the confinement of electrons and holes.³³ However, the absorption band around 410 nm due to the absorption of Pd(II) ions was not observed (Fig. 2(a)), which is an evidence that the Pd(II) ions that were present in PdCl₂ were properly reduced to Pd⁰.³⁴ The normalized PL spectra for the five aliquots taken during synthesis are shown in Figure 2(b). The residual blue shift in emission bands seen around 510–460 nm associated with band gap energies (2.4 eV–2.7 eV) were attributed to the surface defects upon passivation of 3-MPA and PdTeQD.³⁵ Additionally, this blue shift of fluorescence emission bands over refluxing period provided an evidence for the occurrence of the band-gap broadening phenomenon due to the quantum size effect which confirmed the successful coating of the PdTe core. Furthermore, the broad emission peaks observed indicated that the 3-MPA-PdTeQD have broad dispersity which is in accordance with the information obtained from the absorption spectra of these QD.

3.3. Structural Properties of 3-MPA-PdTeQD

FTIR spectroscopy was employed to investigate the characteristic features of 3-mercaptopropionic acid capping agent adsorbed onto the surface of synthesized PdTeQD. It was expected that the thiol group (–SH) of the 3-MPA which is hydrophilic would covalently bind with the hydrophobic surface of the quantum dot while the carboxylic acid group (–COOH) extends water molecule to make the quantum dot soluble and can be conjugated with bioagents, enabling their application in biosensor fabrication.²⁶ Figure 3 represents the FT-IR spectra of (a) 3-MPA (black line) and (b) 3-MPA-PdTeQD (red line). The spectrum of 3-MPA exhibited five absorption bands at $\sim 2950\text{ cm}^{-1}$, 2550 cm^{-1} , 1660 cm^{-1} , 1402 cm^{-1} and 1213 cm^{-1} which were attributed to an O–H stretch (which confirmed the good dispersion of the quantum dot in water and other biological media), S–H stretch, C=O stretch, which represents the carboxyl group and existence asymmetric stretching of C–H.^{36,37} In contrast, the spectrum of the capped PdTeQD sample displayed absorption bands assigned to the carboxylate anion of the surface ligands. The carboxylate anion on the QD was formed during the synthesis process, in which the NaOH used to adjust the pH to 11.4 deprotonated the COOH group. However, the shift in wavenumbers and the decrease in C=O

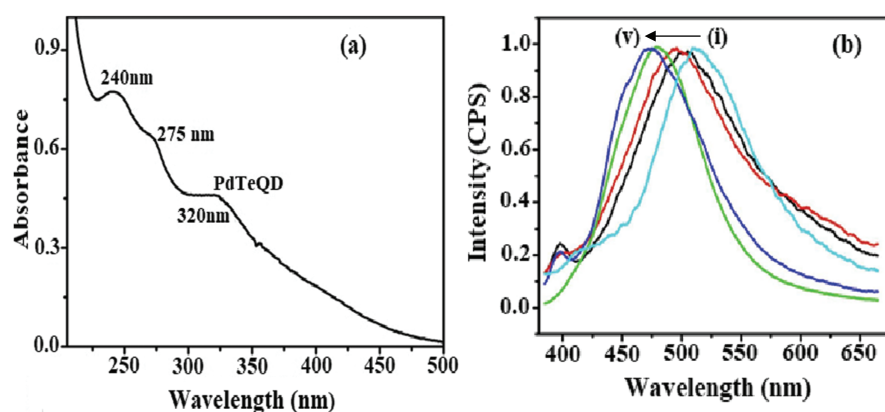


Figure 2. (a) UV-Vis spectrum of 3-MPA-PdTeQD obtained in 0.1 M PBS (pH 7.4). (b) Normalized PL spectra of 3-MPA-PdTeQD recorded at (i) 20 min, (ii) 30 min, (iii) 40 min, (iv) 50 min, and (v) 60 min.

stretch, as well as, the disappearance of the S–H stretch confirmed the formation of S–PdTe bonds between MPA and the PdTe core,³⁸ as illustrated in Figure 3(b).

3.4. Electrochemistry of 3-MPA-PdTeQD

3.4.1. Voltammetric Studies of 3-MPA-PdTeQD

The electrocatalytic properties of 3-MPA-PdTeQD modified electrode and bare Au electrode were studied by cyclic voltammetry (CV). For the bare electrode (Fig. 4(i)), the voltammetric response revealed one cathodic peak ($E_{pc} = 0.46$ V) and interestingly, one anodic peak ($E_{pa} = 0.83$ V), which reflected the reduction and subsequent oxidation of the gold oxide.³⁹ When 3-MPA-PdTeQD were deposited on a gold electrode surface, a distinctive number of cathodic peaks were observed at $E_{pc} = 0.12$ V (peak A_1), -0.05 V (peak A_2), -0.252 V (peak A_3), -0.75 V (peak A_4) and -1.1 V (peak A_5) (Fig. 4(ii)), while three distinct anodic peaks appeared at $\{1.2$ V (peak C_1), 0.45 V (peak C_2) and -0.33 V (peak C_3)}, respectively. For peak (A_1), the observed cathodic peak was attributed to Te^{4+} ions generated from QD oxidation. Additionally, the

observed cathodic peak (A_2) corresponded to the reduction of Te^{4+} to Te^0 while the cathodic peak (A_3) was responsible for further reduction of Te^0 to Te^{2-} .⁴⁰ As inspected carefully, peak (A_2) appeared at higher current than (A_3) thus indicating that both A_2 and A_3 are associated with the reduction of metallic oxidation of the QD. Moreover, a characteristic cathodic peak (A_4) observed at -0.75 V was most likely associated with the reduction of the PdTeQD. The anodic peaks observed at (C_1) and (C_2) were attributed to Pd^{2+} ions generated from the oxidation of PdTeQD and the interaction between the metal-to-ligand charge transfer i.e., (Pd-3-MPA).⁴¹ In addition to this, the observed anodic peak (C_3) corresponded to the oxidation of PdTeQD.

3.4.2. Biosensor Responses to Indinavir Drug

Direct electrochemistry of CYP3A4 enzyme was employed in this work to create a desirable model for fundamental study of the redox behavior of the proteins in biological systems. This would give a full detailed explanation about the mechanisms of redox transformations of

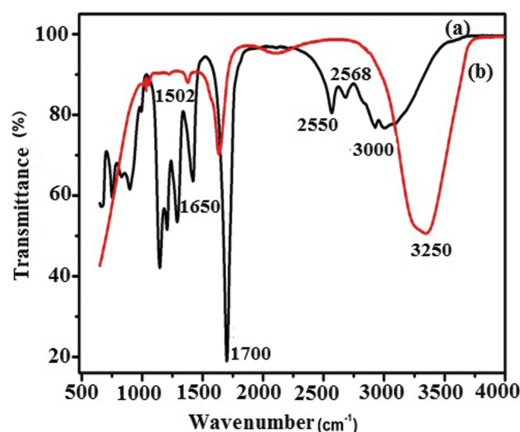


Figure 3. FT-IR spectra of (a) 3-MPA capping agent and (b) 3-MPA-PdTe QD.

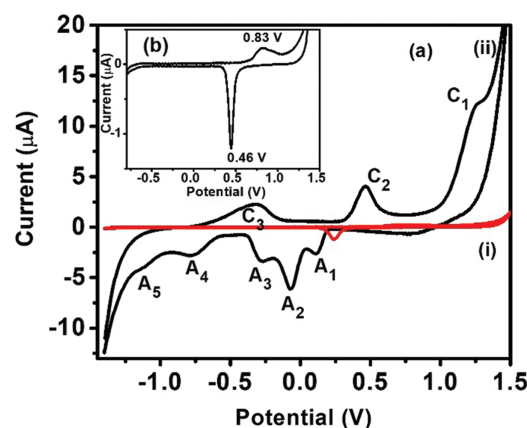


Figure 4. (a) Cyclic voltammograms of (i) bare Au and (ii) 3-MPA-PdTeQD/Au electrodes recorded in 0.1 M PBS (pH 7.4) at 21 mV/s. (b) A magnified voltammogram of the bare Au electrode.

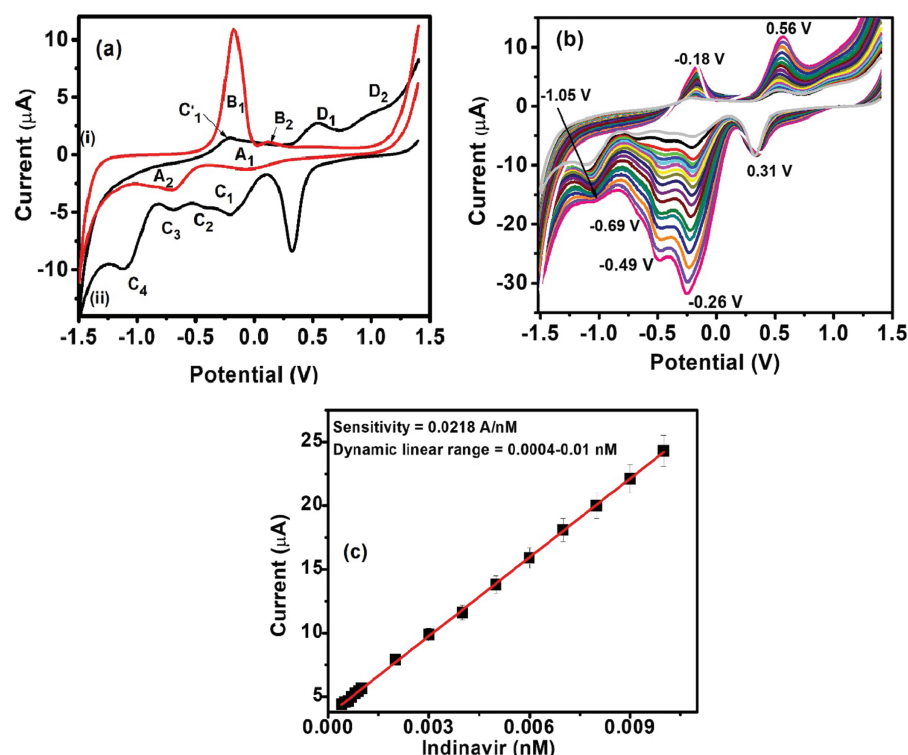


Figure 5. (a) Cyclic voltammograms of (i) CYP3A4/Au and (ii) CYP3A4/3-MPA-PdTeQD/Cyst/Au electroenzyme biosensors. (b) Electrochemical responses of CYP3A4/3-MPA-PdTeQD/Cyst/Au electroenzyme biosensor to indinavir. (c) The calibration plot of the CYP3A4/3-MPA-PdTeQD/Cyst/Au electroenzyme biosensor.

protein molecules as well as their metabolic processes involving redox transformations.⁴² The CV shown in Figure 5(a(i)) demonstrates the electrochemical behavior of CYP3A4 enzyme immobilized on the bare Au electrode. Two cathodic peaks were observed at -0.05 V (peak A₁) and -0.69 V (peak A₂), with two anodic peak which appeared at -0.18 V (peak B₁) and 0.12 V (peak B₂). The observed cathodic peak at -0.05 V was attributed to the reduction of the heme group from CYP3A4 (Fe^{III}) to CYP3A4 (Fe^{II}) in the presence of oxygen,⁴³ while the reduction peak at -0.69 V was ascribed to the monooxygenation process. Moreover, the oxidation peak at -0.18 V appeared at a very high current intensity due to the re-oxidation of CYP3A4 (Fe^{II}) to CYP3A4 (Fe^{III}). This peak would increase or decrease in the presence of a substrate/inhibitor of the enzyme.⁴⁴ The estimated potential value for the immobilized CYP3A4 enzyme is not the same as other researchers reported.⁴⁵ This may be attributed to the possible differences in the heme center of P450 in solution and its immobilized state.

In comparison with CYP3A4/Au, CYP3A4/3-MPA-PdTe/Cyst/Au biosensor system illustrated in Figure 5(a(ii)) exhibited four cathodic peaks at -0.21 V (peak C₁), -0.44 V (peak C₂), -0.7 V (peak C₃) and -1.1 V (peak C₄) with three anodic peaks at -0.21 V (peak C₁'), 0.5 V (peak D₁) and 0.97 V (peak D₂), respectively. The observed reduction peaks were attributed to the redox of the electroactive heme center of the immobilized

protein coupling between $-\text{NH}_2$ and $-\text{COOH}$ of 3-MPA-PdTeQD which acted as a mediator by shuttling electrons to and from the enzyme to speed up the reaction.⁴⁶ Such results strongly suggested that 3-MPA-PdTeQD play an important role in improving the bioactivity of CYP3A4 and in promoting electron transfer between CYP3A4 and the electrode.^{43,45}

Figure 5(b) illustrates the CV responses of the biosensor under aerobic conditions, in the presence and absence of indinavir in 0.1 PBS, pH 7.4 scanned from -1.5 V to 1.5 V at 500 mV/s. The aerobic conditions in the reaction was necessary for the monooxygenation reaction (i.e., the binding of molecular oxygen (O_2) to CYP3A4 (Fe²⁺) to form Fe-O center in order to observe enzyme-oxygen substrate interactions.⁴⁷ In the absence of indinavir drug, the biosensor system consisted of reduction and oxidation waves, with cathodic peaks and anodic peaks, at potential values of (-0.26 V, -0.49 V, -0.69 V and -1.05 V) and (-0.18 V and 0.56 V), respectively. Upon the addition of different concentrations of indinavir, a remarkable enhancement in the cathodic peak currents with slight shifts were obtained in the presence of oxygen binding to the active site of the heme center of the enzyme.⁴⁸ This characteristic process has been documented in literature reports about biosensor studies with P450.⁴⁹ In contrast with other reduction peaks, the major cathodic peak considered for indinavir responses was observed at -0.26 V. It is known that the binding of substrates to the

ferric CYP (Fe^{III}) changes the spin state from low spin to high spin and makes the redox potential of the enzyme shift towards more positive potentials, thus promoting the electron transfer to and from the electrode system.^{50, 51} In addition, the CYP3A4-indinavir binding at -0.26 V boosted the reduction of CYP to its ferrous form, resulting in a faster oxygen binding. Therefore, the observed characteristic features of the modified electrode offer enormous promise for its sensing applications.

The linear calibration of the indinavir biosensor (CYP3A4/3-MPA-PdTeQD/Cyst/Au) is shown in Figure 5(c); which is actually a plot of the dynamic linear range (DLR) of 0.0004 to 0.01 nM (i.e., 3×10^{-7} – 7×10^{-6} mg L^{-1}) of the biosensor. A sensitivity value of 0.0218 $\mu\text{A}/\text{nM}$ and a limit of detection (LOD) value of 0.023×10^{-7} mg L^{-1} were obtained. Ross and co-workers⁴⁹ reported an LOD value of 7.1×10^{-4} mg L^{-1} for indinavir. The comparatively low LOD value obtained for CYP3A4/3-MPA-PdTeQD/Cyst/Au biosensor in this study, implies that it will be very suitable for measuring the low concentrations of indinavir (expected for testing metabolic rate at point-of-care) and can be also be customized for higher concentrations.

4. CONCLUSION

A highly sensitive electrochemical indinavir biosensor (CYP3A4/3-MPA-PdTeQD/Cyst/Au), which had a low operational potential of -0.26 V, was successfully developed. SAXS, HR-TEM and HR-SEM studies revealed that the 3-MPA-PdTeQD used as sensor platform consisted of spherical core shell units with a maximum size of 4.7 nm. The biosensor performance indices include: sensitivity (0.0218 $\mu\text{A}/\text{nM}$), DLR (0.0004 – 0.01 nM, i.e., 3×10^{-7} – 7×10^{-6} mg L^{-1}) and LOD (0.023×10^{-7} mg L^{-1}). The indinavir maximum plasma concentration (C_{max}) value (0.13 – 8.6 mg L^{-1}), is much higher than both the DLR and LOD values of the indinavir biosensor (CYP3A4/3-MPA-PdTeQD/Cyst/Au). Thus, the biosensor is suitable for the detection of extremely low levels of indinavir expected in physiological samples, when orally administered to patient within the short consultation period at point-of-care.

Acknowledgments: This work was partially funded by the South African Department of Science and Technology's (DST's) National Nanoscience Postgraduate Teaching and Training Platform (NNPTTP).

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Received: 4 October 2018. Accepted: 10 January 2019.